



MAY YOUR HOLIDAY FITNESS
ROUTINE BE BALANCED AND BRIGHT!



STRONGHEART HOLIDAY HOURS

THURSDAY, NOVEMBER 28 TH	CLOSED
FRIDAY, NOVEMBER 29 TH	CLOSED
SATURDAY, NOVEMBER 30 TH	CLOSED
MONDAY, DECEMBER 23 RD	CLOSED
TUESDAY, DECEMBER 24 TH	CLOSED
WEDNESDAY, DECEMBER 25 TH	CLOSED
THURSDAY, DECEMBER 26 TH	 CLOSED
FRIDAY, DECEMBER 27 TH	9:00 AM - 5:00 PM
SATURDAY, DECEMBER 28 TH	9:00 AM - 3:00 PM
MONDAY, DECEMBER 30 TH	9:00 AM - 5:00 PM
TUESDAY, DECEMBER 31 ST	9:00 AM - 5:00 PM
WEDNESDAY, JANUARY 1 ST	CLOSED
THURSDAY, JANUARY 2 ND	9:00 AM - 5:00 PM
FRIDAY, JANUARY 3 RD	9:00 AM - 5:00 PM

***SUBJECT TO CHANGE**

