



**American Red Cross**  
Training Services

**American College of  
Emergency Physicians®**  
ADVANCING EMERGENCY CARE



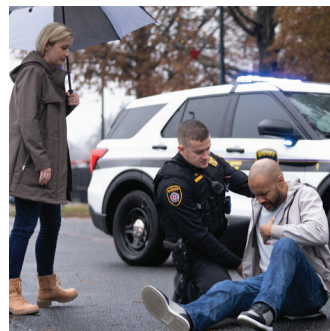
# Until Help Arrives

A co-worker collapses from sudden cardiac arrest. A child chokes. A spouse cuts their leg on a sharp object. A student is unresponsive due to an overdose.

Life-threatening emergencies happen every day yet according to a recent national poll\* from the American College of Emergency Physicians (ACEP) and Morning Consult, only 1 in 2 people feel prepared to act when moments matter.

**Simple actions can save lives.**

**Learn how to be the help until help arrives.**



\*Morning Consult conducted this poll on behalf of ACEP on December 22-December 25, 2022 among a national sample of 2,199 adults.



## Until Help Arrives

Bystanders can be a critical lifeline until professional responders arrive on scene. Give your students or workers the confidence to be the help, until help arrives.

Developed in collaboration with ACEP, Until Help Arrives is an abbreviated 95 minute, non-certification course\* that provides basic information from emergency physicians and medical experts on the essential steps to take if faced with a life-threatening emergency. These actions can help sustain — or even save — a life until professional responders arrive.

\*If certification is required to meet workplace or other regulatory requirements, it is recommended you enroll in an Instructor Led or Blended Learning FA/CPR/AED course

## Nearly Half of U.S. Adults are Unprepared to Help in a Medical Emergency

### ONLY...

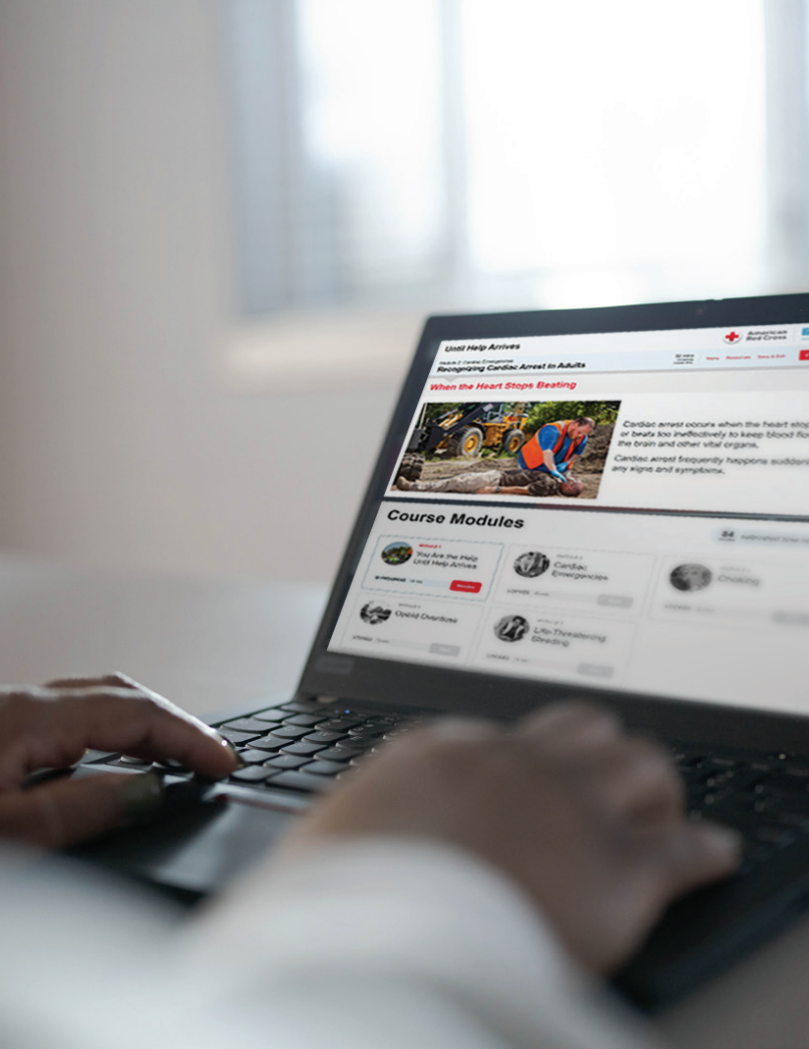
**55%** of adults feel prepared to perform hands only CPR

**46%** feel prepared to control severe bleeding

**47%** feel prepared to move a victim to safety

**29%** feel prepared to use an AED





## Respond with Confidence

In this course, you will learn how to:

**Perform effective CPR:** Learn hands only CPR (no breaths) to sustain or save a life

**Understand AED basics:** Gain knowledge on where to find and how to use an AED

**Identify and treat a choking incident:** Quickly recognize a choking situation and learn what you can do to help

**Treat life-threatening bleeding:** Learn how to use pressure to stop bleeding and how to use a tourniquet

**Respond to an overdose:** Understand how to administer naloxone in an opioid overdose

## A Collaborative Initiative

Given a shared vision and commitment to educate and empower bystanders to act when moments matter, the American Red Cross and the American College of Emergency Physicians (ACEP) are proud to offer Until Help Arrives.

As a part of our lifesaving mission, this course is designed to educate millions of potential lifesavers with basic, easy-to-remember steps, empowering them to be the help —

**Until Help Arrives**



**American Red Cross**  
Training Services



**American College of  
Emergency Physicians®**

ADVANCING EMERGENCY CARE 



Give your students or workers the knowledge to take action and provide lifesaving care when they are the first on the scene during an emergency.

**Contact us to learn more.**



**American Red Cross**  
Training Services

 **American College of  
Emergency Physicians®**  
*ADVANCING EMERGENCY CARE* 