

# GTB NEWS



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[https://bit.ly/GTB\\_NEWS](https://bit.ly/GTB_NEWS)

December 2024  
Mnidoo Giisoonhs (Little Spirit Moon)



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Motions, Meetings, &  
Attendance**  
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## GTB LIFE LONG LEARNING KICKED OFF THE HALLOWEEN SEASON WITH EXCITING SPOOKTACULAR PUMPKIN PARTIES!

DONT MISS THE CHANCE TO RELIVE THE FUN, CHECK OUT THE FESTIVE HIGHLIGHTS ON PAGE 13!

### *Walking in a Winter Wonderland*

❄️ **Dress for the weather**  
Stay warm with a hat, scarf, jacket, & gloves. Wear layers to add and shed.

❄️ **Only walk on clear, dry sidewalks**  
Choose your route & be alert. Patches of ice or hazards hidden in the snow are dangerous & can cause a fall.

❄️ **Choose the right shoes**  
Wear well-fitted, waterproof shoes/boots with good traction & ankle support. Select socks that keep your feet dry & warm.

❄️ **Use walking poles, snowshoes & skis correctly**  
These can make for a fun winter hike, but be sure you know how to use them safely.

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## FROM THE OFFICE OF THE GTB TRIBAL CHAIRWOMAN SANDRA L. WITHERSPOON



Mino-Biiboon,

Time is flying by, and winter is upon us. It was great to see so many of you at the Annual Membership meeting on October 26th.

federal government meets and expands its trust responsibility to our tribe and that the State of Michigan recognizes its historical responsibilities and acknowledges our inherent sovereignty. The article appeared in the November/December issue, and was written in collaboration with the CEO, Tribal Council and the Tribal Attorney. Read the full article here

(Pages 12-18):

[https://bit.ly/IDM\\_NOV-DEC\\_2024](https://bit.ly/IDM_NOV-DEC_2024)



- **Benzie Gaming** – The Tribe's new gaming facility will be located at 7282 Hoadley Road in Benzonia. Further planning and development are ongoing. The new gaming facility will create much-needed employment opportunities and stimulate economic growth for the Tribe and for the local community. Consistent with the Tribe's policy of maintaining productive, open relationships with neighboring state and local authorities, the Tribe has engaged with relevant state and local officials to apprise them of the Tribe's plans. The Tribe looks forward to continuing to work with these officials, as well as stakeholders and the local Benzie community, to address questions and to ensure that the project aligns with regional interests.
- **During the week of November 18th – 22nd**, Vice Chair Rohl, Executive Secretary Miller, Treasurer Swallows, and Sonya Zotigh were out of the office attending the ACA/IHCIA In-Person Training Session in Connecticut, and I attended the 19th Annual Government-to-Government Violence Against Women Tribal Consultation, held in Santa Fe, NM with Court Staff: Veronica Wonegeshik and Carrie Leaux. The Office on Violence Against Women is a grant-making agency in the U.S. Department of Justice. They are responsible for conducting annual government-to-government consultations with the leaders of all Federally recognized Indian tribal governments on behalf of the United States Attorney General. The purpose of each consultation is to solicit recommendations from tribal government leaders on the following topics: Administrating tribal funds and programs; Enhancing the safety of Indian women from domestic violence,

dating violence, sexual assault, homicide, stalking, and sex trafficking; Strengthening the federal response to such crimes; and, Improving access to local, regional, state, and federal crime information databases and criminal justice information systems.

- **Grand Traverse Area Veterans Coalition** – I was invited by Scott Schwander to attend the monthly meeting of the Grand Traverse Area Veterans Coalition. It was an honor to attend and share information about GTB.
- **Work sessions & roundtables** – were conducted to keep Council informed about various grant applications, program updates, and the status of several ongoing projects. Chi-Miigwetch to all the employees for your dedication, hard work and commitment to our tribal nation. You are greatly appreciated!
- **Tribal Council Community Meetings** – The Tribal Council started monthly Community Meetings in July. Each month we visited one of the communities to listen to your concerns and have open discussions. We will start these meetings back up in the new year. Miigwetch to all those who attended. Answers to the questions and concerns will be provided.
- **Elders Open Forum** – Reminder that Council holds a special Open Forum for Elders the second Tuesday of the month from 10-noon at the Traverse City office. For those of you who are unable to attend the Elders Open Forum, please remember you can always submit questions, comments, and/or concerns by sending an email to [members.speak@gtb-nsn.gov](mailto:members.speak@gtb-nsn.gov).

As we face the end of 2024, and the beginning of 2025, let us honor and remember those who have passed on, and keep loved ones in our hearts, our thoughts and our prayers. I hope everyone had a wonderful Thanksgiving with family and friends, and I would like to wish everyone a safe and happy Holiday Season!



## NEW Tribal Manager

Since that time, we have hired a new Tribal Manager. Please join me and the Tribal Council in welcoming Kimberly McClellan in her new role as Tribal Manager.

Kimberly McClellan has joined the Grand Traverse Band as the Tribal Manager effective November 4, 2024. Mrs. McClellan holds a Master's Degree in Public Administration, a Bachelor's Degree in Political Science with a minor in Criminal Justice and years of leadership experience with GTB. We are confident that Mrs. McClellan will assist our team to achieve our goals, mission and vision.

Mrs. McClellan's office is located in the Tribal Administration Building in Peshawbestown. Her direct line is (231) 534-7136 and her email address is: [Kimberly.McClellan@gtb-nsn.gov](mailto:Kimberly.McClellan@gtb-nsn.gov)

Welcome Kim!

## Chi-miigwetch Sonya

I would also like to take this time to acknowledge Sonya Zotigh for taking on the role of interim Tribal Manager prior to Mrs. McClellan's arrival. Chi-miigwetch Sonya! Your time and commitment to GTB is greatly appreciated.

## November Highlights

- **Indian Gaming Magazine** – We were invited to take part in the Tribal Leader Roundtable Spotighting Gaming, Goals, and Legislative Issues. Gaming is our most significant source of revenue for the tribe and allows us to meet the unique needs of our tribal members. The tribe must leverage its competitive advantages, such as tax exceptions and regulatory flexibility, to build economic independence on tribal federal trust land. A primary concern for our tribe is ensuring that the



**TRIBAL COUNCIL MOTIONS & MEETINGS**

**Tribal Council Special Session**

**November 7, 2024**

[http://bit.ly/GTB\\_Member](http://bit.ly/GTB_Member)

II. New Business. A- **Resolution Giving Signatory Authority to Kimberly McClellan, Tribal Manager and Removing Signatory Authority from Interim TMO Sonya Zotigh** Motion made by Tribal Council Member Frankenberger and Supported by Tribal Council Secretary Miller to approve Resolution #24-42.3722 giving signatory authority to new Tribal Manager Kimberly McClellan and removing signatory authority from Interim Tribal Manager Sonya Zotigh. **6-FOR; 0-AGAINST; 0-ABSENT; 0-ABSTAINING Motion Carries**

II. New Business. B- **Reschedule Tribal Council Regular Session of November 20, 2024** Motion made by Tribal Council Secretary Miller and Supported by Tribal Council Treasurer Swallows to reschedule the Tribal Council Regular Session to November 14, 2024 at 9:30 a.m. **6-FOR; 0-AGAINST; 0-ABSENT; 0-ABSTAINING Motion Carries**

II. New Business. C- **Approval of Audit Engagement Letter/Change Order** Motion made by Tribal Council Member Napont and Supported by Tribal Council Member Frankenberger to accept the engagement letter from accounting firm RSM for GTED LLC as a change order in the original 3-year contract. **6-FOR; 0-AGAINST; 0-ABSENT; 0-ABSTAINING Motion Carries**

II. New Business. D- **Rescind Motion made at TCSS September 25, 2024 regarding Housing Interim Org Chart** Motion made by Tribal Council Vice Chair Rohl and Supported by Tribal Council Member Frankenberger to rescind the Motion made at the Tribal Council Special Session of September 25, 2024 for the Housing Interim Org Chart. **6-FOR; 0-AGAINST; 0-ABSENT; 0-ABSTAINING Motion Carries**

**Tribal Council Regular Session**

**November 14, 2024**

[http://bit.ly/GTB\\_Member](http://bit.ly/GTB_Member)

Motion made by Tribal Council Secretary Miller and Supported by Tribal Council Vice Chair Rohl to table the Tribal Manager Report. **6-FOR; 0-AGAINST; 0-ABSENT; 0-ABSTAINING Motion Carries**

Motion made by Tribal Council Vice Chair Rohl and Supported by Tribal Council Secretary Miller to table the CFO, EDC, and GTRS reports. **6-FOR; 0-AGAINST; 0-ABSENT; 0-ABSTAINING Motion Carries**

Motion made by Tribal Council Vice Chair Rohl and Supported by Tribal Council Member Raphael to accept the GTED report to be filed with the Legal Department. **5-FOR; 0-AGAINST; 0-ABSENT; 1-ABSTAINING (Frankenberger) Motion Carries**

II. New Business. A- **Per Capita Distribution- December 2024** Motion made by Tribal Council Vice Chair Rohl and Supported by Tribal Council Member Napont to approve Resolution #24-42.3720 that authorizes the distribution of the semi-annual Per Capita payment in the

amount of \$2,018.67. **6-FOR; 0-AGAINST; 0-ABSENT; 0-ABSTAINING Motion Carries**

II. New Business. B- **December Per Cap Letter** Motion made by Tribal Council Vice Chair Rohl and Supported by Tribal Council Member Napont to approve the Per Cap letter to be sent with the Per Cap Checks on November 27, 2024 with the date change on the letter from the 20th to the 27th. **6-FOR; 0-AGAINST; 0-ABSENT; 0-ABSTAINING Motion Carries**

II. New Business. C- **Great Start Readiness Program (Year 11)** Motion made by Tribal Council Vice Chair Rohl and Supported by Tribal Council Secretary Miller to approve Resolution #24-42.3721 to request funding in the amount of \$46,856 from Northwest Education Services through the Michigan Department of Education's Great Start Readiness Program. **6-FOR; 0-AGAINST; 0-ABSENT; 0-ABSTAINING Motion Carries**

Motion made by Tribal Council Secretary Miller and Supported by Tribal Council Treasurer Swallows to approve the contract between the Grand Traverse Band of Ottawa and Chippewa Indians and the Northwest Education Services. **6-FOR; 0-AGAINST; 0-ABSENT; 0-ABSTAINING Motion Carries**

II. New Business. D- **FY 2022 EDI Community Projects Funding** Motion made by Tribal Council Vice Chair Rohl and Supported by Tribal Council Member Frankenberger to approve Resolution #24-42.3718 to request \$750,000 in funding from the FY 2022 EDI Community Project Funding from the Consolidated Appropriations Act of 2022. **6-FOR; 0-AGAINST; 0-ABSENT; 0-ABSTAINING Motion Carries**

II. New Business. E- **Climate Resilience Planning Grant-Change Request** Motion made by Tribal Council Member Frankenberger and Supported by Tribal

Council Treasurer Swallows to authorize submission of the modification to the grant to switch from a full-time employee to an independent contractor, and to develop the RFP to seek responses from at least the three entities that were mentioned, and possibly more. **6-FOR; 0-AGAINST; 0-ABSENT; 0-ABSTAINING Motion Carries**

II. New Business. F- **Fiscal Year 2025 RCPP Funding Request** Motion made by Tribal Council Vice Chair Rohl and Supported by Tribal Council Member Frankenberger to approve Resolution #24-42.3723 to apply for the amount of \$1,451,644.00 from the Natural Resources Conservation Service (NCRS) Regional Conservation Partnership Program (RCPP). **6-FOR; 0-AGAINST; 0-ABSENT; 0-ABSTAINING Motion Carries**

II. New Business. G- **Antrim & Charlevoix Road Commissions 2024-2025 Snowplowing Agreements** Motion made by Tribal Council Member Napont and Supported by Tribal Council Vice Chair Rohl to enter into the 2024-2025 agreements with the Antrim County Road Commission and the Charlevoix County Road Commission for snowplowing the Tribal roads in these two counties. **6-FOR; 0-AGAINST; 0-ABSENT; 0-ABSTAINING Motion Carries**

II. New Business. H- **Residential Lot Transfer- From Estate of Josephine Bailey to Greg Bailey** Motion made by Tribal Council Member Frankenberger and Supported by Tribal Council Secretary Miller to transfer the assignment of lot #2A on GTB Parcel 1 in Block 2 of Section 2 in the Village of Peshawbestown from the estate of Josephine D. Bailey to Gregory L. Bailey and Rudolph D. Bailey, jointly per the Tribal Court order dated 10/28/2024. **6-FOR; 0-AGAINST; 0-ABSENT; 0-ABSTAINING Motion Carries**

**TRIBAL COUNCIL HYBRID MEETINGS**

**Process**

1. Registration Required for both sessions!

• TCRS Registration Link:

<https://bit.ly/GTB-REG-TCRS24>

• TCSS Registration Link:

<https://bit.ly/GTB-REG-TCSS24>

2. Once registered & cross-referenced with Membership, you will receive a confirmation email with link & password good for the entire series of registred meetings.

**Questions or need assistance?**

(231) 534-7008 or [gtagovt.news@gtb-nsn.gov](mailto:gtagovt.news@gtb-nsn.gov)

**TRIBAL COUNCIL MEETINGS RECORDED SESSIONS**

**Tribal Council Regular Sessions** occur at 9:30 a.m. on the **third Wednesday** of every month.

**Tribal Council Special Sessions** occur at 9:30 a.m. on the **last Wednesday** of every month.

Both sessions will be held in Council Chambers.

**Meetings are open to Tribal Members.**  
**Regular Council Sessions**  
 12/18 • 1/15 • 2/19 • 3/19  
**Special Council Sessions**  
 1/29 • 2/26 • 3/26

*Please note TCSS scheduled for 12/25/2024 is CANCELED*

We, the Tribal Council of the Grand Traverse Band of Ottawa & Chippewa Indians, a Sovereign Nation, honor to empower the wellbeing of our present and future members. Our ultimate goal is to advance our Nation into an era of increased governmental vigilance that promotes and protects our culture, sovereignty, health, education, treaty rights, natural resources and financial stability



**TRIBAL COUNCIL MOTIONS & ATTENDANCE**

**Tribal Council Special Session  
November 27, 2024  
[http://bit.ly/GTB\\_Member](http://bit.ly/GTB_Member)**

III. New Business. A- **Renew IHS FY25 105(I) Lease Agreements (4 total)** Motion made by Tribal Council Member Napont and Supported by Tribal Council Secretary Miller to approve renewal of the Fiscal Year 2025 IHS section 105(I) Lease Agreements for the Charlevoix, Benzie, Traverse City, and the Medicine Lodge buildings. **4-FOR; 0-AGAINST; 2-ABSENT (Frankenberger, Napont); 0-ABSTAINING Motion Carries**

III. New Business. B- **MDHHS Attestation AIR for GTB Pharmacy**  
This item was deleted

III. New Business. C- **Public Information Officer (PIO) Appointment** Motion made by Tribal Council Treasurer Swallows and Supported by Tribal Council Vice Chair Rohl to appoint Councilor Angelina Raphael as the Public Information Officer to assist and communicate emergency management information to the public. **4-FOR; 0-AGAINST; 1-ABSENT (Frankenberger); 1-ABSTAINING (Raphael) Motion Carries**

III. New Business. D- **Emergency Manager Coordinator First Deputy Appointment** Motion made by Tribal Council Vice Chair Rohl and Supported by Tribal Council Member Napont to appoint Scott Mitchell as the GTB Emergency Manager Coordinator First Deputy. **5-FOR; 0-AGAINST; 1-ABSENT (Frankenberger); 0-ABSTAINING Motion Carries**

III. New Business. E- **Emergency Manager Coordinator Second Deputy Appointment** Motion made by Tribal Council Vice Chair Rohl and Supported by Tribal Council Member Napont to appoint Dan Black as the GTB Emergency Manager Coordinator Second Deputy. **5-FOR; 0-AGAINST; 1-ABSENT (Frankenberger); 0-ABSTAINING Motion Carries**

III. New Business. F- **Adopt 2023 Antrim County Natural Hazard Mitigation Plan** Motion made by Tribal Council Vice Chair Rohl and Supported by Tribal Council Treasurer Swallows to approve Resolution #24-42.3724 to adopt the 2023 Antrim County Natural Hazard Mitigation Plan. **5-FOR; 0-AGAINST; 1-ABSENT (Frankenberger); 0-ABSTAINING Motion Carries**

III. New Business. G- **Adopt 2023 Benzie County Natural Hazard Mitigation Plan** Motion made by Tribal Council Vice Chair Rohl and Supported by Tribal Council Member Napont to approve Resolution #24-42.3725 to adopt the 2023 Benzie County Natural Hazard Mitigation Plan. **5-FOR; 0-AGAINST; 1-ABSENT (Frankenberger); 0-ABSTAINING Motion Carries**

III. New Business. H- **Adopt 2023 Leelanau County Natural Hazard Mitigation Plan** Motion made by Tribal Council Vice Chair Rohl and Supported by Tribal Council Secretary Miller to approve Resolution #24-42.3726 to adopt the 2023 Leelanau County Natural Hazard Mitigation Plan. **5-FOR; 0-AGAINST; 1-ABSENT (Frankenberger); 0-ABSTAINING Motion Carries**

III. New Business. I- **Adopt 2023 Manistee County Natural Hazard Mitigation Plan** Motion made by Tribal Council Vice Chair

Rohl and Supported by Tribal Council Secretary Miller to approve Resolution #24-42.3737 to adopt the 2023 Manistee County Natural Hazard Mitigation Plan. **5-FOR; 0-AGAINST; 1-ABSENT (Frankenberger); 0-ABSTAINING Motion Carries**

III. New Business. J- **Camp Alden Culvert Replacement** Motion made by Tribal Council Member Napont and Supported by Tribal Council Vice Chair Rohl to approve Resolution #24-42.3732 to apply to the EPA Nonpoint Source Management Grant under Clean Water Act Section 319 in the amount of the full \$125,000 to replace Camp Alden's failing culvert. **5-FOR; 0-AGAINST; 1-ABSENT (Frankenberger); 0-ABSTAINING Motion Carries**

III. New Business. K- **CERCLA 128(a) Allocation & IIJA Funding Request** Motion made by Tribal Council Vice Chair Rohl and Supported by Tribal Council Treasurer Swallows to approve Resolution #24-42.3733 to seek funding in the amount of \$145,597 from the U.S. Environmental Protection Agency for the Performance Partnership Grant for Fiscal Year 2026. **5-FOR; 0-AGAINST; 1-ABSENT (Frankenberger); 0-ABSTAINING Motion Carries**

III. New Business. L- **GTEC (RCA, LLC) Contract Change Order #4- Windy Hills Road Project** Motion made by Tribal Council Vice Chair Rohl and Supported by Tribal Council Treasurer Swallows to accept GTEC's change order #4 for \$318,215.45 and to increase their existing contract #1083-6106 from \$6,494,794.61 to \$6,813,010.06 and to extend the term of GTEC's contract until 12/31/2025 for the Windy Hills Road construction project. **4-FOR; 1-AGAINST (Napont); 1-ABSENT (Frankenberger); 0-ABSTAINING Motion Carries**

III. New Business. M- **Resolution to Obligate ARPA SLFRF** Motion made by Tribal Council Vice Chair Rohl and Supported by Tribal Council Secretary Miller to approve Resolution #24-42.3730. **4-FOR; 0-AGAINST; 2-ABSENT (Frankenberger, Swallows); 0-ABSTAINING Motion Carries**

III. New Business. N- **Omnibus Amendment to the RAO** Motion made by Tribal Council Vice Chair Rohl and Supported by Tribal Council Secretary Miller to approve Resolution #24-42.3731. **4-FOR; 0-AGAINST; 2-ABSENT (Frankenberger, Swallows); 0-ABSTAINING Motion Carries**

III. New Business. O- **Official Designation of the Benzie Community Space** Motion made

by Tribal Council Member Napont and Supported by Tribal Council Secretary Miller to officially designate the Benzie community space to the EDC. **4-FOR; 0-AGAINST; 2-ABSENT (Frankenberger, Swallows); 0-ABSTAINING Motion Carries**

III. New Business. P- **NTIA Middle Mile Grant** Motion made by Tribal Council Vice Chair Rohl and Supported by Tribal Council Secretary Miller to approve the CCI contract for middle mile fiber through NTIA grant. **4-FOR; 0-AGAINST; 2-ABSENT (Frankenberger, Swallows); 0-ABSTAINING Motion Carries**

III. New Business. Q- **Herkner Fiber Infrastructure** Motion made by Tribal Council Vice Chair Rohl and Supported by Tribal Council Secretary Miller to approve the CCI contract for Herkner fiber infrastructure through IHBG competitive grant. **4-FOR; 0-AGAINST; 2-ABSENT (Frankenberger, Swallows); 0-ABSTAINING Motion Carries**

III. New Business. R- **True-Up Options** Motion made by Tribal Council Member Napont and Supported by Tribal Council Vice Chair Rohl to approve a Poll Vote for both a weekly true-up option and an annual true-up option to enhance our 401(k) plan benefits for employees; the Poll Vote is contingent upon Heather Anys, Benefits Manager, coordinating with Ascensus, our new plan administrator, to ensure that they can accommodate both a weekly true-up and an annual true-up option to our 401(k) plan. **5-FOR; 0-AGAINST; 1-ABSENT (Frankenberger); 0-ABSTAINING Motion Carries**

**TRIBAL COUNCIL ATTENDANCE  
OCTOBER 31 - NOVEMBER 22, 2024**

There were (2) Tribal Council Regular/Special Sessions and (9) Tribal Council Work Sessions/Round Tables/Other Meetings.

**Chairwoman Witherspoon** attended 2 of 2 Tribal and 9 of 9 Tribal Council Work Sessions/Round Tables/Other Meetings. **Attended:** Leelanau Community Meeting on November 14 & 19th Annual Government-to-Government Tribal Consultation November 18-22.

**Vice Chair Rohl** attended 2 of 2 Tribal Council Regular/Special Sessions and 8 of 9 Tribal Council Work Sessions/Round Tables/Other Meetings. **Attended:** Leelanau Community Meeting on November 14 and ACA/IHCIA In-Person Training Session November 18-21.

**Treasurer Swallows** attended 2 of 2 Tribal Council Regular/Special Sessions and 6 of 9 Tribal Council Work Sessions/Round Tables/Other Meetings. **Attended:** Traverse Connect Economic Summit on November 4, Leelanau Community Meeting on November 14 and ACA/IHCIA In-Person Training Session November 18-21. **Scheduled:** Out of office on November 7.

**Secretary Miller** attended 2 of 2 Tribal Council Regular/Special Sessions and 7 of 9 Tribal Council Work Sessions/Round Tables/Other Meetings. **Attended:** Traverse Connect Economic Summit on November 4, Leelanau Community Meeting on November 14 and ACA/IHCIA In-Person Training Session November 18-21.

**Councilor Raphael** attended 2 of 2 Tribal Council Regular/Special Sessions and 8 of 9 Tribal Council Work Sessions/Round Tables/Other Meetings. **Attended:** Traverse Connect Economic Summit on November 4 and Leelanau Community Meeting on November 14.

**Councilor Frankenberger** attended 2 of 2 Tribal Council Regular/Special Sessions and 2 of 9 Tribal Council Work Sessions/Round Tables/Other Meetings. **Attended:** NREC Regular Session on November 14

**Councilor Napont** attended 2 of 2 Tribal Council Regular/Special Sessions and 6 of 9 Tribal Council Work Sessions/Round Tables/Other Meetings. **Attended:** Leelanau Community Meeting on November 14 and NREC Regular Session on November 14.



## Dear Community,

To address recent concerns, the Grand Traverse Band Police Department has completed updated training on safe needle disposal. We are committed to maintaining a clean, safe, and healthy environment for all. Proper needle disposal is essential to prevent injuries and protect public health.



### Why Safe Needle Disposal Matters:

Used needles and sharps can spread infections like HIV, Hepatitis B, and Hepatitis C. By safely disposing of your needles, you protect sanitation workers, healthcare providers, and the public from potential harm.



## Safety Guidelines for Needle Disposal:

- DO** use a sharps disposal container or a sturdy household container like a detergent bottle if needed.
- DO** seal and label containers before disposing of them.
- DO** follow local guidelines for sharps disposal.
- DO** keep sharps containers out of reach of children and pets.
- DO** ask your healthcare provider or pharmacist about sharps disposal options.
- DO** contact your trash or public health department for more information on local disposal programs.

**Together, we can keep our community safe, clean, and healthy**  
*Miigwech for doing your part!*

**Stay Safe.**  
Grand Traverse Band Public Safety Department  
2300 N. Stallman Rd, Suttons Bay, MI 49682  
**Tribal Police:** (231) 534-7777  
**Tribal Fire:** (231) 534-7666

### Where to Safely Dispose of Needles in GTB Country:

- Grand Traverse County:**  
 Sixth Street Drugs  
 1020 Sixth St, Traverse City, MI 49684  
 Hours: Mon-Fri: 8:30am-6pm | Sat: 9am-4pm  
 Please use a hard container, like a milk jug or detergent bottle.
- Leelanau County:**  
 Suttons Bay - Bingham Fire & Rescue  
 201 S. St. Mary's Ave, Suttons Bay, MI 49682  
 Hours: All week: 8am-8pm
- Benzie County:**  
 No local drop-off location.  
 Closest: Sixth Street Drugs, Traverse City
- Charlevoix County:**  
 Lake Charlevoix EMS Authority Main Station  
 9251 Major Douglas Sloan Rd, Charlevoix, MI 49720  
 Hours: All week: 8am-8pm  
  
 Lake Charlevoix EMS Authority Downtown Station  
 210 State St, Charlevoix, MI 49720  
 Hours: All week: 8am-8pm
- Antrim County:**  
 Antrim County Sheriff's Office  
 209 Portage Dr, Bellaire, MI 49615  
 Hours: Mon-Fri: 8am-4pm

*Once dropped off, needles are handled by certified waste management services following strict safety protocols, ensuring they are safely neutralized or incinerated.*



### 2025 Tribal Council Meetings

Tribal Council Meetings are held **twice** a month:

- Tribal Council Regular Session** - The **third** Wednesday of each month.
- Tribal Council Special Session** - The **last** Wednesday of each month.

**Deadline to TMO by 10:00 a.m. on:**

Month	TCRS	TCSS	Day	Time	Deadline
January	01/15/25	01/29/25	Wednesday	9:30 AM	01/07/25
			Wednesday	9:30 AM	01/21/25
February	02/19/25	02/26/25	Wednesday	9:30 AM	02/11/25
			Wednesday	9:30 AM	02/18/25
March	03/19/25	03/26/25	Wednesday	9:30 AM	03/11/25
			Wednesday	9:30 AM	03/18/25
April	04/16/25	04/30/25	Wednesday	9:30 AM	04/08/25
			Wednesday	9:30 AM	04/22/25
May	05/21/25	05/28/25	Wednesday	9:30 AM	05/13/25
			Wednesday	9:30 AM	05/20/25
June	06/18/25	06/25/25	Wednesday	9:30 AM	06/10/25
			Wednesday	9:30 AM	06/17/25
July	07/16/25	07/30/25	Wednesday	9:30 AM	07/08/25
			Wednesday	9:30 AM	07/22/25
August	08/20/25	08/27/25	Wednesday	9:30 AM	08/12/25
			Wednesday	9:30 AM	08/19/25
September	09/17/25	09/24/25	Wednesday	9:30 AM	09/09/25
			Wednesday	9:30 AM	09/16/25
October	10/15/25	10/29/25	Wednesday	9:30 AM	10/07/25
			Wednesday	9:30 AM	10/21/25
November	11/19/25	11/26/25	Wednesday	9:30 AM	11/11/25
			Wednesday	9:30 AM	11/18/25
December	12/17/25	12/31/25	Wednesday	9:30 AM	12/09/25
			Wednesday	9:30 AM	12/23/25

# Your vision is precious and we're here to protect it.

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## Book an eye exam today!



1545 South Division  
Traverse City, MI 49684  
231-486-0580



<b>Antrim/GT Elders Events &amp; Activities</b>	<b>Benzie Elders Events &amp; Activities</b>	<b>Charlevoix Elders Events &amp; Activities</b>	<b>Leelanau Elders Events &amp; Activities</b>
<p><b>Monday's &amp; Friday's Office Tasks 8AM - 5PM</b> *Notes: Lunch Provided **11:30AM - 12:45PM</p>	<p><b>Agnes Glinski, Benzie Office Manager available to assist Elders with paperwork.</b></p>	<p><b>Monday's Office Tasks 8AM - 5PM</b> *Notes: Lunch Provided</p>	<p><b>Monday's Meal Delivey 1PM - 4PM</b></p>
<p><b>Tuesday; December 3<sup>rd</sup></b> Craft Activity 11:30AM - 3:00PM**</p>	<p><b>December 11<sup>th</sup> Dee Wonegeshik will assist Elders 10AM - 3PM*</b></p>	<p><b>Monday; December 2nd</b> Barb Out of Office 8:00AM - 5:00PM</p>	<p><b>Friday's Office Tasks 8AM - 5PM</b> *Notes: Lunch Provided</p>
<p><b>Wednesday; December 4<sup>th</sup></b> Thrifting (West Bay) 1:00PM - 3:00PM**</p>	<p><b>Tuesday; December 10<sup>th</sup> Elders Advisory @ 3-Mile 10:00AM - 4:00PM*</b></p>	<p><b>Tuesday; December 3<sup>rd</sup></b> Barb Out of Office 8:00AM - 5:00PM</p>	<p><b>Tuesday; December 3<sup>rd</sup></b> TC Store Run 9:30AM</p>
<p><b>Thursday; December 5<sup>th</sup></b> Open Sew 1:00PM - 3:00PM**</p>	<p><b>Thursday; December 19<sup>th</sup> All Sites - Annual Elders Holiday Party 3:00PM - 6:30PM*</b></p>	<p><b>Wednesday; December 4<sup>th</sup></b> Coffee &amp; Chat 12:00PM*</p>	<p><b>Wednesday; December 4<sup>th</sup></b> Board Game Day 1:00PM - 3:00PM</p>
<p><b>Tuesday; December 10<sup>th</sup></b> Elders Advisory @ 3-Mile 10:00AM - 4:00PM*</p>	<p><b>Monday; December 23<sup>rd</sup> Through Wednesday; January 1<sup>st</sup> HOLIDAY BREAK GTB GOVT. OFFICES CLOSED 8:00AM - 5:00PM</b></p>	<p><b>Thursday; December 5<sup>th</sup></b> Chair Exercising 12:00PM*</p>	<p><b>Thursday; December 5<sup>th</sup></b> Craft Day 1:00PM - 3:00PM</p>
<p><b>Wednesday; December 11<sup>th</sup></b> Craft Activity 1:00PM - 3:00PM**</p>	<p><i>*SCHEDULE IS SUBJECT TO CHANGE. PLEASE CALL FIRST.</i></p>	<p><b>Friday; December 6<sup>th</sup></b> Movie &amp; Popcorn 1:30PM</p>	<p><b>Tuesday; December 10<sup>th</sup></b> Elders Advisory @ 3-Mile 10:00AM - 4:00PM*</p>
<p><b>Thursday; December 12<sup>th</sup></b> Thrifting (East Bay) 1:00PM - 3:00PM**</p>	<p align="center"><b>Interested in attending an activity/event or need a ride to the activity/event?</b></p> <p align="center">PLEASE CONTACT YOUR ELDERS SITE COORDINATOR</p> <p align="center"><b>SIGN UP REQUIRED!</b></p> <p align="center"><b>ELDERS SITE COORDINATORS</b></p> <p align="center"><u>Antrim/Grand Traverse</u> <b>Tanya Tanner (231) 534-7710</b></p> <p align="center"><b>Delora Wilson (231) 534-7769</b></p> <p align="center"><u>Benzie/Manistee</u> <b>Agnes Glinski (231) 534-7821</b></p> <p align="center"><u>Charlevoix</u> <b>Barb Kenwabikise (231) 534-7066</b></p> <p align="center"><u>Leelanau</u> <b>Greg Bailey (231) 534-7740</b></p> <p align="center"><b>Melissa Martinez (231) 534-7743</b></p> <p align="center"><u>Elders Dept. Manager</u> <b>Delores Wonegeshik (231) 534-7748</b></p>	<p><b>Tuesday; December 10<sup>th</sup></b> Elders Advisory @ 3-Mile 10:00AM - 4:00PM*</p>	<p><b>Wednesday; December 11<sup>th</sup></b> Craft Day 1:00PM - 3:00PM</p>
<p><b>Tuesday; December 17<sup>th</sup></b> Open Sew 1:00PM - 3:00PM**</p>		<p><b>Wednesday; December 11<sup>th</sup></b> Bingo Games 12:00PM*</p>	<p><b>Thursday; December 12<sup>th</sup></b> CVX Public Library 1:30PM</p>
<p><b>Wednesday; December 18<sup>th</sup></b> Craft Activity 1:00PM - 3:00PM**</p>		<p><b>Thursday; December 12<sup>th</sup></b> Yahtzee 12:00PM*</p>	<p><b>Friday; December 13<sup>th</sup></b> Bargain Store 9:00AM</p>
<p><b>Thursday; December 19<sup>th</sup></b> All Sites - Annual Elders Holiday Party 3:00PM - 6:30PM*</p>		<p><b>Tuesday; December 17<sup>th</sup></b> Craft Day 12:00PM*</p>	<p><b>Tuesday; December 17<sup>th</sup></b> Bargain Store 9:00AM</p>
<p><b>Monday; December 23<sup>rd</sup> through Wednesday; January 1<sup>st</sup></b> HOLIDAY BREAK GTB GOVT. OFFICES CLOSED 8:00AM - 5:00PM</p>		<p><b>Wednesday; December 18<sup>th</sup></b> Birthday Bash 12:00PM*</p>	<p><b>Wednesday; December 18<sup>th</sup></b> Tribal Council Regular Session 9:30AM</p>
<p><b>Thursday; December 19<sup>th</sup></b> All Sites - Annual Elders Holiday Party 3:00PM - 6:30PM*</p>		<p><b>Thursday; December 19<sup>th</sup></b> All Sites - Annual Elders Holiday Party 3:00PM - 6:30PM*</p>	<p><b>Thursday; December 12<sup>th</sup></b> Birthday Bingo &amp; Lite Lunch 12:00PM*</p>
<p><b>Monday; December 23<sup>rd</sup> through Wednesday; January 1<sup>st</sup></b> HOLIDAY BREAK GTB GOVT. OFFICES CLOSED 8:00AM - 5:00PM</p>		<p><b>Friday; December 13<sup>th</sup></b> Movie &amp; Popcorn 1:30PM</p>	<p><b>Thursday; December 19<sup>th</sup></b> All Sites - Annual Elders Holiday Party 3:00PM - 6:30PM*</p>
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# Mino-Dibishkaan! Happy Birthday!

GTB News Staff & Membership Dept. would like to acknowledge this months Elders Birthdays!

Let us take a moment to recognize and celebrate the birthdays of our beloved elders this month. May each of these special days be filled with abundant joy, unforgettable memories, and an abundance of love, peace, and happiness!

Daniel	DeVerney	1-Dec	Darcine	Oosdyke	12-Dec	Donald	Gann	24-Dec
Douglas	Sineway	1-Dec	Tammy	Moreland	13-Dec	Mark	Cobb	24-Dec
Joseph	Wilson	1-Dec	Melissa	Vockel	13-Dec	Matthew	DeVerney	24-Dec
Mary	Watson	2-Dec	Leroy	Bailey	13-Dec	Jonathan	Fowler	24-Dec
Wallace	Hall	2-Dec	Gail	Wabanimkee	14-Dec	Cynthia	John	25-Dec
Francis	Carew	2-Dec	Scott	Lewis	14-Dec	Susan	Hall	25-Dec
Jonathan	Wayashe	3-Dec	William	Alexander	14-Dec	Mary	Hawley	26-Dec
Judith	Wanegeshik	3-Dec	Robbin	Raphael	15-Dec	Catherine	Wise	26-Dec
Jennifer	Baker	4-Dec	Stuart	Schwander	16-Dec	Terry	Stickley	26-Dec
Kenneth	Mosher	4-Dec	Lanelle	Vos	16-Dec	Valarie	Keway	26-Dec
Sharon	McIntyre	5-Dec	Michael	Shigwadja	18-Dec	Brian	Tighe	27-Dec
Edward	Brun	5-Dec	Brenda	Leach	18-Dec	Lisa	Resseguie	27-Dec
James	Koon	6-Dec	Teresa	Page	18-Dec	Arnold	Fluette	27-Dec
Arvella	Cain	7-Dec	Allen	John	18-Dec	Carolyn	Schocko	28-Dec
William	Easterling	7-Dec	Margo	Kalilimoku	18-Dec	William	Beaver	28-Dec
Roland	Van Camp	7-Dec	Larry	Antoine	19-Dec	Francis	Pedwaydon	28-Dec
Kathryn	Worden	7-Dec	Johnna	Milks Titsworth	19-Dec	Richard	Gunderson	28-Dec
Melissa	Mason	8-Dec	Mary	Talcott	19-Dec	Louis	Case	28-Dec
Joyce	Arnold	8-Dec	Clifford	Gould	20-Dec	John	Livingston	28-Dec
Geneva	Pino	9-Dec	James	Bennett	20-Dec	Phyllis	Rice	29-Dec
Roger	Brunk	9-Dec	Matilda	Ali	20-Dec	Carol	Storms	30-Dec
Kenneth	Partello	9-Dec	Alice	Bessert	20-Dec	Deborah	McDonald	30-Dec
James	Alexander	9-Dec	Joel	Huhtala	21-Dec	Gina	Miller	30-Dec
Frederick	Harris	10-Dec	Annette	Muniz	21-Dec	Carol	Varda	31-Dec
Bernadette	Ertle	11-Dec	Crystal	Barry	22-Dec	Edward	Johns	31-Dec
David	Russell	11-Dec	Barbara	Dye	22-Dec	Irving	Scott	31-Dec
Kathy	O' Brien	11-Dec	Mary	Guiney	22-Dec	Armand	Sherman	31-Dec
Chris	Bussey	12-Dec	Chantell	Gomez	23-Dec			

GTB Elders Department  
Cordially Invites You to Our




## Annual Elder's Holiday Party

**Thursday | December 19 | 3:00 - 6:30 PM**

**Grand Traverse Resort and Spa (Michigan Room)**  
100 Grand Traverse Village Blvd, Acme, MI 49610

Come and participate in the festive celebration at the holiday gathering. Expect exciting door prizes, DJ, and games.

Come take festive group photos at the Communications Department Photobooth, open from 3:45pm to 5:30pm!

Holiday gift cards and first quarter movie tickets will be on hand for those who haven't collected theirs yet.

**To RSVP Contact Your Elders Coordinator**

Tanya Tanner (Antrim/GT)	231-534-7710
Delora Wilson (Antrim/GT)	231-534-7769
Agnes Gilinski (Benzie/Manistee)	231-534-7821
Barb Kenwabakise (Charlevoix)	231-534-7066
Greg Bailey (Leelanau)	231-534-7740
Melissa Martinez (Leelanau)	231-534-7743

PLEASE NOTE THAT THIS EVENT IS  
ADULT/ELDERS-ONLY





## Christmas Bazaar

### December 7, 2024

Saturday 9 A.M. - 4 P.M.

KATERI TEKAKWITHA CATHOLIC CHURCH  
PESHAWBESTOWN, MI  
1 Block North of Leelanau Sands Casino

RAFFLE & Door Prizes Drawings at 3:30 PM

#### MANY HANDMADE CRAFTS



\*JEWELRY

\* WOODWORKING



\* UNIQUE GIFTS

\*KIDS GIFTS

\* BABY MOCCASINS

\* TOYS

\*HAND MADE CLOTHING ITEMS

\* NATIVE ARTWORK

\*NATIVE CHRISTMAS ORNAMENTS

\*METAL WORK

\*DREAMCATCHERS

\* NEW AND DIFFERENT

\*MAGIC WALLETS

\* GREAT GIFTS FOR ALL AGES

\*Vendors a \$20.00 Fee for Table and at least 2 can goods for the hungry.  
\*\* Money for Fees and Raffle \$ will go to the Church.

Selling Food items. "Come join us for lunch"

Info: Sue Cell # (616) 889-5090 or (616) 887 5815 Leave name & Message.

Mark Your Calendars







Niizh Animikiig and Native Connections presents...

Learning the **Seven Grandfather Teachings** Series

For the month of December, we will be discussing **Debwewin "The Art of Truth"**

Open to adults in GTB community  
\*\*\*will do a youth structured version in the summer

09 DEC	CHARLEVOIX MONDAY   5:30 PM
11 DEC	EYAAWING WEDNESDAY   5:30 PM
16 DEC	3-MILE MONDAY   5:30 PM
18 DEC	BENZIE WEDNESDAY   5:30 PM

For More Information:  
Leilani DeFoe 231-492-9956 Christa Gasca 231-499-7368

# Let's just talk recovery

We are continuing our conversation about recovery in our community.

We hope you'll join us in both Peshawbestown and Traverse City, two nights a month, November thru January. We will meet from 6-8 pm.

November 5th 2024 3-Mile  
November 6th 2024 Eyaawing  
December 3rd 2024 3-Mile  
December 4th 2024 Eyaawing  
January 7th 2025 3-Mile  
January 8th 2025 Eyaawing

Questions:  
Christa Gasca 231-534-7094  
Leilani DeFoe 231-534-7093

## BEHAVIORAL HEALTH

Psychiatric Telehealth Appointments	Weekly Zoom Peer Recovery Support Meetings
Traditional Healer Appointments	Prevention and Recovery Support and Events
Sweat Lodge Ceremonies	
Outpatient and Inpatient Treatment Referrals	<b>More information, please contact Marion at 231-534-7091</b>
Counseling Referrals & Resources	

Behavioral Health Presents

# ALTERNATIVE THERAPIES MASSAGES

## FREE SESSIONS!

The Behavioral Health Services (BHS) is now offering appointments for Alternative Therapies to the community. All services will be provided in BHS offices, including GTB Satellite offices. Services & providers subject to change.

SCAN THE QR CODE OR VISIT THE LINK TO LEARN MORE & SCHEDULE AN APPOINTMENT:  
[https://bit.ly/GTB\\_MASSAGE](https://bit.ly/GTB_MASSAGE)

MORE DATES & LOCATIONS TO BE ADDED FOR SERVICES  
All services dependent on provider availability, contracts, funding & are first come first serve by signing up. Please limit appointments to one per person per 30-days to allow others access the services.

### ENERGY HEALING RESTARTING IN 2025

CONTACT:  
Marion Wabanimee-Minzey  
(231) 534-7091  
Marion.Wabanimee-Minzey@gtb-nsn.gov

## NATIVE CONNECTIONS & NIIZH ANIMIKIIG

# STRENGTH IN COMMUNITY

## SUPPORTING NATIVE YOUTH MENTAL HEALTH

Every young person deserves a community that listens, understands, and supports them through life's challenges.

When things feel overwhelming, know there are people ready to help – people who truly understand your unique journey as a Native youth. These resources honor Native voices, culture, and healing traditions, and are here to provide free, confidential support whenever you need it. Help is just a call or text away.

**Reach out, find strength, and know that you are never alone.**

<p><b>Native and Strong Lifeline</b> Connect with Native crisis counselors who are also tribal citizens and descendants, deeply connected to their communities. With a focus on cultural and traditional healing practices, these counselors offer crisis support tailored to the experiences and values of Native people. Call "988" and press 4 <a href="https://988lifeline.org/">https://988lifeline.org/</a></p> <p><b>Native Crisis Text Line</b> If things feel too heavy to carry alone, this text line offers confidential support 24/7, at no cost. Text to connect with someone who's here to listen and help you through. Text "NATIVE" to 741741 <a href="https://www.wernative.org/articles/native-crisis-text-line">https://www.wernative.org/articles/native-crisis-text-line</a></p> <p><b>BlackLine®</b> A 24-hour hotline supporting Black, Brown, Native, LGBTQ+, and Muslim communities, offering anonymous crisis counseling and a safe way to report harmful encounters. Call 1-800-604-5841 <a href="https://www.nsvrc.org/organizations/blackline">https://www.nsvrc.org/organizations/blackline</a></p> <p><b>Michigan Peer Warmline</b> For Michiganders experiencing mental health or substance use struggles, this warmline connects you with trained peer support specialists who understand and can offer support. Call 1-888-733-7753 <a href="https://mcal.my.site.com/mical/s/michigan-warmline">https://mcal.my.site.com/mical/s/michigan-warmline</a></p>	<p><b>Trans Lifeline</b> A trans-led hotline offering direct emotional support to transgender individuals in need. For the trans community, by the trans community. Call 1-877-565-8860 <a href="https://translifeline.org/about/">https://translifeline.org/about/</a></p> <p><b>The Trevor Project</b> A 24/7 lifeline for LGBTQ+ youth, offering suicide prevention and crisis intervention by trained professionals who understand the unique challenges faced by LGBTQ+ young people. Call 1-866-488-7386 <a href="https://www.thetrevorproject.org/">https://www.thetrevorproject.org/</a></p> <p><b>NAMI Helpline</b> Available Monday through Friday, 10 a.m. to 10 p.m. ET, NAMI provides free, nationwide peer support and referrals for those dealing with mental health concerns. Call 1-800-950-6264 <a href="https://ets.nami.org/helpline">https://ets.nami.org/helpline</a></p> <p><b>YOUTHLINE</b> YouthLine offers free, confidential teen-to-teen crisis support every day from 4-10 p.m. PST, with adult counselors available at all other times. Call 1-877-968-8491 <a href="https://www.theyouthline.org/">https://www.theyouthline.org/</a></p>
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DIAL 988 FOR THE SUICIDE AND CRISIS LINE  
DIAL 911 FOR EMERGENCY

NORTHERN MICHIGAN REGIONAL ENTITY (800) 834-3393  
PINE REST CHRISTIAN MENTAL HEALTH SERVICES (866) 852-4001



# TALKING CIRCLE

**ZOOM DAILY 10:30AM- 11:30AM**  
Zoom Meeting Code: **886 8701 6931**  
Password: **sobertalk**

Join Scott via Zoom for a virtual talking circle Wellbriety meeting.

Questions, contact Scott

231-534-7247 or

scott.scholten@gtb-nsn.gov



Disseminate culturally based principles, values, and teachings to support healthy community development and servant leadership, and to support healing from alcohol, substance abuse, co-occurring disorders and intergenerational trauma.

## NENAANDAWE'IWEJIG TRADITIONAL HEALING

WITH

**JOE SYRETTE**

"We are all spirits living a human life. When we take the time to heal and acknowledge our spirit, then and only then will we know and understand our path and journey through life."  
-Syrette

### HEALING SESSIONS DATES & TIMES



**NOVEMBER**  
18<sup>th</sup> & 19<sup>th</sup> - Peshawbestown  
\*SWEAT on 18<sup>th</sup> at 6:00 pm

**DECEMBER**  
2<sup>nd</sup> & 3<sup>rd</sup> - Traverse City  
18<sup>th</sup> & 19<sup>th</sup> - Peshawbestown  
\*SWEAT on 18<sup>th</sup> at 6:00 pm

**JANUARY**  
8<sup>th</sup> & 9<sup>th</sup> - Benzie  
21<sup>st</sup> & 22<sup>nd</sup> - Peshawbestown  
\*SWEAT on 21<sup>st</sup> at 6:00 pm

**FEBRUARY**  
4<sup>th</sup> & 5<sup>th</sup> - Charlevoix  
18<sup>th</sup> & 19<sup>th</sup> - Peshawbestown  
\*SWEAT on 18<sup>th</sup> at 6:00 pm

**MARCH**  
4<sup>th</sup> & 5<sup>th</sup> - Traverse City  
18<sup>th</sup> & 19<sup>th</sup> - Peshawbestown  
\*SWEAT on 18<sup>th</sup> at 6:00 pm

**APRIL**  
1<sup>st</sup> & 2<sup>nd</sup> - Benzie  
15<sup>th</sup> & 18<sup>th</sup> - Peshawbestown  
\*SWEAT on 15<sup>th</sup> at 6:00 pm

### PROTOCOLS

When seeking a Traditional Healer, please see list below to help you prepare for your healing journey. All ages welcome!

- Bring enough Tobacco for a full Pipe bowl
- Refrain from Alcohol/Drugs 4 days prior
- Optional Gift with your request
- Woman on their sacred "moontime" (monthly cycle) cannot attend this session

### HEALING REQUESTS

Requests for Anishinaabe names, colors, clans, teaching, doctoring for illness, dreams, spiritual guidance, etc. are appropriate requests.

### CO-ED SWEATS

Co-Ed Sweat November 18<sup>th</sup>, December 18<sup>th</sup>, January 21<sup>st</sup>, February 18<sup>th</sup>, March 18<sup>th</sup>, & April 15<sup>th</sup> at 6:00pm in Peshawbestown. Limited capacity, must pre-register by calling (231) 534-7247

**Reserve Your Spot in Co-ed Sweat Today!**



(231) 534-7247  
bit.ly/GTB\_BH  
GOVBehavioralHealth@gtb-nsn.gov

2300 N. Stallman Road  
Peshawbestown, MI 49682

Learn More About  
Joe Syrette Here!  
bit.ly/THHJS\_Bio

## NENAANDAWI'IWED TRADITIONAL HEALER

**JOE SYRETTE**

Joe Syrette is Anishinaabe Ojibwe from Rankin Reserve Batchewana First Nation located in Sault Ste Marie, Ontario Canada. Joe has been practicing traditional healing work for the past 21 years and illustrates traditional values, morals and teachings by living a clean and healthy lifestyle with his wife and daughters. Joe currently works with the Behavioral Health Department at the Grand Traverse Band of Ottawa and Chippewa Indians Medicine Lodge as one of the Traditional Healers.

Growing up as a traditional shkaabewis "helper" Joe has learned to balance his spiritual and personal life while continuing to always remain humble with the knowledge he carries. He has spent his young and adolescent years learning how to live in duality between the modern world and traditional Anishinaabe world through fasting and attending ceremonies. He currently helps communities and other traditional people and healers when needed allowing his knowledge and traditional teachings to grow.

Spending a life time of listening and learning about himself as an Anishinaabe person, this has allowed him to value and respect all physical and spiritual beings and their protocols. He has had the opportunity of working alongside many respectful elders, and healers to which he has been given teachings and rights to helping his Anishnaabeg relatives with spiritual healing.

Today, Joe has dedicated his time and knowledge to teach and share with others about his cultural experiences and how he has utilized his culture and language to heal himself within his own walk and journey through life. Joe acknowledges that lifelong learning is every day for him and that there is always something new to learn. He promotes cultural sharing and healing to community members so we can all learn to build encouragement on our cultural knowledge and sacred walk through life.

"We are all spirits living a human life. When we take the time to heal and acknowledge our spirit, then and only then will we know and understand our path and journey through life"  
-Syrette

# HUMAN SERVICES

**NEW FY25 Client Application**  
Scan QR Code or follow the link!

- Food Rescue (All community members - Mondays after 11am)\*
- Food Pantry (application & appointment)\*
- Food Assistance (application)
- Emergency Heat Assistance (application)
- Other Emergency Assistance (application)
- Weatherization Items (application & while supplies last)



<https://bit.ly/3zAPJVS>

**MORE INFORMATION, PLEASE CONTACT ANDREA 231-534-7910**

\*Food Rescue & Pantry Located:  
Lower level of the Medicine Lodge

Presented by Native Connections, Cultural Dept. and Niizh Animikig

**New Years Sobriety Round Dance**  
December 31st, 2024  
Location TBD



Anishinaabek Family Services and Behavioral Health Department presents...

# Growing Anishinaabe Families Together



five-part series

- |               |                |   |               |
|---------------|----------------|---|---------------|
| <b>Jan 14</b> | <b>6:00 PM</b> | <b>Parental Resilience</b>                            | <b>3-Mile</b> |
| <b>Jan 28</b> | <b>6:00 PM</b> | <b>Social Connections</b>                             | <b>3-Mile</b> |
| <b>Feb 11</b> | <b>6:00 PM</b> | <b>Knowledge of Parenting &amp; Child Development</b> | <b>3-Mile</b> |
| <b>Feb 25</b> | <b>6:00 PM</b> | <b>Concrete Supports In Times of Need</b>             | <b>3-Mile</b> |
| <b>Mar 11</b> | <b>6:00 PM</b> | <b>Social-Emotional Competence of Children</b>        | <b>3-Mile</b> |

**For More Information:**

Jennifer Ray

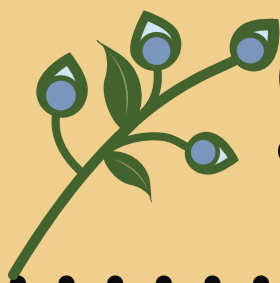
231-463-7917



[jennifer.ray@gtb-nsn.gov](mailto:jennifer.ray@gtb-nsn.gov)







# CULTURAL & LANGUAGE

[https://bit.ly/GTB\\_Cultural](https://bit.ly/GTB_Cultural)



GTB Cultural Department

## Anishinaabemowin Immersion- Christmas Crafts & Ornaments

with Isadore Toulouse and Patricia Osawamick

Aaniish Pii? (When?) December 5, 2024  
9AM-4PM

Aabish Ngoji? (Where?) Cultural Building  
2585 Waabno Makwa  
Peshawbestown

To sign up  
please use link  
or QRcode



<https://bit.ly/3CsKzFE>

### More Information:

Isadore.Toulouse@GTB-nsn.gov  
231.534.7252  
Patricia.Osawamick@GTB-nsn.gov  
231.534.7149  
Gov.Cultural@GTB-nsn.gov  
231.534.7766



## Anishinaabemowin JEOPARDY IN-PERSON or ZOOM!

**December 10, 2024**  
**Eyaawing Museum @ 6PM**

To play or watch by Zoom, use  
the link or QR code to register!

### Categories to Study

- Actions
- Calendar
- Relations
- 7 Grandfather Teachings
- Animals
- Numbers

<https://bit.ly/40GwLbB>



### Playing by Zoom

Participants must have an electronic device to be on the Zoom meeting and another device (phone, tablet, computer) to use as a buzzer to participate in the game. Families logging on through zoom only need one buzzer.



More Information:  
Email: GOV.Cultural@GTB-nsn.gov  
231.534.7766

Made with PosterMyWall.com

Cultural Department Presents In-Person

## Anishinaabemowin Classes

**Tuesday -Peshawbestown Cultural  
Building 5-7pm**  
**Wednesday - 3 Mile Office 5-7pm**

**Alternating WEDNESDAY'S**  
**Benzie 1st & 3rd 12pm-3pm**  
**Charlevoix 2nd & 4th 12pm-3pm**  
**Classes until December 18, 2024**

For more information contact:  
Isadore.Toulouse@GTB-nsn.gov  
231.631.7940  
Patricia.Osawamick@GTB-nsn.gov  
231.631.8604

All classes subject to change-  
No Class when GTB is closed



## Anishinaabemowin Immersion Classes

**Alternating WEDNESDAY'S**  
**Benzie & Charlevoix**

**Charlevoix 12pm-3pm**

**Nov. 13- Trapper Hat Making**  
**Nov. 27- Fleece Mitt Making**  
**Dec. 11- Christmas Decorations**

**Benzie 12pm-3pm**

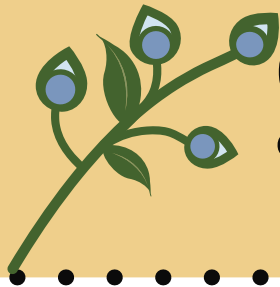
**Nov. 20 - Birch Bark Earrings**  
**Dec. 4- Baby Quilt Making (Cutting out  
pattern)**  
**Dec. 18- Christmas Decorations**

For more information contact:  
Isadore.Toulouse@GTB-nsn.gov  
231.631.7940  
Patricia.Osawamick@GTB-nsn.gov  
231.631.8604

All classes subject to change-  
No Class when GTB is closed

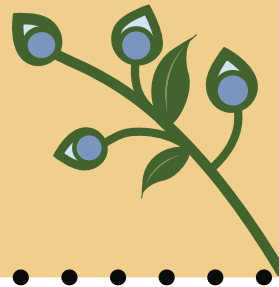






# CULTURAL & LANGUAGE

[https://bit.ly/GTB\\_Cultural](https://bit.ly/GTB_Cultural)



Grand Traverse Band- Cultural Department

**EMKOWAATAAGOZIJIG-13 SERIES**  
"Sharing their knowledge"

**SERIES OF ELDERS TALKING IN ANISHINAABEMOWIN**

Moderated by Isadore Toulouse & Patricia Osawamick

December 12, 2024 (10am-12pm)  
December 17, 2024 (1pm-3pm)  
January 9, 2025 (5pm-7pm)  
January 23, 2025 (6pm-8pm)  
February 6, 2025 (10am-12pm)  
February 20, 2025 (1pm-3pm)  
March 6, 2025 (5pm-7pm)  
March 20, 2025 (10am-12pm)

Join Zoom Meeting

Meeting ID: 871 7923 9451  
Passcode: GTBAnish

<https://bit.ly/GTBEmS13>

More information  
231.534.7766  
Gov.cultural@GTB-nsn.gov



Join us for a screening of Anangong Miigaading, Anishinaabemowin version of

**STAR WARS: A NEW HOPE**

Directed by Eilyn Stern Epcar and produced by Michael Kohn, the Ojibwe dub brings together a talented cast of Anishinaabe speakers.

Gi-ga-miinigoowiz Mamaandaawiziwin  
May the Force be with you.

**Thursday, Dec. 5**  
7 p.m. (doors open at 6 p.m.)  
The State Theatre · Traverse City



\$10 for general admission and FREE for tribal members


Grand Traverse Band of Ottawa and Chippewa Indians  
Kchi Wiikwedong Anishinaabek (Grand Traverse Band)

**Digwaagin-Fall 2024**  
Virtual  
**Anishinaabemowin Class**

Monday - Tuesday- Thursday 11AM - 12PM  
(Ntam Giizhigad) (Niizho Giizhigad) (Niwiinn Giizhad)

Join Zoom Meeting  
Meeting ID: 730 5294 9904  
Passcode: GTB2024  
Bit.ly/GTBAnishinaabemowin

More information contact :  
GTB Cultural Department  
(231) 534-7766 or [Gov.Cultural@gtb-nsn.gov](mailto:Gov.Cultural@gtb-nsn.gov)  
**GTB Offices Closed- No class or on Wednesdays**



**KCHI WIIKWEDONG ANISHINAABEK MAAWNJIDOWIN ROUND DANCE**  
**FEBRUARY 1st, 2025**

GRAND TRAVERSE RESORT & SPA  
100 Grand Traverse Blvd,  
Acme, MI 49610







Let's Become Junior Chefs  
**Healthy Snack cooking For Kids**



**MEET MONTHLY TO MAKE A SNACK TO TAKE HOME**

OCTOBER	NOVEMBER	DECEMBER
October 29, 2024	November 19, 2024	December 18, 2024
5 PM-6 PM	5 PM-6 PM	5 PM-6 PM
Chocolate Cherry Energy Bites	Applesauce	Refrigerator Pickles

Join Kim and Caitlyn from MSU extension in Benzie's classroom and make yummy and easy snacks. Snacks and Supplies provided!

**More Information**  
(231) 534-7825 7282 Hoadley Road, Benzonia, MI 49616 KimberlyHinmon@gtb-nsn.gov



**YOUTH RIBBON SKIRT / SHIRT**

**DELAYED!**  
**WILL BE RESCHEDULED IN JANUARY**



learn to make a simple ribbon skirt

- Youth under 15 need an adult helper!
- Supplies will be available for GTB and Title IV youth, but for special colors/ designs please feel free to bring your own.
- Machines will be available.

**Please Register with Kim:**

231 534-7825 7282 Hoadley Road, Benzonia MI, 49616



All events are free and open to the Native American and Non-Native public. They promote Anishinabek culture, the musical arts, and health through Yane Style Tai Chi. Events hosted by the GTB Heritage Library, GTB Lifelong Learning, and the Institute of Museums and Library Services.

**December 2024**

**HERITAGE LIBRARY PRESENTS**

# Winter EVENTS & ACTIVITIES

**Winter Music Lessons: Mondays, Tuesdays, & Thursdays 10AM - 5PM @ Heritage Library**

30-Minute Guitar, Piano, and Voice lessons by **appointment**. Zoom Lessons Available. Music lessons are open to adults and children. The Heritage Library has 1 electric keyboard/piano, 2 children sized classical guitars, and 2 full sized classical guitars to borrow for lessons.

**Youth 3PM - 5PM & Adults 10AM - 5PM according to teacher availability - First Come First Serve.**

**Winter Tai Chi Tuesdays & Thursdays: 12PM - 1PM @ Heritage Library**

Enjoy the relaxing art of Tai Chi with Francis Carew, who teaches Yane style Tai Chi, a low impact exercise that improves cardiorespiratory function, hypertension, muscular strength, balance, mobility, flexibility, and mind-body awareness.

**Decorate Goon Ginebie (Snow Snakes): 5PM - 7PM**

Come and enhance the Goon Ginebie you crafted for Native American Heritage Month! Join the tribal librarian for an exciting Snow Snake decorating and finishing class. This is your chance to personalize your Snow Snake and then expertly apply polyurethane to seal and protect your creation. Don't miss out on this fun and creative opportunity!

**Heritage Library: December 4<sup>th</sup>, 2024**  
2821 N. West Bay Shore Dr. Suttons Bay MI 49682

**Benzie Office: December 17<sup>th</sup>, 2024**  
7282 Hoadley Rd, Benzonia, MI 49616

**3-Mile Office: December 10<sup>th</sup>, 2024**  
845 Business Park Dr, Traverse City, MI 49686

**Charlevoix Office: December 18<sup>th</sup>, 2024**  
10085 Wa-Ba-Noone Mi-Kun, East Jordan, MI 49727

**More Information:**  
Francis Carew (231) 534-7752 Francis.Carew@gtb-nsn.gov  
Heritage Library - 2821 N West Bay Shore Dr. Peshawbestown, MI



**DATE CHANGE!**

*Life Long Learning Presents*  
**Community Christmas Party**  
**FRIDAY**  
**DECEMBER 13th, 2024**

INNER || GAMES || DOOR PRIZES

**GRAND TRAVERSE RESORT GOVERNORS HALL 4:30PM - 7PM**

Wear your ugly sweater or bring one to make at our craft station!

**MORE INFO:**  
- DANA MCCLELLAN 231-534-7356  
CATHERINE CROWLEY 231-534-7751  
KIMBERLY HINMON 231-534-7825  
ANTHONY GENTILE 231-534-7747



# GTB LIFE LONG LEARNING HOSTED A SPOOKTACULAR PUMPKIN PARTY



**CREATIVITY AND COMMUNITY SPIRIT**  
The GTB Life Long Learning program recently transformed into a vibrant hub of creativity and community spirit with its enchanting Halloween Pumpkin Party, inviting all Tribal Youth and Families from the six-county service area. This festive celebration was aimed at uniting families in the joy of the Halloween season while engaging in fun, hands-on activities.

**TANTALIZE TASTE BUDS**  
Attendees were greeted with a delicious dinner that tantalized their taste buds, featuring a variety of hearty options for all ages. As families gathered around tables, laughter and shared stories filled the air, establishing a warm, welcoming atmosphere. When dinner concluded, it was time for the main events: pumpkin carving and painting.

**A PRIZE FOR GHOULS AND GOBLINS**  
Adding to the evening's excitement were the enticing door prizes, which heightened the anticipation and joy of the event. As names were drawn, cheers erupted from the crowd, and winners proudly accepted their prizes, further enhancing the sense of community and connection.



**TWO SPOOKTACULAR LOCATIONS**  
To ensure that everyone could partake in the festivities, two festive gatherings were organized. The first took place at the 3-Mile office on the evening of October 24, 2024, while the second was hosted at the Strongheart Civic Center on October 28, 2024. Both locations were filled with infectious energy as families arrived, eager to embrace the spirit of Halloween together.

**UNLEASHED CREATIVITY**  
The room buzzed with excitement as children and adults alike rolled up their sleeves to tackle their pumpkins, armed with an array of carving tools and vibrant paints. Each family unleashed their creativity, transforming plain pumpkins into dazzling works of art. From whimsical creatures to intricate designs, the array of finished pumpkins was as diverse as the families themselves, showcasing their unique styles and imagination.

**TIS THE SEASON**  
The dedication of the GTB Life Long Learning team was evident throughout the night as they worked diligently to create a friendly, engaging environment that celebrated the essence of Halloween. Their efforts not only provided entertainment but also fostered bonds among families, reminding everyone of the importance of togetherness and tradition.





TRIBAL GYM CENTERS

FITNESS CLASSES RESUMING JANUARY!

We are thrilled to announce that fitness classes will be resuming in January!

If you have a passion for fitness and are interested in becoming an instructor, we encourage you to explore the RFP (Request for Proposal).

For further information, please follow the link provided or scan the QR code below. We look forward to seeing new faces in our instructor lineup and can't wait to kick off the classes!



https://gtbindians.applicantpool.com/internaljobs/

APPLY TODAY!

Join our dynamic team! We are currently seeking a dedicated Full-time Gym Attendant to enhance the experience at Strongheart, and a motivated Part-time Gym Attendant for the Benzie Fitness Room. If you have a passion for fitness and customer service, we want to hear from you. Apply today to make a positive impact!

EQUIPMENT UPGRADE!

Charlevoix is buzzing with excitement as we gear up to unveil our BRAND NEW EQUIPMENT! This upgrade is set to elevate your experience to a whole new level. Keep your eyes peeled for the much-anticipated GRAND RE-OPENING DATE - it's coming soon, and we can't wait to welcome you back to enjoy all the incredible new offerings we have in store!

FITNESS CENTER FINANCIAL ASSISTANCE

Gym Membership Assistance for GTB Citizens within Antrim, Grand Traverse, & Manistee County, that don't have access to one of the GTB Fitness Centers & are interested in joining a local gym. Discounts are also Available for GTB spouses and/or significant others to encourage & support one another on your wellness goals!

For more details and questions, please contact Leanne (Tana) Alber

(231) 534-7551

Leanne.Alber@gtb-nsn.gov

MAY YOUR HOLIDAY FITNESS ROUTINE BE BALANCED AND BRIGHT!

**STRONGHEART HOLIDAY HOURS**

THURSDAY, NOVEMBER 28 <sup>TH</sup>	CLOSED
FRIDAY, NOVEMBER 29 <sup>TH</sup>	CLOSED
SATURDAY, NOVEMBER 30 <sup>TH</sup>	CLOSED
MONDAY, DECEMBER 23 <sup>RD</sup>	CLOSED
TUESDAY, DECEMBER 24 <sup>TH</sup>	CLOSED
WEDNESDAY, DECEMBER 25 <sup>TH</sup>	CLOSED
THURSDAY, DECEMBER 26 <sup>TH</sup>	CLOSED
FRIDAY, DECEMBER 27 <sup>TH</sup>	9:00 AM - 5:00 PM
SATURDAY, DECEMBER 28 <sup>TH</sup>	9:00 AM - 3:00 PM
MONDAY, DECEMBER 30 <sup>TH</sup>	9:00 AM - 5:00 PM
TUESDAY, DECEMBER 31 <sup>ST</sup>	9:00 AM - 5:00 PM
WEDNESDAY, JANUARY 1 <sup>ST</sup>	CLOSED

*\*SUBJECT TO CHANGE*

GTB STRONGHEART CENTER PRESENTS



FITNESS CENTER FINANCIAL ASSISTANCE

ARE YOU A GTB TRIBAL MEMBER & CAN'T MAKE IT TO THE GTB FITNESS CENTERS? NO SWEAT!

- Fitness Center Financial Assistance to GTB Citizens, Within 6 County Service Area, That Do Not Live Near or Have Access to one of GTB Fitness Centers.
  - Antrim, Grand Traverse, & Manistee Eligible!
- Discounts Also Available for Spouses & Significant Others
- Limited Gym Membership During Winter Months

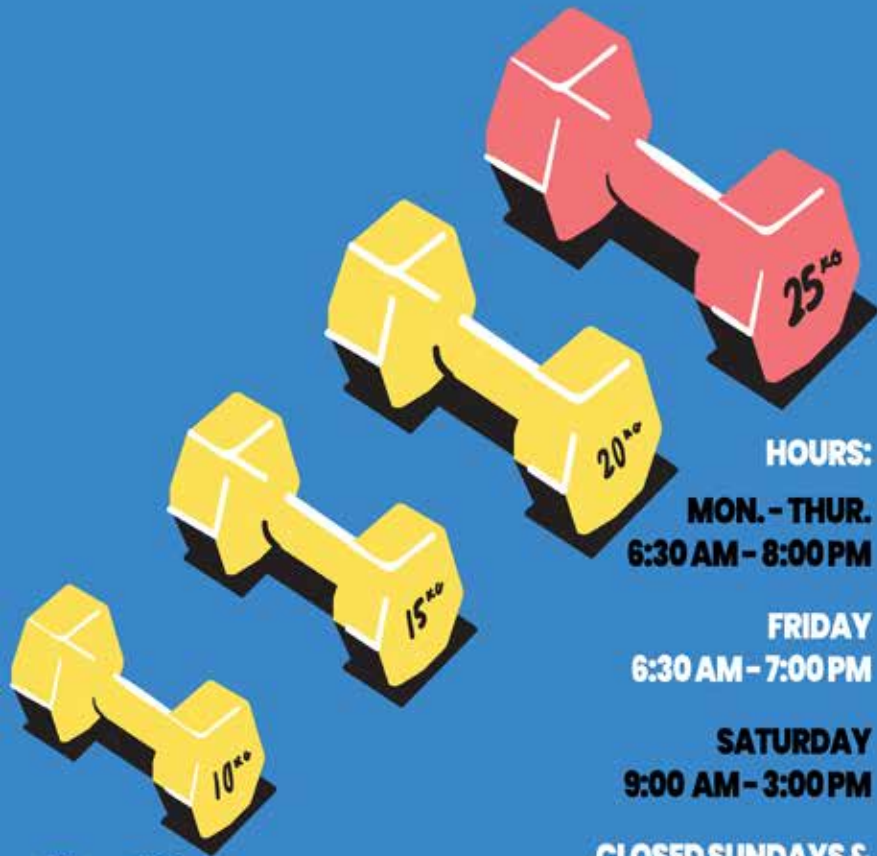
Gym Membership Assistance for GTB Citizens Within Antrim, Grand Traverse, & Manistee County That Don't Have Access to One of the GTB Fitness Centers & Are Interested in Joining a Local Gym. Discounts Are Also Available for GTB Spouses and/or Significant Others to Encourage & Support One Another on Your Wellness Goals! Call Leanne for the Details & Questions!

Contact: Leanne (Tana) Alber (231) 534-7551 Leanne.Alber@gtb-nsn.gov

www.gtbindians.org/strongheart.asp

STRONGHEART CENTER Hours Starting

NOVEMBER 4, 2024 UNTIL APRIL 2025



CLOSED SUNDAYS & MAJOR HOLIDAYS

\*\*SUBJECT TO CHANGE\*\*

FRONT DESK: (231) 534-7457

2700 STRONGHEART WAY, PESHAWBESTOWN



# HOUSING

ALL PROGRAMS BASED ON AVAILABILITY OF FUNDS

## HOMEOWNER ASSISTANCE Offered by GTB HOUSING

### EMERGENCY HOME REPAIR

- ✓ \$15,000 available to household in any rolling 5 year period.
- ✓ Completed application & attachments are required at time of requested service. Please review ALL regulations of the program.
- ✓ Must be primary resident of the home and within 6 county service area.



Scan me!

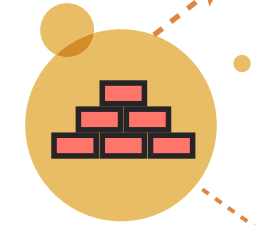


### SEPTIC PUMPOUT

- ✓ Must be primary resident of the home & within 6-county service area.
- ✓ Eligible for (1) pumpout every other year.

### HANDICAP ACCESSIBLE PROGRAM

- ✓ \$20,000 total lifetime availability for Elders or certified disabled tribal member homeowner.
- ✓ Must be primary resident of the home & within 6-county service area.



Scan me!



### DOWN PAYMENT ASSISTANCE/ HOMEBUYER EDUCATION

- ✓ Available to Tribal Members purchasing a home within 6-county area
- ✓ Pathways Home Classes (online)
- ✓ Limited to a One Time Use (lifetime)
- ✓ Cannot access the Emergency Home Repair for 5 years
- ✓ Qualified Tribal Member Households receive \$10,000 or \$15,000\*
- ✓ Single wide trailers may receive up to 10% of the purchase price (Trailer must be 10 years old or newer)

Scan me!



\*Based on income

## CONTACT US TODAY!

<b>Lori Dudley</b> Administrative Assistant	(231) 534-7800
<b>Maxx Jacko</b> Occupancy Specialist II	(231) 534-7447
<b>Leiha VanAken</b> LIHTC Occupancy Specialist	(231) 534-7802
<b>Joe Kaubenaw</b> Occupancy Specialist I – GTB rental info/Down Payment Information/Homebuyer Education	(231) 534-7803 (231) 883-1328
<b>Manny Menchaca</b> Interim Maintenance Supervisor	(231) 534-7448 (231) 631-4594
<b>Tarik Bouguettaya</b> Emergency Home Repair & Handicap Accessibility Program	(231) 534-7886
<b>Steven Alberts</b> Interim Procurement Coordinator/Program Director	(231) 534-7804 (231) 360-3478
<b>Lilyan Allard</b> Assistant Manager	(231) 534-7804
<b>Jodi Lewis</b> Interim Department Manager	(231) 357-2185

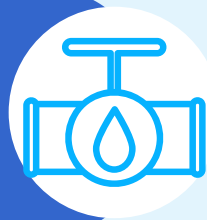
# FROZEN PIPES

Discover preventing and thawing frozen water pipes to protect your plumbing

## Prevent Frozen Pipes

### Water Supply Lines

Close garage doors if water supply lines are present.



### Trickle Cold Water

Let a trickle of cold water flow from exposed faucet pipes to prevent freezing.



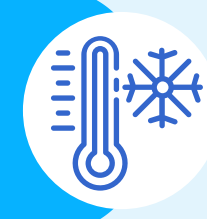
### Air Circulation

Allow warmer air to circulate by opening cabinet & bathroom doors.



### Keep Heat Above 55°F

If you're away in the cold weather months, keep home heat +55°F.



## Thaw Frozen Pipes

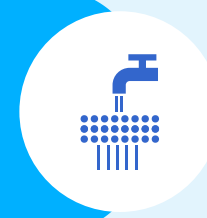
### Examine Water Source

If the faucet trickles, suspect a frozen pipe near exterior walls or where water enters your home.



### Keep Faucet Open

Leave the tap running to thaw the frozen pipe. Flowing water melts the ice inside.



### AVOID Flammable Materials

Use an electric heating pad, hair dryer, or space heater to warm pipe. **DO NOT use blowtorch, kerosene, propane heater, or open flame.**

### Call a Plumer

If you can't defrost the pipe or access the frozen area, contact a licensed plumber.



### Dobule Check

Inspect all home faucets for more frozen pipes; if one freezes, others might freeze too.







# December is Handwashing Awareness Month



**Dr. Jessica A. Rickert, DDS, Anishinaabe Dental Outreach**, is the first female American Indian Dentist, a member of the Prairie Band Pottawatomie Nation. She attended the University of Michigan School of Dentistry and practiced in private practice and at the Family Health Care FQHC located in Baldwin. She is an adjunct faculty instructor and preceptor at the University of Detroit Mercy School of Dentistry and University of Michigan School of Dentistry. She is also a past president of the Resort District Dental Society. She is the author of *Exploring Careers in Dentistry*, has written numerous articles, and has served as a speaker and consultant. She has been inducted in the Michigan's Women's Hall of Fame and is a recipient of the Ida Gray Award from the University of Michigan School of Dentistry.

## HAND HYGIENE

The Centers for Disease Control (CDC) highlights frequent hand hygiene as one of the most important acts in preventing disease. Hand hygiene includes washing and sanitizing hands. Let us review these recommendations about hand hygiene:

1. Whenever a messy chore is done, wash your hands, because dirt is visible on the hands. But it is what we cannot see that is dangerous.
2. Germs are invisible. Germs are microorganisms such as bacteria or viruses.
3. Germs are everywhere. They are within and on our bodies and on every touchable surface.
4. Not all germs are bad. Good germs help to keep us healthy and to keep

our immune system strong. On our hands are good germs that live under the deeper layers of the skin, and most are not removed by washing with soap and water.

5. Our hands can also have transient, bad germs on the outermost layer that cause illnesses.
6. Health experts recommend washing our hands with soap and clean, warm water for at least 20 seconds. Singing "Happy Birthday" twice equals 20 seconds.
  - ◆ Be sure to work up a good lather and clean the back of the hands, the wrists, between the fingers and under the nails.
  - ◆ Dry them using a clean towel or a hot air dryer.
7. Using an alcohol-based hand sanitizer is another way to keep our hands clean. 60% alcohol is recommended.
8. If neither soap nor sanitizers are available, follow the above steps with water and vigorous rubbing.
9. Let us model good behavior by washing our hands, because our children want to do what we do. Wash babies' hands and teach children to wash their hands after the bathroom and before eating.

Handwashing reminder signs increase frequency and length of handwashing. A cell-phone photo of our children washing their hands can be printed and posted near the sink.

## HEALTHY HAND HABITS

So, we must take hand cleanliness seriously by remembering other healthy hand habits:

Learn to control your hands by not coughing or sneezing into hands. A typical human sneeze emits around 40,000 droplets, carrying germs from the mouth. Sneeze or cough into your shoulder or into your elbow.

Let's not put our hands or fingers in your eyes, nose, ears, or mouth.

Germs can live on surfaces from three hours to seven days; germs survive less on dry surfaces. Germs live on shared surfaces such as door handles, counters, phones, remote controllers, keyboards, piano keys, ink pens, sports equipment, handling food, toys, and others' hands. Sometimes, we can handle these items with a tissue. We can turn off water faucets & open many doors with our elbows; latch doors handles can be opened with the ring & pinky fingers of the nondominant hand, often the left fingers. Small hand-sanitizers can fit in our pocket or purse, to use after touching items.

We learned from the COVID Pandemic that the Covid virus is less likely to spread when excellent hand hygiene is practiced. According to the CDC, handwashing can prevent 1 in 3 diarrhea-related illnesses. And handwashing prevents 1 in 5 infections, including the flu, colds, pneumonia, and sore throats.

Worldwide, about 1.4 million children under age 5 die from diarrhea and pneumonia. Handwashing can stop many of these deaths. Why not do what we can to help our children??

This is why we love National Handwashing Week in December, because by this small effort, we can protect ourselves, our family and each other.

Your partner in oral health,  
*Jessica A. Rickert, DDS, Anishinaabe Dental Outreach*  
[jrickert@deltadentalmi.com](mailto:jrickert@deltadentalmi.com)  
231-313-8407

<sup>1</sup><https://nationaltoday.com/national-handwashing-awareness-week/><sup>2</sup><https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3037063/><sup>3</sup><https://www.cdc.gov/handwashing/why-handwashing.html><sup>4</sup><https://www.cdc.gov/handhygiene/science/index.html><sup>5</sup><https://allnurses.com/december-national-handwashing-month-t663840/#:~:text=December%20is%20National%20Handwashing%20Month%2C%20a%20global%20advocacy,that%20hospital%20personnel%20accomplish%20on%20a%20daily%20basis.>

## HAPPY HOLIDAYS FROM GTB DENTAL CLINIC TEAM!

We want to thank you for putting your trust in us as your dental care providers and for making the dental office a fun and enjoyable place. We hope you all have a great time with your families during the holiday season and have a safe and fun filled New Year. Throughout this year we have undergone some changes with our staff.

### DENTAL TEAM MEMBERS

We welcomed new team members while we say goodbye to some of our old team members. In an effort to continue serving your dental needs, we are asking the membership to spread the word regarding our open dental hygiene position.

### SEEKING FULL TIME HYGIENIST

If you know anyone who has a dental hygiene degree to please let them know that the GTB Dental Clinic is still looking for a full time

hygienist to fill a crucial role in the care that we can provide to you as patients. Please have them contact our HR Department if you know of anyone interested in filling out our staff to better provide services to our patients.

### ARRIVE 15 MINUTES PRIOR TO YOUR APPOINTMENT

To help with our workflow in the department, are asking that patients show up **15 minutes prior to their dental appointment** to allow for necessary paperwork to be filled out. This allows your appointment to run on schedule and not cause a delay in other patients' appointments that are after yours. Additionally, it allows us to complete the planned work for the day if we stay on schedule, ultimately leading to less appointments to complete your care. We hope you enjoy the winter weather and get a chance to get outside in the snow that will surely be falling soon. Happy Holidays,

- GTB Dental Team

**(231) 534-7211**





# GTB HEALTH SERVICES



## PURCHASED/REFERRED

Update your PRC file. Please provide your tribal ID and any updated insurance information. It is mandatory to annually update! **Coverage will be suspended by Dec 20, 2024, if PRC has not received your update.**

**Tiffany Gilmore PRC Representative**  
[Tiffany.Gilmore@gtb-nsn.gov](mailto:Tiffany.Gilmore@gtb-nsn.gov)  
 (O) 231-534-7210 (C) 231-631-9082  
**Stella Bailey, PRC Manager/Program Director**  
[Stella.Bailey@gtb-nsn.gov](mailto:Stella.Bailey@gtb-nsn.gov)

(O): 231-534-7931 (C): 231 360-7195

## PRESCRIPTION REFILLS

With the holiday season and the winter months fast approaching, it's important to make sure you're fully prepared to meet all your health needs. To avoid any disruptions, we encourage you to plan ahead for your prescription refills. Simply reach out to our dedicated refill line at 231-534-7200, and when prompted, select option 2 to easily manage your refill requests. Taking this step will help ensure you have all necessary medications on hand during the busy holiday season.

## IMMUNIZATIONS & TESTING

We are excited to announce the availability of flu and COVID vaccines for our community! To ensure everyone's safety and health, we are also offering convenient on-site testing twice a day at 8 AM and 1 PM. Our dedicated team is here to assist you in scheduling your appointment. Simply give us a call at 231-534-7200 to secure your spot and take a step towards a healthier season!

## TRANSPORTATION SERVICES REMINDER

The GTB Health Department is devoted to ensuring that GTB members have access to essential health-related transportation services. However, we have recently observed an increasing number of scheduled appointments that are not being kept. This not only causes our dedicated transportation staff to lose valuable time, but it also results in other members missing their opportunity to utilize this important service for their medical appointments.

To help us serve you better and to optimize our resources, we kindly ask that you consider the impact of missed appointments on both our staff and fellow members. If you find that you are unable to attend a scheduled appointment, please take a moment to cancel in advance. Your cooperation is greatly appreciated and will help us maintain a reliable transportation service for everyone. Thank you for your understanding and support.

**GET A JUMP  
START AND FIND  
THE FY2025  
APPLICATION HERE**

<https://bit.ly/3zAPJVS>



## Grand Traverse Band Family Health Clinic December 2024 Immunization Schedule



GTB FHC is pleased to offer seasonal Flu shots and COVID-19 booster vaccines to our clinic eligible clients. This includes GTB tribal members, any Federally recognized tribal member, GTB tribal member spouses, and GTB employees. Updated registration and consent form required prior to services.

DATE/TIME	LOCATIONS	OTHER INFORMATION
Available during regularly scheduled provider visits, and may receive during nurse walk-in hours M-F 9-11am and 2-4pm <i>while supply lasts</i>	<b>Medicine Lodge Clinic</b> 2300 N Stallman Rd Peshawbestown, MI	<b>HIGH-risk</b> are people aged 55 or above, chronic health problems such as diabetes, heart or kidney disease, asthma, people with weakened immune systems due to cancer, HIV/AIDS, long-term corticosteroid therapy, pregnant women, Health care workers; and children under 2 years old, children on aspirin therapy, or with sickle-cell anemia, or caregivers of these children and of children less than 6 months of age.
Starting October 4th every Friday 2-4pm at drive-thru outside shelters- as weather and staffing permits		
Thurs Dec 12th 10am-3pm	Benzie Satellite office	Any questions please call CHR Tamra Newton (231) 534-7205
Thursday Dec 19th 2:30-6:30pm	Elders Christmas Party-All sites @Grand Traverse Resort	Questions, please call your area Elders coordinator or area CHR

CDC Summary of recent changes (last updated October 31, 2024):

People ages 65 years and older, vaccinated under the routine schedule, are recommended to receive 2 doses of any 2024-2025 COVID-19 vaccine separated by 2 to 6 months...

People ages 6 months and older who are moderately or severely immunocompromised are recommended to receive 2 age-appropriate doses of 2024-2025 COVID-19 vaccine 2 to 6 months apart; may receive additional doses under shared clinical decision making.

<https://www.cdc.gov/vaccines/covid-19/clinical-considerations/covid-19-vaccines-us.html#print>

Place Your Order for Free At-Home COVID-19 Tests!

- As of late September 2024, residential households in the U.S. are eligible for another order of 4 free at-home tests from USPS.com.
- Each order includes 4 individual rapid antigen COVID-19 tests. Orders will ship free. Go to website <https://covidtests.gov/>

Need help placing an order for your at-home tests? Call 1-800-232-0233 (TTY 1-888-720-7489).

Dates are subject to change & based on availability. Stay tuned for future dates to be announced!

Questions, please call GTB CLINIC  
 Phone: (231) 534-7200  
 Toll-free: 866-534-7750 ext. 7200  
 Fax: (231) 534-7460  
 E-mail: [Mari.Raphael@GTB-nsn.gov](mailto:Mari.Raphael@GTB-nsn.gov)

## POLICY & PROCEDURES

- Prioritize Elderly and Disabled members, and GTB members with NO OTHER means of transportation.
- Must schedule at least 24 hours in advance by calling the **Transportation Hotline: (231) 534-7222**, with appointment(s) date and time and a follow-up phone number.
- Transportation is based on the availability of the Transporter.
- All rules pertaining to the availability of other means of transport must be exhausted prior to the transport.
- All patients under the age of 18 must be accompanied by a parent.
- For a prescription pick-up, please call the Transporter 231-534-7222 BEFORE 10 am or BEFORE 3 pm.
- In the event that GTB offices are closed due to inclement weather and holidays, no transportation will be provided.

Contact us today to schedule your visit at the GTB Clinic, where our dedicated team is ready to provide you with exceptional care and support for your health needs!

**(231) 534-7200**





# AGRICULTURAL & FOOD SOVEREIGNTY DECEMBER NEWS



## FOOD AVAILABLE THROUGH WINTER

Exciting news for the winter season! Fresh produce and canned goods from the Peshawbestown Farm will be available at the GTB Food Pantry sites and can also be requested at the Natural Resource Department on Putnam Road. We're rolling out delicious offerings like butternut squash, sweet corn, and a variety of pickled vegetables, all on a first-come, first-served basis!

But that's not all! Our food pantry distribution also includes delectable options such as bison steaks, ground bison, lake trout fillets, whitefish fillets, organic canned beans, and a selection of organic frozen vegetables.

We're thrilled to announce that we've received an extension on our USDA – Local Food Purchasing Assistance grant, now running through December 2026! With this support, we can continue to provide these wonderful food items at the GTB Food Pantries for an additional two years. Thanks to over \$30,000 in funding, GTB Agriculture will be supplying fresh goodies to our community. Come and stock up on these healthy, local options this winter!

## WINTER WORKSHOPS

In 2023 we hosted a corn ashing workshop that was one of our most well-attended events of the year. We plan to host this workshop later in the winter, perhaps in January. Please stay tuned to the January Newsletter for exact dates for this event. Other events we hope to host in the winter include our sugar bush programming and a squash soup cooking workshop.

In 2023, we proudly hosted a highly successful corn ash workshop, which quickly became one of the highlights of our annual events, drawing a large crowd and creating a vibrant atmosphere. Due to its popularity, we are excited to announce that we plan to offer this workshop again later this winter, with a target time frame of January. To ensure you're kept in the loop, please pay close attention to our January newsletter, where we will provide the specific dates and additional details for this enriching experience.

Alongside the corn ash workshop, we are also thrilled to introduce our winter lineup, which features our much-anticipated sugar bush programming. This hands-on experience allows participants to explore the art of maple syrup production, from tapping the trees to boiling the sap. Additionally, we will host a squash soup cooking workshop, where you can learn unique recipes and techniques to create hearty, seasonal dishes. We look forward to sharing these exciting opportunities for learning and community bonding with

you!

## NEW GTB TRADITIONAL SUGAR BUSH WORKSHOP INSTRUCTORS

We are thrilled to announce an exciting new chapter for the GTB Sugar Bush! Tanya and Wa'Sinade Raphael have stepped into the roles of GTB Traditional Sugar Bush Workshop Instructor and Assistant for the 2025 Sugar Bush season. With decades of experience hosting unforgettable sugar bush gatherings in our community, they are the perfect fit for this important role!

Get ready for an incredible season packed with workshops celebrating Anishinaabe traditions and the cultural significance of sugar bush events. Tanya and Wa'Sinade will also be instrumental in designing a beautiful gathering space and a scenic walking trail. They're bringing in a local sign maker to create informative outdoor signs that will share knowledge on forest ecology, tree anatomy, Anishinaabe language, and traditional teachings.

Plus, we're working on a stunning entrance sign for the GTB Sugar Bush that will welcome everyone into this vibrant space. All of this amazing work is made possible thanks to the USDA – ACER grant we received in 2023, aimed at promoting knowledge-sharing and community engagement around sugar bush traditions and indigenous practices.

A huge Miigwetch to Tanya and Wa'Sinade for helping us enhance our programming and deepen our connection with the GTB community around this essential food source. Let's celebrate together!

## NRD INLAND PROGRAM: NME NEWS

**1st Annual Sturgeon Release** - On September 7th around 150 people from GTB and the local community gathered at Hannah Park on the Boardman-Ottaway River to release the first 235 sturgeon into the river. Everyone present was able to release a fish and in some cases multiple fish into their new home.

**Streamside Rearing Facility** - The 2024 sturgeon rearing season has come to an end. This year the GTB Streamside Rearing Facility (SRF) produced a total of 860, 6-inch sturgeon, all of which were released into the Boardman-Ottaway River. The care given to this season's sturgeon contributed to a 96% survival rate! This is an amazing achievement for the first year of operation for GTB's SRF with typical survival rates hovering around 50%. While deformities are somewhat common in hatchery-reared sturgeons, GTB-reared sturgeon only had 3 fish exhibit deformities that were not caused by hatchery conditions. There were also no diseases found during the US Fish

& Wildlife fish health inspection, which was conducted to ensure the stocking program wasn't introducing any diseases to the river that could affect resident fish. All fish were coded wire tagged to identify them as hatchery-reared fish. In addition, all but 24 fish were implanted with 12mm PIT tags. These tags have unique identification numbers that will allow future researchers to know the age of the fish, release location, release date, and the agency that stocked the fish. PIT tags also allow NRD personnel to track movements in and out of the Boardman River after stocking events and when the fish return to spawn. The SRF hosted tours for the Tribal Council, members of the GTB community, classes from Sturgeon in the Classroom program, USFWS and BIA personnel, as well as several media outlets. For many tour participants this was their first time seeing sturgeon, let alone young sturgeon. SRF staff released the final fish on September 24th then began the process of removing the SRF from the NMC property. The NRD Inland Program plans to have the SRF back on site by early next spring.

**Sturgeon in the Classroom** - In conjunction with the Boardman-Ottaway River sturgeon rearing program, GTB NRD applied for and received a grant from the BIA to expand the Sturgeon in the Classroom (SITC) program from five schools to ten by next school year and purchase a new tank for Greenspire High School. Once funding from the grant is received the NRD Inland Program will begin purchasing the equipment and food needed for each class to raise a sturgeon over the school year. Currently Glen Lake Elementary, TCAPS Monessori, Greenspire Middle School, Greenspire High School, and Interlochen Arts Academy are in the SITC program. Future schools will include Suttons Bay Middle School, TC West High School, and Leland Elementary School. TC Central is currently pending approval from the administration and GTB Inland staff are reaching out to additional schools for the final unclaimed tank setup. This year's students from the SITC programs were able to take their fish back to their classroom at the conclusion of their tour of the SRF. The students will raise the fish throughout the school year and release the fish into the Boardman-Ottaway River in the spring. Since school tours aligned with 2024 sturgeon stocking dates, students were able to assist SRF personnel releasing a total of 334 fish on the day of their tour. This was a unique opportunity for each student to stock a fish in the river. Typically, the only fish the students can stock is the fish they raised in the classroom. Since it's a single fish they never get hands-on experience with the fish before it is stocked. The school year usually doesn't line up with the time when facilities have sturgeon in production or ready for stocking.

.... **Cont'd Next page >**





# NATURAL RESOURCES DEPARTMENT DECEMBER NEWS



... Due to the proximity of the schools to the SRF and river stocking locations, classes can conduct tours when there are sturgeon present in the facility as well as participate in end of season stocking. The shorter drive to the Boardman River as opposed to the Sturgeon or Black River further north also allows for more students to take part in the release ceremony for their SITC fish. Miigwetch to those GTB members that provided your support, your prayers and your welcoming return of Nmée back to the Boardman Ottaway. As we approach our 2025 rearing season next Spring, please feel free to reach out to GTB NRD to schedule site visits and tours at (231) 534-7500

The upstream portion of the sheet pile cofferdam, which allows the new dam to be safely constructed in a dry working environment, was completed and the area enclosed was dewatered (Figure 1). Work is nearly complete on the remaining portion of the sheet pile cofferdam that traverses the existing dam and extends downstream of the dam. Vibration and settlement on the existing dam and nearby properties are continuously monitored and no thresholds have been exceeded. In the coming month, excavation of sediments inside the upstream cofferdam will commence as well as earthwork



Figure 1. Image from the FishPass time-lapse camera: October 30, 2024 – 3:00 PM showing the sheet pile cofferdam upstream of the dam (right side of image) and continued installation of the downstream portion (left side of image).

for the new arc-labyrinth weir structure. Prior to full dewatering of the area inside the upstream cofferdam, staff from the GLFC and Grand Traverse Band of Ottawa

and Chippewa Indians recovered fish entrained in the cofferdam pool and relocated an assortment of yellow perch *Perca flavescens*, Northern pike *Esox lucius*, rock bass *Ambloplites rupestris*, and largemouth bass *Micropterus salmoides* back into the river upstream of the dam.

## RESEARCH

**The Great Lakes Fishery Commission (GLFC)** hired Muhammad Usama Ashraf as a Post-doctoral Fishery Research Scientist to compile the functional (and theoretical) capabilities, uncertainties, and configurations of fish sorting / guidance technologies and to use this information to prioritize technology configurations for initial testing at FishPass. Usama recently received his Ph.D. in Civil and Environmental Engineering from the Polytechnic University of Turin, Italy.

**21 October – Staff from the U.S. Geological Survey (USGS)** re-initiated work on a two-year study initiated in 2023, Spatio-temporal drift patterns of larval fish in the Boardman/Ottaway

River. Field crews resumed field activities that ceased in August due to low observed larval abundance. During October-December the team deploys D-frame nets at varying times of day and night at six sites, and egg mats at five locations in the lower river. The goal of the study is to address the current knowledge gap on the composition and phenology of downstream fish embryo and larval drift in the Boardman/Ottaway River.

**29-30 October 2024** - The FishPass Advisory Board met in Traverse City to discuss construction progress, research coordination, commissioning research plans, and progress updates from ongoing research and assessment activities.

## OUTREACH & RECENT

**01 & 03 October** – Dan Zielinski (Great Lakes Fishery Commission [GLFC]) presented on FishPass to the Board of the Conservation Resource Alliance and to the Leadership Grand Traverse - Natural Resources Day.

FishPass staff and project partners hosted several **on-site tours** of the construction site throughout the month for the U.S. Army Corps of Engineers – Detroit District leadership, Senator Damoose, and U.S. Fish and Wildlife Service and Department of the Interior regional leadership.

**05 November** – Dan Zielinski will provide an update on FishPass construction to the Boardman/Ottaway River Network (BORN).

**07 November** – GLFC staff will present a talk titled “Diving into FishPass” to the Natural Resources Council in Lansing, MI.



## IN THE NEWS: FISH PASS GIIGOOK MAH-JOWAG

In recent news, there are several significant developments taking place in the community and are being reported on

1. Dam project seeks to let select fish go from northern Michigan river to Great Lakes (The Detroit News, 04 October 2024): <https://www.detroitnews.com/story/news/local/michigan/2024/10/04/dam-project-seeks-to-let-select-fish-go-from-northern-michigan-river-traverse-city-to-great-lakes/75360093007/>

2. City Commission Won't Take Up TIF Extension Until After Election (The Ticker, 07 October 2024): <https://www.traverseticker.com/news/city-commission-wont-take-up-tif-extension-until-after-election/>

3. Traverse City accepts \$1 million grant for Union Street Dam demolition (UpNorthLive, 08 October 2024): <https://upnorthlive.com/news/local/traverse-city-accepts-1-million-grant-for-union-street-dam-demolition>

4. FISHPASS Update: Construction's catching up (Record Eagle, 10 October 2024): [https://www.record-eagle.com/news/local\\_news/fishpass-update-constructions-catching-up/article\\_74722d94-859f-11ef-83b3-5f5d56469c00.html](https://www.record-eagle.com/news/local_news/fishpass-update-constructions-catching-up/article_74722d94-859f-11ef-83b3-5f5d56469c00.html)

5. 17th Annual Freshwater Summit to discuss Great Lakes challenges, opportunities (9&10 News, 17 October 2024): <https://www.9and10news.com/2024/10/17/17th-annual-freshwater-summit-to-discuss-great-lakes-challenges-opportunities/>



# PUBLIC SAFETY

## Plan Ahead for Any Emergency

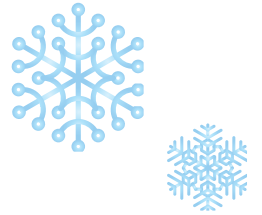
Did you know that you can sign up on your county's website to receive emergency alerts? These alerts keep you informed about emergencies in your area.

Smart911 is a convenient method to get emergency alerts, as well as assistance from police, fire, and EMS during emergencies. While different counties may have varying alert systems, you can still receive notifications by signing up for the alert system specific to your location.

**Check the list of counties below that have websites where you can sign up to receive emergency alerts:**

- GTB Emergency Alert Sign Up (*Regroup*): [https://bit.ly/GTB\\_TM\\_Regroup](https://bit.ly/GTB_TM_Regroup)
- Antrim County – Emergency Alert Sign Up (*Smart911*): [https://bit.ly/Smart911\\_Antrim](https://bit.ly/Smart911_Antrim)
- Benzie County – Emergency Alert Sign Up (*Code Red*): [https://bit.ly/CodeRed\\_Benzie](https://bit.ly/CodeRed_Benzie)
- Charlevoix County – Emergency Alert Sign Up (*BeAlert*): [https://bit.ly/Smart911\\_BeAlert](https://bit.ly/Smart911_BeAlert)
- Grand Traverse County – Emergency Alert Sign Up (*Code Red*): [https://bit.ly/CodeRed\\_GT](https://bit.ly/CodeRed_GT)
- Leelanau County – Emergency Alert Sign Up (*Smart911*): [https://bit.ly/Smart911\\_LC](https://bit.ly/Smart911_LC)
- Manistee County – Emergency Alert Sign Up (*Code Red*): [https://bit.ly/CodeRed\\_Manistee](https://bit.ly/CodeRed_Manistee)

VISIT [www.michigan.gov/mirready](http://www.michigan.gov/mirready) to access Emergency Preparedness tips for all weather conditions.



## Protect People, Pets, Pipes, & Plants From Cold Weather



### People

- Minimize time outdoors
- Prepare for power outages
- Check on elderly & other vulnerable people to make sure they're ok



### Pets

- Keep your pets warm, dry & indoors as much as possible
- Ensure their food & water doesn't freeze
- Limit outside time & keep them bundled up



### Pipes

- Insulate pipes if possible
- Open up sink cabinets to expose pipes to heated air
- Disconnect hoses & turn off water to sprinkles



### Plants

- Know their temperature thresholds
- If possible, cover them before the cold weather sets in to help retain some heat.

## Pet Safety During the Winter Season

It's important to prepare for winter, not just for yourself but also for your family and pets. Winter weather can pose risks such as power outages, frostbite, snow squalls, high winds, and hypothermia.

Before winter conditions arrive, make your plans now. The MIRReady.gov website provides a helpful list of items to assist you in preparing.

### EMERGENCY SUPPLY KIT FOR YOUR PET

- Before a winter storm, create an emergency supply kit for your pet that includes:
- Leash and collar
- Transport carrier
- Food and water (*5-7 day supply*)
- Any medications
- Vaccination history and rabies certificate
- Waste disposal supplies
- A blanket
- A favorite toy
- Your veterinarian's contact information
- Special supplies for smaller pets, such as heat lamps for birds or reptiles
- Ensure pets are current on all vaccinations.

### EVACUATION PLAN

- Develop an evacuation plan for your pets. Due to public health reasons, many evacuation shelters may not accept pets.
- Identify pet-friendly locations in case you need to evacuate. Websites like [petswelcome.com](http://petswelcome.com) can help you find

suitable accommodations.

- Check with boarding facilities, pet-friendly hotels, veterinary clinics, or friends and family outside the impacted area.

### IDENTIFICATION

- All pets should have identification, such as a collar with a tag and a microchip.
- Take a photo of your pet and keep it with their medical records.
- Include proof of ownership documents like registration, proof of purchase, adoption records, and microchip information.

### DURING A WINTER STORM

- Bring your pets inside immediately.
- Avoid leaving pets behind. If there is no other option, leave them loose inside your home with food and plenty of water.
- Never leave your pet chained outside or in a confined space where they cannot escape danger.

### AFTER A WINTER STORM

- Be aware that a pet's behavior may change before, during, and after a disaster. Familiar scents and landmarks may be altered, causing confusion for your pet. Leash your pets when they go outside for the first few days after the disaster, and maintain close contact.
- Gradually reintroduce food in small servings, especially if your pets have gone without food for an extended

period.

### WINTER-RELATED ILLNESSES

- Prolonged exposure to low temperatures, wind, or moisture can cause cold-related illnesses in pets. Seek veterinary care immediately if these conditions are suspected.

### ANTIFREEZE

- Ingesting antifreeze can be fatal for dogs and cats. Clean up any spills immediately.

### FROSTBITE

- Signs of frostbite may not be obvious at first. Look for a white, waxy, or pale appearance on extremities (*toes, nose, ears, tail*), cold skin, and loss of feeling. Pets are particularly vulnerable to frostbite on their ears, tails, and paws.

### HYPOTHERMIA

- Hypothermia occurs when the core body temperature drops too low, impairing normal muscle and brain function. Signs of hypothermia include extreme shivering, slow shallow breathing, pale or blue gums, and unresponsiveness. Warm your pet slowly, focusing first on the body core rather than the extremities. Provide warm broth or food instead of hot drinks.

If you cannot bring your pet inside, ensure they have adequate shelter to stay warm. Pets that live outdoors will require more food in winter to generate the extra calories needed to maintain their warmth.





# FIRE & RESCUE



## Bright Lights & Safe Nights: Fire Safety Tips for the GTB Community

To: Grand Traverse Band Community Members  
From: Garrett Fairchild, GTB Fire Chief  
Date: 12/01/2024

Dear Grand Traverse Band Community Members,

The holiday season is a time of joy, celebration, and cherished traditions. However, it's also a season that brings unique fire hazards into our homes and communities. As your Fire Chief, I want to share some important fire safety tips to ensure you, and your loved ones have a safe and Merry Christmas.

### HOLIDAY FIRE SAFETY TIPS

#### 1. Christmas Trees

- If you choose a real tree, ensure it is fresh and well watered to prevent it from drying out and becoming a fire hazard.
- Keep your tree at least three feet away from heat sources such as fireplaces, radiators, and space heaters.
- Check and turn off Christmas tree lights before leaving your home or going to bed.

#### 2. Holiday Lights and Decorations

- Inspect all lights for frayed wires, broken sockets, or excessive wear before use. Replace damaged items immediately.
- Use only lights and decorations approved by a recognized testing laboratory and be sure they are rated for indoor or outdoor use as needed.
- Avoid overloading electrical outlets and circuits, which can cause overheating.

#### 3. Candle Safety

- Consider using flameless candles, which provide the ambiance of real candles without the fire risk.
- If you use traditional candles, place them on stable surfaces, away from flammable materials, and never leave them unattended.

#### 4. Kitchen Safety

- Stay in the kitchen while cooking to prevent unattended stovetops or ovens from causing fires.
- Keep flammable items, like oven mitts or wooden utensils, away from open flames or heating elements.

#### 5. Smoke Alarms and Emergency Plans

- Test your smoke alarms and replace batteries if necessary.
- Ensure your family knows the fire escape plan, with at least two ways out of every room.

The holiday season is a time to create wonderful memories, and we want those memories to be safe ones. By following these simple precautions, you can help protect your home and loved ones from fire hazards.

If you have any questions about fire safety or would like assistance checking your smoke alarms, please do not hesitate to contact the GTB Fire Department at 231-534-7666.

Wishing you a safe, warm, and joyous Christmas!

Best regards,

*Garrett A Fairchild*

**Garrett A. Fairchild**  
Fire Chief  
A-EMT/IC, CFI, PEM, BS



Winter has arrived in Northern Michigan, bringing freezing temperatures and heavy snowfall. The Grand Traverse Band Fire Department encourages everyone to stay warm while keeping safety in mind. Follow these essential tips to ensure a safe and cozy season for your household.

### SAFE HEATING PRACTICES

Home heating is essential in cold weather, but improper use of heating equipment can be dangerous. Keep these precautions in mind:

- Space Heaters: Use space heaters with automatic shut-off features, and place them on stable surfaces, away from anything flammable. Always turn them off when unattended.
- Fireplaces and Wood Stoves: Clean chimneys and stove pipes annually to prevent buildup. Use fire-resistant mats under stoves and a protective screen in front of fireplaces.
- Furnaces: Schedule an annual inspection to ensure your furnace is in good working order.

### LAYER UP FOR WARMTH

Simple measures like layering clothing and using warm bedding can make a big difference:

- Dress in thermal layers, socks, and sweaters to stay comfortable indoors.
- Use thick curtains to retain heat and close doors to unused rooms.
- Add extra blankets or quilts to beds to stay warm overnight.

### CARBON MONOXIDE AWARENESS

Carbon monoxide (CO) is a silent, odorless danger during winter months. Protect your household with these steps:

- Install CO detectors in sleeping areas and check their batteries regularly.
- Never use outdoor appliances like grills or generators indoors.
- Ensure proper ventilation for all fuel-burning devices.
- Prepare for Power Outages
- Winter storms can knock out power, making preparedness essential:
- Have a supply of flashlights, extra batteries, and warm blankets.
- Keep non-perishable food and bottled water on hand.
- If using portable generators, position them at least 20 feet from your home and away from windows.

### WE'RE HERE TO HELP

The Grand Traverse Band Fire Department is always ready to assist the community. If you have questions about heating safety or need support, don't hesitate to reach out. Together, we can keep our homes warm and safe all winter long.



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100 Employment

Government Operations

AFS Victims Shelter Coordinator (FT)

Associate's Degree in Social Work, Sociology, Psychology, Family Studies, or related field, or a min. of (3) years' direct management experience in an emergency shelter, group home, crisis intervention, or homeless shelter services required. A min. of (2) yrs experience as a professional/paraprofessional experience in prevention and the provision of services to survivors of domestic violence, sexual assault, stalking, dating violence & victims of crime required. A min. of (1) yr experience of case management required. Must have a valid unrestricted Driver's License & be insurable by the GTB insurance carrier. -\$47,987/yr 8.8.23- until filled

Behavioral Health Supervisor (FT)

Master's Degree in Psychology, Counseling, Social Work, Psychiatric Nursing, or related field required. State of Michigan full Licensure required. Min. of 4yrs experience providing substance abuse and/or mental health counseling of high risk populations including mental health, substance abuse and addictive disorders, and/or prevention/community education services required. Min. of 3yrs experience in a supervisory position required. Certified Advanced Alcohol & Drug Counselor (CAADC), or ability to obtain within 1yr. Must have a valid unrestricted driver license & be insurable by the GTB insurance carrier. -\$76,174/yr DOE - until filled

Benefits Coordinator - PRC (FT)

Associate's Degree in Business Administration, Social Work, Health Administration or related field required. Must have direct experience and demonstrated proficiency working with Medicare Part A, B & D, Medicaid, SSI, VA, and other medical billing. Must have a valid unrestricted driver license & be insurable by the GTB insurance carrier. -\$47,987/yr - until filled

Dental Hygienist (FT)

Associates Degree in Dental Hygiene and Licensure in State of Michigan.(24) hrs of biennial continuing education including four hours' HIV-AIDS & (3) hrs CPR training. Competence in operation of standard dental equipment: cavatron, prophjet, X-ray, radiograph processor, panelipse, dental chair & unit, sterilizers, hand scalers, and currettes. At least (1) yr of experience as a full time dental hygienist preferred. -\$36.62/hr - until filled

EHS Education & Family Services Coordinator (FT)

Must have a BA in Human Services or Social Work field. Must have experience in a supervisory position, with strong team leadership skills. One to three years experience in working in an Early Head Start and/or Head Start program preferred. Previous experience in the field, with skills in classroom

management, and curriculum planning. Must obtain CPR/First Aid certification. - \$ 4 3 , 7 5 0 / y r 9.21.22- until filled

EHS/HS Bus & Classroom Aide (PT)

Must have High School diploma or GED. Must be able to effectively communicate with children & adults in an appropriate manner. Must be willing to obtain a CPR/First Aid certification. Ability to observe & evaluate children in a non-biased manner. Must be willing to & as well as obtain a CDA within first (2) yrs. of hire. -\$16.17/hr - until filled

EHS/HS Health & Disabilities Coordinator (FT)

Bachelor's Degree with strong emphasis in Health, Social Services, Psychology or Early Childhood Education. 1-3 yrs. experience preferred. Advanced knowledge of applicable law, regulations, rules & procedures of the Head Start/Early Head Start program. Must maintain current CPR/First Aid Certification -\$43,750/yr - until filled

(2) EHS/HS Home Visitor (FT)

An Associates Degree in Early Childhood Education required. A Bachelor's Degree & (1) yr of direct experience preferred. (3) yrs. of directly related experience. -\$19.52/hr - until filled

Facilities Maintenance I (FT)

High School diploma or GED. Must have at least three to (5) yrs experience in commercial building maintenance. Must have carpentry, plumbing & electrical repair experience. Must have knowledge of safety procedures & safety equipment recommended for use during the course of duty. Must pass test with 85% or better, practical test 100%. -\$17.29/hr - until filled

Head Start Teacher (FT)

Associates Degree, with a Child Development Certification, with emphasis in early childhood development, Bachelor's Degree preferred. Previous experience preferred with skills in classroom management & curriculum planning. Must maintain current CPR/First Aid certification. Must be proficient in the use of computers & programs such as word processing. Able to develop & implement short & long term educational goals. Good observational skills & ability to summarize observed learning/social behaviors in children. -\$19.52/hr - until filled

Housing Utility Worker (FT)

High School Diploma or GED preferred. Must have some housekeeping experience. Must have a valid Michigan Driver's License and be insurable by the GTB insurance carrier. -\$16.17/hr - until filled

HS Bus & Classroom Aide (PT)

Must have High School diploma or GED. Must be able to effectively communicate with children & adults in an appropriate manner. Must be willing to obtain a CPR/First

Aid certification. Ability to observe and evaluate children in a non-biased manner. Must be willing to & as well as obtain a CDA within 1st 2yrs of hire. -\$16.17/hr - until filled

Law Enforcement Specialist/Program Director (FT)

Associate's Degree in Office Management or related area and four years of administration and secretarial experience required. A combination of education and work experience in the criminal justice field, sex offender management or closely related criminal justice field working with database information sharing implementation. Must have experience with SORNA Code, management and requirements to maintain SORNA compliancy requirements. Must have experience with assisting victims of crime. Must have a valid unrestricted driver license & be insurable by the GTB insurance carrier. -\$43,188/yr - until filled

On-Call Receptionist - Charlevoix (ON-CALL)

Must have High School Diploma or GED equivalent. Prefer (1) yr experience in office management. Must have basic math skills & written skills. -\$14.22/hr - until filled

Police Officer COPS (FT)

Must be at least 21 Years of Age at the time of hire High School diploma required, Associates Degree preferred in law enforcement, criminal justice, corrections or related field. (1) yr. prior experience working in a law enforcement setting preferred. Must be certified or certifiable by Michigan Commission on Law Enforcement Standards Certification (MCOLES) required. Must obtain & maintain a BIA (Special Law Enforcement Commission) Must become LEIN certified Must complete Field Training Officer (FTO) Program for continuation of employment. Must be thoroughly familiar with all applicable policies & procedures, Federal Regulations, GTB Tribal Police Department Policies & Procedures, Tribal and State Criminal Codes, Children's Code, Tribal Constitution, Michigan Motor Vehicle, GTB Personnel Policy, Police Department Organic Resolution & Code, & all other applicable rules, regulations and statutes. -\$27.24/hr - until filled

Student Support Advisor - Charlevoix/Antrim (FT)

Associates Degree is required in social work, education, counseling, or related field\* Must have a valid unrestricted Driver's license & be insurable by the GTB insurance carrier. Must have a valid Chauffeur Driver's License. A min.of (3) yrs. experience working with Native American youths. Must maintain current CPR/First Aid certification. - \$ 1 9 . 5 2 / h r 10.25.22- until filled

Teacher (FT)

Must have a Bachelor's Degree and a valid Michigan Secondary Certificate. Must have one year min. of teaching experience working with students.

Must have a valid unrestricted Driver's license & be insurable by the GTB insurance carrier. Must be able to attain and have a valid Chauffeur driver license. Must be able to attain and maintain current CPR/First Aid certification.. -\$43,750/yr - until filled

Utility Worker 2nd Shift (FT)

High school diploma or GED is preferred. Knowledge of safety procedures and safety equipment recommended for use during the course of duty. Must have good work habits, i.e., punctuality, and low absenteeism. -\$16.17/hr - until filled

Victims Shelter Assistant (FT)

Associates Degree in Social Work or a related field (Bachelor's Degree preferred). 1-year of case management experience. Successful work or volunteer experience in a human service setting preferred. 1-year or more years direct service experience in an emergency shelter or homeless service. 1-2 years of professional/paraprofessional experience in prevention and the provision of service to survivors of domestic violence, sexual assault, stalking, dating violence and victims of crime. Multicultural awareness. Must have a valid unrestricted Driver's License and be insurable by the GTB insurance carrier. -\$21.75/hr - until filled

RFP - Corrective Exercise Instructor

The Bidder, through its written proposal, provide evidence of ability and experience to undertake the specified objectives/duties in this Request for Proposal. -\$RFP - until filled

RFP - Dental Hygienist (PT) Contractual 2024

Hygienist provider for patients in all age groups. The contract is for as-needed services when the staff Hygienist is unavailable. Hygienist will be paid for patient cancellations and GTB closure days (excludes Holidays). Commitment for (3) yrs. to the position. Must be a Licensed Hygienist in Michigan to include a CPR license. Liability insurance is required. -\$RFP - until filled

RFP - Personal Trainer 2024-2025

Requesting bid proposals from companies or adult individuals for a Certified Personal Trainer position at the Strongheart Civic Center in Leelanau County. -\$RFP - until filled

RFP - Snow Removal and Lawn Maintenance 2024

Lawn maintenance for sidewalks and common areas by site. Snow removal for sidewalks. Liability insurance is required. -\$RFP - until filled

RFP - Survivor Legal Aid Attorney

All applicants must be State of Michigan bar licensed attorneys in good standing. All applicants should have experience with GTB Tribal laws, Indian Child Welfare Act (ICWA), Custody, Personal

Protection Orders, Divorce, and the State of Michigan Laws, as well as be willing to apply and gain admission in The Grand Traverse Band Tribal Court if not already. -\$RFP - until filled

RFP - Yoga Instructor 2024-2025

GTB is looking to contract yoga instructor(s) for Leelanau County to lead yoga/meditation courses. Yoga classes will be one (1) hour sessions, held once a week at the Strongheart Civic Center. The contract will run from November 2024 through May 2025. -\$RFP - until filled

RFP - Serenity Ranch, LLC

Serenity Ranch, LLC is seeking proposals from qualified grant writers to assist in securing funding for our non-profit organization. The selected individual will be responsible for researching potential grant opportunities, developing grant proposals, & submitting applications on behalf of Serenity Ranch. Interested parties should submit a proposal outlining their experience, qualifications, and proposed approach to securing grants for our organization. Please submit proposals to [info@serenityranchllc.com](mailto:info@serenityranchllc.com) We look forward to partnering with a skilled grant writer to help further our mission at Serenity Ranch, LLC. . -\$RFP - until filled

120 Announcements

(2) VACANCY ON THE COMPENSATION COMMITTEE

(1) two-year term appointed by Tribal Council ending on November 16, 2024 and (1) two-year term appointed by Tribal Council ending on January 18, 2025. Submit letters of interest to [Amanda.golden@gtb-nsn.gov](mailto:Amanda.golden@gtb-nsn.gov)

ADDRESS UPDATE REQUIRED

Tribal members who have submitted applications for General Welfare Assistance and whose addresses do not correspond with those recorded in their membership files are required to update their addresses with the Membership Department in order to receive their payment. The identified Tribal Members are requested to contact Monique Clifford in the Membership Department at (231) 534-7670.

- ALAN NEWSTEAD
- JESSICA JOHN
- NICHOLAS NAPONT
- KACHINA CARPENTER
- ALAINA SKOP
- SATORI SHOMIN
- JAMIE GORMAN
- BRANDON BENZING
- NOAH ANTOINE
- FERNANDA CHIPPEWA

Elk Rapids Elks 2024, 7th & 8th grade, football team!

Sending a huge shout out to the Elk Rapids Elks 2024, 7th & 8th grade, football team! The Elks had a great season and went undefeated for the second year in a row! Making this winning season even more special, the team included four Native players and one Native coach! Congratulations to the awesome GTB Tribal Members; Sammy Sanchez #70, Daizon Pitawanakwat #11, and Waseya Barrientoz

#72, and the mighty Cheyenne Arapaho; Anthony White Crow #4!! But wait, we can't forget to share some love with their new assistant coach, and radio box game broadcaster, Martin "Dale" Pitawanakwat another GTB Tribal Member who joined the coaching staff this year. His coaching skills were genuine and inspirational to all the athletes.



150 Bereavement

Tracy Patrick Wabanimkee  
 GTB Tribal Elder  
 Milwaukee, WI  
 9/15/1960 – 11/1/2024  
 Respectfully Acknowledging Our Loss



Sharon Lee Edgington  
 GTB Tribal Elder  
 Grawn, MI  
 7/3/1951 – 11/1/2024  
 Respectfully Acknowledging Our Loss



Ka-Gagi-Jingwak Shomin  
 GTB Tribal Member  
 Traverse City, MI  
 12/1/1990 – 11/7/2024  
 Respectfully Acknowledging Our Loss



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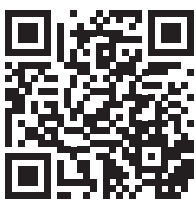
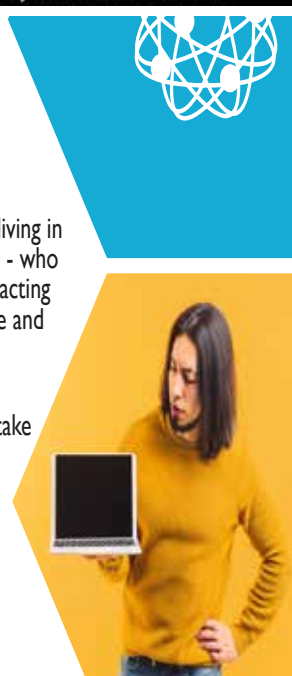
## PETER OLSON SCHOLARSHIP

The Peter Olson Scholarship is available to any Native American living in the Diocese of Gaylord - Peshawbestown, Petoskey, and Manistee - who is in college or graduate school. Applications are available by contacting Sister Susan Gardner, Director of the Native American Apostolate and Director Parish Life of St. Kateri Parish.

The applications will be presented to the board in January. They decide the amount of money each applicant will receive. Checks take about two weeks to process.

**Applications MUST be returned to Sister Susan by January 10, 2025**

**CALL 231-271-6651**



Grand Traverse Band News

Submissions due by the 3rd Friday each month

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[Victoria.Alfonseca@gtb-nsn.gov](mailto:Victoria.Alfonseca@gtb-nsn.gov)

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**CHANGE OF ADDRESS FOR THE NEWSPAPER MUST BE DONE THROUGH THE MEMBERSHIP OFFICE.**

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