

MICHIGAN TOBACCO QUITLINE

FREE NICOTINE REPLACEMENT CAMPAIGN

through September 30, 2019

Thinking of quitting tobacco? or Ready to quit tobacco?

Quit tobacco your way. Choices are available!

Now through September 30, the Michigan Tobacco Quitline is offering **up to 8 weeks** of **FREE** quit medications to **new** enrollees. Previous enrollees could receive additional quit medication products.

You can choose nicotine patches, gum or lozenges.

You can also choose the coaching program that is best for you by enrolling in the telephone program or online coaching program. Private texts and email support are additional options.

Call 1-800-QUIT-NOW (784-8669)

or visit online at the Michigan Tobacco Quitline Website:

<https://michigan.quitlogix.org/en-US/Enroll-Now>

The Michigan Tobacco Quitline is a **free** program that can increase your chance of success. Their team of friendly coaches can help you make a plan that is right for you. They are there to help 24 hours a day.