All

events are free and open to the Native American and Non-Native public. They promote Anishinabek culture, the musical arts, and health through Yang Style Tai Chi. Events hosted by the GTB Heritage Library, GTB Lifelong Learning, and the Institute of Museums and Library Services.

Events Subject to Change

HERITAGE LIBRARY PRESENTS

Winter EVENTS & ACTIVITIES

Winter Music Lessons: Mondays, Tuesdays, & Thursdays 10AM - 5PM @ Heritage Library

30-Minute Guitar, Piano, and Voice lessons by **appointment**. Zoom Lessons Available. Music lessons are open to adults and children. The Heritage Library has 1 electric keyboard/piano, 2 children sized classical guitars, and 2 full sized classical guitars to borrow for lessons.

Youth 3PM - 5PM & Adults 10AM - 5PM according to teacher availability - First Come First Serve.

Winter Tai Chi Tuesdays & Thursdays: 12PM - 1PM @ Heritage Library

Enjoy the relaxing art of Tai Chi with Francis Carew, who teaches Yang style Tai Chi, a low impact exercise that improves cardiorespiratory function, hypertension, muscular strength, balance, mobility, flexibility, and mind-body awareness.

Decorate Goon Ginebig (Snow Snakes): 5PM - 7PM

Come and enhance the Goon Ginebig you crafted for Native American Heritage Month! Join the tribal librarian for an exciting Snow Snake decorating and finishing class. This is your chance to personalize your Snow Snake and then expertly apply polyurethane to seal and protect your creation. Don't miss out on this fun and creative opportunity!

Heritage Library; December 4th, 2024

2821 N. West Bay Shore Dr. Suttons Bay MI 49682

Benzie Office; December 17th, 2024 7282 Hoadley Rd, Benzonia, MI 49616

3-Mile Office; December 10th, 2024 845 Business Park Dr, Traverse City, MI 49686 **Charlevoix Office: December 18th, 2024** 10085 Wa-Ba-Noong Mi-Kun, East Jordan, MI 49727



More Information: Francis Carew (231) 534-7752 Francis.Carew@gtb-nsn.gov Heritage Library - 2821 N West Bay Shore Dr. Peshawbestown. MI



December

202