

## **BEHAVIORAL HEALTH REFERRAL RESOURCES**

### **Grand Traverse Band Behavioral Health**

(231) 534-7090

### **Pine Rest**

1-800-678-5500

### **Northwest Michigan Health Services**

**(must be a new or existing medical patient with NMHS prior to a Behavioral Health referral)**

(231) 947-0351

### **Traverse Health Clinic**

(231) 935-0799

### **Northern Michigan Regional Entity (Access Services; referral to residential treatment)**

1-800-834-3393

### **Northern Lakes Community Mental Health**

(Leelanau, Grand Traverse, Wexford, Missaukee, Crawford, Roscommon Counties)

1-800-492-5742

### **Centra Wellness**

(Manistee, Benzie Counties)

1-877-398-2013

### **Child and Family Services of Northwest Michigan**

(231) 946-8975

Youth Services Crisis Line 1-800-442-7315

### **Munson Behavioral Health**

(231) 935-6382 or (800) 662-6766 (Traverse City)

(231) 547-8860 (Charlevoix and Boyne City)

## **SCHOOL-BASED SERVICES**

### **Youth Health and Wellness Center**

TBAISD Career-Tech Center

880 Parsons Road

Traverse City MI, 49686

Phone: 231-922-6416

Fax: 231-922-6472

[yhwc@grandtraverse.org](mailto:yhwc@grandtraverse.org)

**K-Town Youth Health**

112 S Brownson Avenue  
Kingsley, MI 49649  
Phone: 231-263-5895  
Fax: 231-263-5800

**Central High School Social Worker**

Jesse Kilpatrick (231) 933-6545

**East Middle School Social Workers**

Sara Sovis (231) 933-7314

Rachel Trumbull (231) 933-8990

**West Middle School Social Worker**

Mary Wright (231) 933-5693

**Sutton's Bay School Social Worker**

(231) 271-8600 ext 120

[zimpfera@suttonsbayschools.com](mailto:zimpfera@suttonsbayschools.com)

**PRIVATE PRACTICE COUNSELING****Kid's Creek Family Counseling**

(231) 276-1999

**Mental Wellness Counseling**

(231) 714-0282

**Lakeview Counseling**

(231) 929-0300

**Great Lakes Psychology Group**

(517) 234-3627

**Illuminate My Life Counseling**

(231) 570-0627

**CRISIS RESOURCES****Northern Lakes 24-hour crisis line**

1-833-295-0616

**National Suicide Prevention Lifeline**

1-800-273-TALK or

Text HELLO to 741741

**StrongHearts Native Helpline**

1-844-7NATIVE

**Trevor Project (LGBTQ Youth)**

1-866-488-7386 or

Text: TREVOR to 1-202-304-1200

**Crisis Line for Racial Equity Support (Monday -Friday 9-5)**

1-503-575-3764

**SAMHSA Treatment Helpline (8am- 8pm)**

1-877-726-4727

**Indian Country Child Trauma Center**

405-271-8858

**Residential School Crisis Line**

1-866-925-4419