Native Center for Behavioral Health

In response to the Robb Elementary School shooting in Uvalde, Texas, the Native Center for Behavioral Health (consisting of the National American Indian & Alaska Native ATTC, NAIAN MHTTC, NAIAN PTTC, and NAIAN Child Trauma TSA) offers these resources for educators, counselors, and others to assist children, families, and communities navigate the complex emotional reactions that frequently occur in the wake of such a tragedy.

The resources listed here are from the Native Center for Behavioral Health, our partners, and professional organizations.

From the U.S. Department of Health and Human Services:

Today, agencies across the U.S. Department of Health and Human Services (HHS) issued a joint letter to states, tribes, and jurisdictions encouraging them to prioritize and maximize their efforts to strengthen children's mental health and well-being. The letter, signed by leaders of the Health Resources and Services Administration (HRSA), the Substance Abuse and Mental Health Services Administration (SAMHSA), the Centers for Medicare & Medicaid Services (CMS), the Centers for Disease Control and Prevention (CDC), the Administration for Children and Families (ACF), and the Administration for Community Living (ACL), outlines HHS' plans to support and facilitate state-level coordination across federal funding streams to advance and expand mental health services for children. Read more.

From the National Child Traumatic Stress Network:

Talking to Children about the Shooting

Tips for Talking to Students about Violence

Helping School-Age Children with Traumatic Grief: Tips for Caregivers

After a Crisis: Helping Young Children Heal

Age-Related Reactions to a Traumatic Event

Assisting Parents/Caregivers in Coping with Collective Traumas

Addressing Race and Trauma in the Classroom: A Resource for Educators

Parent Guidelines for Helping Youth after Mass Violence

Talking to Children about Mass Violence

From the National Association of School Psychologists:

Talking to Children About Violence: Tips for Parents and Teachers

General trauma resources for Native populations:

Trauma and Suicide Among Native Youth

How Trauma Gets Passed Down through Generations

<u>Trauma, Adverse Childhood Experiences, and Their Impacts on the Health and Wellbeing of American Indian and Alaska Native People</u>