

GTB NEWS



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https://bit.ly/GTB_NEWS

February 2024
Mkwa Giizis (Bear Moon)



Motions & Attendance
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COMMEMORATE THE AWE-INSPIRING MAGIC OF THE ANISHNAABEG WINTER GAMES & MAAWNJIDOWIN FESTIVAL

REVISIT THE JOY AND LAUGHTER CAPTURED (MORE PHOTOS ON PAGE 18 & 19)



PRE-SORT STANDARD
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Tribal Council Regular Session January 17, 2024 http://bit.ly/GTB_Member

II. New Business. A- **2nd Half 2023 2% Cycle Distribution of \$813,546.66** 1. Motion made by Tribal Council Member Napont and Supported by Tribal Council Secretary Marshall to approve the 2% distribution in the amount of \$813,546.66. **5-FOR; 0-AGAINST; 0-ABSENT; 1-ABSTAINING (Kewaygoshkum) Motion Carries** 2. Motion made by Tribal Council Secretary Marshall and Supported by Tribal Council Member Rohl to approve the press release. **5-FOR; 0-AGAINST; 0-ABSENT; 1-ABSTAINING (Kewaygoshkum) Motion Carries**

II. New Business. B- **FY24 Peshawbestown Snowplowing** Motion made by Tribal Council Member Napont and Supported by Tribal Council Member Rohl to approve the Fiscal Year 2024 Peshawbestown snowplowing contract with Kal Excavating. **5-FOR; 0-AGAINST; 0-ABSENT; 1-ABSTAINING (Kewaygoshkum) Motion Carries**

II. New Business. C- **401k Fund Change** Motion made by Tribal Council Member Rohl and Supported by Tribal Council Member Frankenberger for approval to replace Delaware Small Cap Value A with Colombia Small Cap Value A, and to replace Goldman Sachs Infl Protected Secs A with Blackrock Inflation Protected Bond Investment A. **4-FOR; 0-AGAINST; 1-ABSENT (Marshall); 1-ABSTAINING (Kewaygoshkum) Motion Carries**

II. New Business. D- **Letter to Delegation re: Rohrabacher-Farr Amendment** Motion made by Tribal Council Member Rohl and Supported by Tribal Council Secretary Marshall to approve signature of Chairman on the letter to be sent to the Michigan delegation. **5-FOR; 0-AGAINST; 0-ABSENT; 1-ABSTAINING (Kewaygoshkum) Motion Carries**

II. New Business. E- **Ratification of Tribal Chairman's Signature on ITC Support Letter** Motion made by Tribal Council Treasurer Swallows and Supported by Tribal Council Secretary Marshall to ratify Chairman Arroyo's signature on the letter sent to the ITC. **5-FOR; 0-AGAINST; 0-ABSENT; 1-ABSTAINING (Kewaygoshkum) Motion Carries**

Motion made by Tribal Council Secretary Marshall and Supported by Tribal Council Treasurer Swallows to authorize John Petoskey to apply to the IRS for tax credits. **5-FOR; 0-AGAINST; 0-ABSENT; 1-ABSTAINING (Kewaygoshkum) Motion Carries**

II. New Business. F- **ITCMI Tribal Opioid Response 3 (SOR3) Grant Funding Modification** Information only; **No Motion**

II. New Business. G- **GTB Tribal Opioid Settlement Funds Distribution Request- Peer Recovery Academy Training** Motion made by Tribal Council Member Napont and Supported by Tribal Council Member Frankenberger for approval of a distribution from the Tribal Opioid Settlement Funds up to the amount of \$32,793 for Peer Recovery Academy Training to be held in April 2024. **5-FOR; 0-AGAINST; 0-ABSENT; 1-ABSTAINING (Kewaygoshkum) Motion Carries**

II. New Business. H- **BIA Residential Lease (C. Hopps)- Resolution #24-42.3626** Motion made by Tribal Council Member Rohl and Supported by Tribal Council Member Napont to approve Resolution #24-42.3626. **4-FOR; 0-AGAINST; 1-ABSENT (Frankenberger); 1-ABSTAINING (Kewaygoshkum) Motion Carries**

II. New Business. I- **Expanding the Public Health Workforce within the Aging Network for Tribes** Motion made by Tribal Council Treasurer Swallows and Supported by Tribal Council Member Napont to approve Resolution #24-42.3623 to accept \$80,000 from the Department of Health and Human Services for the Expanding the Public Health Workforce

within the Aging Network for Tribes. **4-FOR; 0-AGAINST; 1-ABSENT (Frankenberger); 1-ABSTAINING (Kewaygoshkum) Motion Carries**

II. New Business. J- **Rescind Resolution #22-40.3509, Title 18 Amendments, GC Regulations** 1. Motion made by Tribal Council Member Napont and Supported by Tribal Council Member Frankenberger to rescind Resolution #22-40.3509 and the Motion approving the GTB Gaming Commission Regulations from October 25, 2023. **4-FOR; 1-AGAINST (Rohl); 0-ABSENT; 1-ABSTAINING (Kewaygoshkum) Motion Carries** 2. Motion made by Tribal Council Member Frankenberger and Supported by Tribal Council Member Napont to rescind the Motion approving the Title 18 Amendments from October 25, 2023. **4-FOR; 1-AGAINST (Rohl); 0-ABSENT; 1-ABSTAINING (Kewaygoshkum) Motion Carries**

II. New Business. K- **OVY Fiscal Year 2024 Special Tribal Criminal Jurisdiction Reimbursement Program** Motion made by Tribal Council Member Frankenberger and Supported by Tribal Council Secretary Marshall to approve Resolution #24-42.3625 for funding in the amount of up to \$66,850 from the Department of Justice Office on Violence Against Women for the OVV Fiscal Year 2024 Special Tribal Criminal Jurisdiction Reimbursement Program. **5-FOR; 0-AGAINST; 0-ABSENT; 1-ABSTAINING (Kewaygoshkum) Motion Carries**

II. New Business. L- **White House Request for Recommendations for IAIA Board Members** Information only; **No Motion**

Tribal Council Special Session January 24, 2024 http://bit.ly/GTB_Member

II. Unfinished Business. A- **NOAA Grant Funds Placement into Fishers Trust Fund** Motion made by Tribal Council Member Frankenberger and Supported by Tribal Council Member Napont to put the NOAA funding grant received in 2021 into the Fisheries Trust Fund. **5-FOR; 0-AGAINST; 1-ABSENT (Rohl); 0-ABSTAINING Motion Carries**

II. Unfinished Business. B- **Rescind Remote Meeting Act for GTB Tribal Council**

Motion made by Tribal Council Vice Chair Kewaygoshkum and Supported by Tribal Council Secretary Marshall to rescind the Remote Meeting Act for GTB Tribal Council Meetings called pursuant to Article III Section 5 of the GTB Constitution. **5-FOR; 0-AGAINST; 1-ABSENT (Rohl); 0-ABSTAINING Motion Carries**

II. Unfinished Business. C- **Kewadin Indian Mission- Conveyance Resolution** Motion made by Tribal Council Secretary Marshall and Supported by Tribal Council Vice Chair Kewaygoshkum to approve Resolution #23-41.3619. **5-FOR; 0-AGAINST; 1-ABSENT (Rohl); 0-ABSTAINING Motion Carries**

II. Unfinished Business. D- **To Amend the Scope Tribal Employees Subject to Background Investigation for ICP and FVPA** Motion made by Tribal Council Treasurer Swallows and Supported by Tribal Council Secretary Marshall to approve Resolution #24-42.3635. **5-FOR; 0-AGAINST; 1-ABSENT (Rohl); 0-ABSTAINING Motion Carries**

II. Unfinished Business. E- **Authorization to Execute LIHTC #2 Closing Documents** Motion made by Tribal Council Secretary Marshall and Supported by Tribal Council Treasurer Swallows to approve Resolution #24-42.3637. **5-FOR; 0-AGAINST; 1-ABSENT (Rohl); 0-ABSTAINING Motion Carries**

III. New Business. A- **FY23 BIA-GLRI Grant Mitchell Creek Watershed Protection and Enhancement- Sub-Recipient Agreement with The Watershed Center GT Bay for Project Implementation** Motion made by Tribal Council Treasurer Swallows and Supported by Tribal Council Vice Chair Kewaygoshkum to approve the Sub-Recipient Agreement with The Watershed Center in the amount of \$60,000- funds to be provided by the FY23 BIA-GLRI Mitchell Creek Watershed Protection and Enhancement Grant award. **5-FOR; 0-AGAINST; 1-ABSENT (Rohl); 0-ABSTAINING Motion Carries**

III. New Business. B- **Contract Modification #1 GEI Consultants for Technical Engineering Services** Motion made by Tribal Council Treasurer Swallows and Supported by Tribal Council Secretary Marshall to approve the contract modification. **4-FOR; 1-AGAINST (Frankenberger); 1-ABSENT (Rohl); 0-ABSTAINING Motion Carries**

TRIBAL COUNCIL HYBRID MEETINGS

Process

1. Registration Required for both sessions!

• TCRS Registration Link:

<https://bit.ly/GTB-REG-TCRS24>

• TCSS Registration Link:

<https://bit.ly/GTB-REG-TCSS24>

2. Once registered & cross-referenced with Membership, you will receive a confirmation email with link & password to the meeting.

Questions or need assistance?

(231) 534-7008

gtbgovt.news@gtb-nsn.gov

TRIBAL COUNCIL MEETINGS RECORDED SESSIONS

Tribal Council Regular Sessions

occur at 9:30 a.m. on the **third Wednesday** of every month.

Tribal Council Special Sessions

occur at 9:30 a.m. on the **last Wednesday** of every month.

Both sessions will be held in Council Chambers.

Meetings are open to Tribal Members.

Regular Council Sessions

2/21 • 3/20 • 4/17 • 5/15

Special Council Sessions

2/28 • 3/27 • 4/24 • 5/29

We, the Tribal Council of the Grand Traverse Band of Ottawa & Chippewa Indians, a Sovereign Nation, honor to empower the wellbeing of our present and future members. Our ultimate goal is to advance our Nation into an era of increased governmental vigilance that promotes and protects our culture, sovereignty, health, education, treaty rights, natural resources and financial stability.

TRIBAL COUNCIL MOTIONS & ATTENDANCE

III. New Business. C- **ITC Healthy Start Grant Information Only; No Motion**

III. New Business. D- **Resolution for Support of Michigan Indian Legal Services Grant Application** Motion made by Tribal Council Treasurer Swallows and Supported by Tribal Council Secretary Marshall to approve Resolution #24-42.3628. **4-FOR; 0-AGAINST; 2-ABSENT (Frankenberger, Rohl); 0-ABSTAINING Motion Carries**

III. New Business. E- **Interlocal Agreement for Construction Code Services Limited Waiver** Motion made by Tribal Council Secretary Marshall and Supported by Tribal Council Treasurer Swallows to approve Resolution #24-42.3629, by a Roll Call Vote:

Vice Chair Kewaygoshkum: YES Treasurer Swallows: YES Secretary Marshall: YES Councilor Napont: NO Chairman Arroyo: YES 4-FOR; 1-AGAINST(Napont); 2-ABSENT (Frankenberger, Rohl); 0-ABSTAINING Motion Fails

III. New Business. F- **2023 Fiscal Year Closeout for IHS and BIA** 1. Motion made by Tribal Council Secretary Marshall and Supported by Tribal Council Vice Chair Kewaygoshkum to approve the IHS Fiscal Year 2023 Closeout. **5-FOR; 0-AGAINST; 1-ABSENT (Rohl); 0-ABSTAINING Motion Carries** 2. Motion made by Tribal Council Vice Chair Kewaygoshkum and Supported by Tribal Council Treasurer Swallows to approve the Fiscal Year 2023 BIA Closeout. **5-FOR; 0-AGAINST; 1-ABSENT (Rohl); 0-ABSTAINING Motion Carries**

III. New Business. G- **D.7 Human Services Job Description Edits** Motion made by Tribal Council Vice Chair Kewaygoshkum and Supported by Tribal Council Member Frankenberger to approve the Department 7 Human Services Behavioral Health job descriptions, changes, edits, and org chart as presented. **5-FOR; 0-AGAINST; 1-ABSENT (Rohl); 0-ABSTAINING Motion Carries**

III. New Business. H- **2022 Fiscal Year Closeout for RAO** Motion made by Tribal Council Treasurer Swallows and Supported by Tribal Council Secretary Marshall to close out Fiscal Year 2022 RAO. **5-FOR; 0-AGAINST; 1-ABSENT (Rohl); 0-ABSTAINING Motion Carries**

III. New Business. I- **2023 Fiscal Year Closeout for RAO & FY23 ARPA** 1. Motion made by Tribal Council Secretary Marshall and Supported by Tribal Council Vice Chair Kewaygoshkum to approve the Fiscal Year 2023 RAO Closeout as presented in the worksheets. **5-FOR; 0-AGAINST; 1-ABSENT (Rohl); 0-ABSTAINING Motion Carries** 2. Motion made by Tribal Council Secretary Marshall and Supported by Tribal Council Vice Chair Kewaygoshkum to approve the Fiscal Year 2023 ARPA budget revision as presented in the worksheets. **5-FOR; 0-AGAINST; 1-ABSENT (Rohl); 0-ABSTAINING Motion Carries**

III. New Business. J- **Increase Dental and Optical Referrals through PRC** Motion made by Tribal Council Treasurer Swallows and Supported by Tribal Council Secretary Marshall to approve the increase in funding services for the dental and the prescription eyeglasses. **5-FOR; 0-AGAINST; 1-ABSENT (Rohl); 0-ABSTAINING Motion Carries**

III. New Business. K- **Department 8- Health Services- Manoomin Org Chart and Job Descriptions** 1. Motion made by Tribal Council Treasurer Swallows and Supported by Tribal Council Secretary Marshall to add a position for an RN/Special Diabetes Case Manager. **5-FOR; 0-AGAINST; 1-ABSENT (Rohl); 0-ABSTAINING Motion Carries** 2. Motion made by Tribal Council Secretary Marshall and Supported by Tribal Council Member Frankenberger for approval of the regrades for the RN, Dental Assistant, CHR Supervisor, CHR's, Transport Supervisor, and Transporter, noting that skill-based planning coincides with the regrades for the CHR and Transportation sub-departments. **5-FOR; 0-AGAINST; 1-ABSENT (Rohl);**

0-ABSTAINING Motion Carries

III. New Business. L- **Opioid Settlement Fund Strategic Plan** Motion made by Tribal Council Treasurer Swallows and Supported by Tribal Council Member Frankenberger to approve Resolution #24-42.3636 for the strategic plan. **4-FOR; 0-AGAINST; 2-ABSENT (Marshall, Rohl); 0-ABSTAINING Motion Carries**

III. New Business. M- **Land Acquisition Protocol for D. Gallagher Property Herkner Road** Motion made by Tribal Council Treasurer Swallows and Supported by Tribal Council Vice Chair Kewaygoshkum to start the protocol. **2-FOR; 0-AGAINST; 3-ABSENT (Frankenberger, Marshall, Rohl); 1-ABSTAINING (Napont) Motion Carries**

III. New Business. N- **Permanent Supportive Housing Plan** Motion made by Tribal Council Treasurer Swallows and Supported by Tribal Council Member Frankenberger to approve Resolution #24-42.3627. **5-FOR; 0-AGAINST; 1-ABSENT (Rohl); 0-ABSTAINING Motion Carries**

III. New Business. O- **Audit Contract Change Order #4** Motion made by Tribal Council Secretary Marshall and Supported by Tribal Council Treasurer Swallows to approve the Change Order #4 to increase the governmental portion of the audit contract from \$180,895 to \$187,895. **5-FOR; 0-AGAINST; 1-ABSENT (Rohl); 0-ABSTAINING Motion Carries**

III. New Business. P- **Bureau of Indian Affairs Great Lakes Restoration Initiative- Fiscal Year 2024 Distinct Tribal Program- Proposal Title: Priority RCPP Aquatic Organism Passage Implementation Support FY24** Motion made by Tribal Council Member Frankenberger and Supported by Tribal Council Secretary Marshall to approve Resolution #24-42.3630 to request funding from the Bureau of Indian Affairs Fiscal Year 2024 Distinct Tribal Program Category 1 Project to support the implementation of Aquatic Organism Passage Projects prioritized under the Regional Conservation Partnership Program (RCPP) in FY24. **4-FOR; 0-AGAINST; 1-ABSENT (Rohl); 1-ABSTAINING (Kewaygoshkum) Motion Carries**

III. New Business. Q- **Bureau of Indian Affairs Great Lakes Restoration Initiative- Fiscal Year 2024 Distinct Tribal Program- Proposal Title: Evaluating Pre-Settlement Fish Community Composition through Paleo-Environmental DNA** Motion made by Tribal Council Member Frankenberger and Supported by Tribal Council Secretary Marshall to approve Resolution #24-42.3631 to request funding from the Bureau of Indian Affairs Fiscal Year 2024 Distinct Tribal Program Category 1 Project to evaluate the pre-settlement fish community composition of the Boardman-Ottaway River through the evaluation of paleo-environmental DNA in floodplain sediments. **4-FOR; 0-AGAINST; 1-ABSENT (Rohl); 1-ABSTAINING (Kewaygoshkum) Motion Carries**

III. New Business. R- **Bureau of Indian Affairs Great Lakes Restoration Initiative- Fiscal Year 2024 Distinct Tribal Program- Proposal Title: FY24-25 GTB Tribal Capacity** Motion made by Tribal Council Member Frankenberger and Supported by Tribal Council Secretary Marshall to approve Resolution #24-42.3632 to request funding from the Bureau of Indian Affairs Fiscal Year 2024 Distinct Tribal Program Category 2 for GTB Tribal Capacity program support for FY24-25. **5-FOR; 0-AGAINST; 1-ABSENT (Rohl); 0-ABSTAINING Motion Carries**

III. New Business. S- **Motion to Send Letter of Intent to CPRG for LIHTC #2 Tax Credits** Motion made by Tribal Council Treasurer Swallows and Supported by Tribal Council Vice Chair Kewaygoshkum to send the letter of intent. **5-FOR; 0-AGAINST; 1-ABSENT (Rohl); 0-ABSTAINING Motion Carries**

III. New Business. T- **Community Opioid Intervention Prevention Program** Motion made by Tribal Council Treasurer Swallows and Supported by Tribal Council Vice Chair Kewaygoshkum to approve Resolution #24-42.3624 to seek funding in the amount of \$2,500,000 from the Department of Health and Human Services; Indian Health Service for the Community Opioid Intervention Prevention Program. **5-FOR; 0-AGAINST; 1-ABSENT (Rohl); 0-ABSTAINING Motion Carries**

TRIBAL COUNCIL ATTENDANCE DECEMBER 21ST, 2023 - JANUARY 18TH, 2024

There was one Tribal Council Regular Session and 7 Tribal Council Work Sessions/Round Tables/EDC Round Tables

Chairman Arroyo attended 0 of 1 Tribal Council Regular Session (at medical appointment) and 4 of 7 Tribal Council Work Sessions/Round Tables/EDC Round Tables **Scheduled:** Out of Office 1/4/2024 - 1/8/2024 **Attended:** SBPS Impact Aid & Consultation Meeting on 1/10/2024, Meeting with Sleeping Bear Dunes National Lakeshore Superintendent on 1/12/2024, & NPS Impact Aid & Consultation Meeting on 1/18/2024

Vice Chair Kewaygoshkum attended 1 of 1 Tribal Council Regular Session and 3 of 7 Tribal Council Work Sessions/Round Tables/EDC Board Round Tables. **Scheduled:** Out of Office 12/22/2023, 1/8/2024 - 1/12/2024 & 1/15/2024 **Attended:** NPS Impact Aid & Consultation Meeting on 1/18/2024

Treasurer Swallows attended 1 of 1 Tribal Council Regular Session and 7 of 7 Tribal Council Work Sessions/Round Tables/EDC Board Round Tables. **Scheduled:** Out of Office 12/22/2023 & 1/12/2024 **Attended:** GTRS LLC Board Meeting on 1/8/24, SBPS Impact Aid & Consultation Meeting on 1/10/2024, & NPS Impact Aid & Consultation Meeting on 1/18/2024

Secretary Marshall attended 1 of 1 Tribal Council Regular Session and 6 of 7 Tribal Council Work Sessions/Round Tables/EDC Board Round Tables. **Scheduled:** Out of Office 12/22/2023 & 1/12/2024 **Attended:** GTRS LLC Board Meeting on 1/8/24, SBPS Impact Aid & Consultation Meeting on 1/10/2024, Meeting with Sleeping Bear Dunes National Lakeshore Superintendent on 1/12/2024, & NPS Impact Aid & Consultation Meeting on 1/18/2024

Councilor Frankenberger attended 1 of 1 Tribal Council Regular Session and 0 of 7 Tribal Council Work Sessions/Round Tables/EDC Board Round Tables. **Attended:** LTBB NRD Meeting on 1/8/24 & SBPS Impact Aid & Consultation Meeting on 1/10/2024.

Councilor Napont attended 1 of 1 Tribal Council Regular Session and 3 of 7 Tribal Council Work Sessions/Round Tables/EDC Board Round Tables. **Attended:** SBPS Impact Aid & Consultation Meeting on 1/10/2024.

Councilor Rohl attended 1 of 1 Tribal Council Regular Session and 7 of 7 Tribal Council Work Sessions/Round Tables/EDC Board Round Tables. **Scheduled:** Out of Office 1/15/2024 **Attended:** SBPS Impact Aid & Consultation Meeting on 1/10/2024 & Meeting with Sleeping Bear Dunes National Lakeshore Superintendent on 1/12/2024

Easter Basket Silent Auction

Sponsored by Elders Advisory



Over 100 *Easter Baskets* on Display
50/50 Tickets \$1.00 each or 6 for \$5.00

March 21, 2024

11:30a to 6:00p

Strongheart Center

2700 N. Strongheart Way

Peshawbestown, MI 49682

- Contacts -

Sandra Waukazoo at 231-866-6099 or

Joyce Wilson at 231-463-9771

Elders

in the 6-county area

2nd quarter Movie Tickets available

February 1 - March 15, 2024

- Antrim/Grand Traverse
- Benzie/Manistee
- Charlevoix
- Leelanau

please contact your Area Coordinator

Antrim/GT – Tanya T. 231-534-7710

cell 231-463-1791

Benzie/Manistee Office Manager, Agnes Glinski

231-534-7821

Charlevoix – Barb K. 231-534-7066

Cell 231-631-0281

Leelanau – Greg B. 231-534-7740

cell 231-492-4976

Melissa M. 231-534-7743

cell 231-631- 6095



assist. Steven Alberts 231-534-7746

CAUGHT IN A TOXIC TRAP?

Come clean about your relationship with these toxic* products in your life!

All-Purpose Cleaners



- What to look for:
- 1,4 Dioxane free
 - Phthalate free
 - Dye free
 - Phosphate free
 - Plant-based surfactants
 - EPA's Safer Choice Logo

Laundry



Dish Soap



*to environmental health and your long-term health

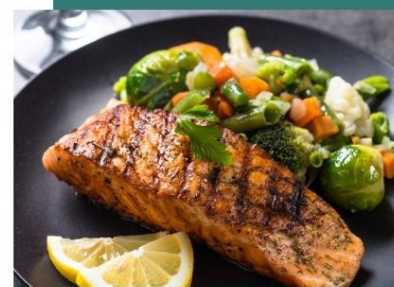
DO YOU EAT FISH?



Download the Gigiigoo'inaan "Our Fish" App

- Get personalized guidance for safe fish consumption
- Healthy recipes
- App tailored for Anishinaabe fish eaters

Paid Survey Opportunity for the first 140 qualified participants



DOWNLOAD THE GIGIIGOO'INAAN "OUR FISH" APP



1. <https://bit.ly/GiigooAppApple>

2. <https://bit.ly/GigiigooAppAndroid>



HOW TO PARTICIPATE IN THE STUDY:

- Download the Gigiigoo'inaan "Our Fish" App (above) on an Apple or Android device
- Register an account with an email address and password to use the app
- Browse through the app's features
- Submit a short enrollment form sent to the email you entered in the app
- Take the survey sent to you via email

Provided the above criteria is met, the participant will receive their gift card via e-mail in 10 - 14 days.

Those looking for more information on the Gigiigoo'inaan "Our Fish" app e-mail: fishappcoordinator@itcmi.org

More information on the The 1836 Treaty fishery www.1836cora.org

Want to learn more? Using your cell phone camera, scan this QR code and click the link!



Tribal Behavioral Health Conference "Resiliency – A Sacred Journey"



Feb 14 & 15, 2024
Kewadin Casino & Convention Center
Sault Ste. Marie, MI

- 1.5 day conference – 12 CEUs for full attendance (MCBAP)
- Learn culturally integrated treatment, prevention & recovery modalities
- Excellent opportunity for professional dialogue and networking



David W. Bartley
"Healing the Unseen Hurts"



Hunter Genia
"From Trauma To Resilience"



James Vukelich
"Maskawazii - Resiliency"

February 14th from 7-9pm – Dream Makers Theatre (Community Welcome to Attend)
"Aadizookaan" (Sacred Story) with Migizi - Dr. Michael Sullivan Sr.

Kewadin Casino & Convention Center - 2186 Shunk Rd. Sault Ste. Marie MI
Hotel Reservations: 1-800-539-2346 (Room Block ID: 25455 "Resiliency- A Sacred Journey")
Room Rate: \$72.50/night plus taxes/fees

REGISTRATION IS FREE - limited to 150 attendees (MI & Bemidji Area)
Registration deadline is February 7, 2024

Contact: Arlene Kashata @ akashata@itcmi.org ph. (231) 735-0491
Linda Grossett @ lgrossett@itcmi.org ph. (906) 440-1470



Sponsored by: Anishnaabek Healing Circle - TTAC Grant - #202441238-00 MDHHS

Your vision is precious and we're here to protect it.

Keeping your eyes healthy and providing corrective options when needed is what SVS Vision is all about. SVS Vision is in-network with your insurance and the Purchased Referred Care Program. Come experience the difference an SVS Vision eye exam can make.



Book an eye exam today!



1545 South Division
Traverse City, MI 49684
231-486-0580

TRIBAL ID CARDS

The Membership Department is thrilled to announce that the NEW Tribal Identification Printer is now available for Tribal Members who need a new Tribal ID.

Tribal ID Reprint, follow these steps:

1. \$10 payment to the Office of Management and Budget (OMB) Make payment in person or over the phone by calling (231) 534-7622.
2. Once payment is received, OMB will send receipt to the Membership Office
3. ID will be mailed to you, unless otherwise instructed.

Tribal ID with NEW Photo, follow these steps:

1. Follow all the steps mentioned above.
 2. Take a photo at the Membership Office.
- First Tribal ID is FREE.
 - Tribal Members can receive a FREE Tribal ID by updating their address with a notarized Address Change Form.
 - Elders are eligible to receive one FREE Tribal ID per year!

If you have any questions, please contact the Membership Department at (231) 534-7101

Mailing Address:

2605 N West Bay Shore Drive Peshawbestown, MI 49682-927

Physical Address:

2601 N West Bay Shore Drive Peshawbestown, MI 49682-927

Elder's Advisory Organization Mission Statement

The Elder's Advisory Organization is organized exclusively for the charitable, religious, educational and scientific purposes, including for such purposes, the making of distributions to organizations that qualify as exempt organizations under section 501(C)(3) of the Internal Revenue Code, or the corresponding section of any future tax code. The principal service provided by the Elder's Advisory Organization will also facilitate communication of Native American Elder's health, safety and welfare issues. The Elder's Advisory Organization will also facilitate communication of Native American cultural, spiritual and identity issues. To advance the purpose and principle services of the Elder's Advisory Organization, the organization may hold social and recreational activities in addition to regular and special meetings.



Meeting Address
845 Business Park Drive
Traverse City, MI 49686

Business Operations
717 Woodmere Street
Traverse City, MI 49686

PO BOX 5327
Traverse City, MI 49686-5327

Serving

Antrim • Benzie • Charlevoix
Grand Traverse • Leelanau
Manistee

ANNUAL ELDERS ADVISORY MEMBERSHIP MEETING: June 1, 2024 11:00am – 6:00pm 717 Woodmere in Traverse City

Membership Guidelines

1. All individuals must be 55 years or older.
2. Must reside in the Grand Traverse Band six-county service area.
3. Pay membership fee of \$10 annually from June 1 - June 30.
4. Tribally Recognized as defined in the Elders Advisory Organization By-Laws Article III - Membership

Membership Meetings

1. Regular Monthly meetings are held the second (2nd) Tuesday of each month at the GTB Traverse City Office 845 Business Park Drive, Traverse City unless otherwise specified.
2. Annual Membership meeting is held the second (2nd) Tuesday of June.

Travel Guidelines

1. \$10 annual Membership due paid.
2. Must attend three (3) Elder's Advisory Organization monthly meetings annually.
3. Must volunteer at three (3) Elder's Advisory Organization hosted activity. In lieu of volunteering, any member may donate a \$15 item or pay \$15 equivalent to three (3) hosted activities.
4. Must sign-up by deadline.
5. An activity fee may be set by the Board of Directors.
6. Cancellations will be on an emergency basis only. Failure to comply with this guideline will forfeit participation in future travel.

Bereavement Benefit

\$100 bereavement allowance is available for financial support to the surviving spouse or cohabitant of the deceased.

Emergency Assistance

Provides supportive services for the well-being of its membership over the age of 55 years and older living in the Grand Traverse Band of Ottawa and Chippewa Indians six county service area.

Emergency assistance is available on a first come, first serve basis with a maximum of \$200 per member/household as funding is available.

1. Energy/Utility - electric, heat, water and sewer.
2. Health & Medical - humidifiers, dehumidifiers, air conditioners, fans, heaters, grab bars, etc., this list is not all inclusive.
3. Home Maintenance - Snow removal, lawn moving, and pest control.
4. Total Loss Due To Fire - up to \$300
5. Emergency Medical - up to \$300
6. House Flood - up to \$300
7. Other, please explain on application

For more information or an application, please contact your Elder's Advisory Organization Liaison - Linda Green

**Antrim/GT Elders
Events & Activities**

**Benzie Elders
Events & Activities**

**Charlevoix Elders
Events & Activities**

**Leelanau Elders
Events & Activities**

**Monday's & Friday's
Office Tasks
8AM - 5PM
*Lunch Provided**

**Monday's & Friday's
Office Tasks
8AM - 5PM
*Lunch Provided**

**Monday's
Office Tasks
8AM - 5PM
*Lunch Provided**

**Monday's
Meal Delivey
1PM**

Tuesday; February 6th
Game Day
11:30AM*

Thursday; February 1st
Assisting @ TC Site
8:00AM - 5:00PM

Thursday; February 1st
Cookie & Baking Social
1:30PM

**Friday's
Office Tasks
8AM - 5PM
*Lunch Provided**

Wednesday; February 7th
Bingo
11:30AM*

Tuesday; February 6th
Assisting @ TC Site
8:00AM - 5:00PM

Friday; February 2nd
Hobby Lobby & Lunch
11:00AM*

Thursday; February 1st
(Board) Game Day
1:30PM

Thursday; February 8th
Puzzle
11:30AM*

Wednesday; February 7th
Assisting @ TC Site
Steven will assist @ Benzie
8:00AM - 5:00PM

Tuesday; February 6th
Pool Class @ 9:30AM
Craft Time @ 1:30PM

Tuesday; February 6nd
TC Store Run
9:15AM

Tuesday; February 13th
Elders Advisory @ 3-Mile
10:00AM - 4:00PM*

Thursday; February 8th
Assisting @ TC Site
8:00AM - 5:00PM

Wednesday; February 7th
Movie @ Traverse City
1:30PM

Wednesday; February 7th
Swimming @ Northport
11:30AM

Wednesday; February 14th
Valentine's Day Party
(All Sites) @ Charlevoix
11:00AM - 3:00PM*

Friday; February 9th
Mini Bingo @ Benzie Site
11:00AM - 2:00PM

Thursday; February 8th
Cupcake & Baking Social
1:30PM

Thursday; February 8th
Bargain Store
9:15AM

Thursday; February 15th
Open Activity
11:30AM*

Tuesday; February 13th
Elders Advisory @ 3-Mile
10:00AM - 4:00PM*

Tuesday; February 13th
Elders Advisory @ 3-Mile
10:00AM - 4:00PM*

Tuesday; February 13th
Elders Advisory @ 3-Mile
10:00AM - 4:00PM*

Wednesday; February 21st
Puzzle
11:30AM*

Wednesday; February 14th
Valentine's Day Party
(All Sites) @ Charlevoix
11:00AM - 3:00PM*

Wednesday; February 14th
Valentine's Day Party
(All Sites) @ Charlevoix
11:00AM - 3:00PM*

Wednesday; February 14th
Valentine's Day Party
(All Sites) @ Charlevoix
11:00AM - 3:00PM*

Thursday; February 22nd
Open Activity
11:30AM*

Thursday; February 15th
Assisting @ TC Site
8:00AM - 5:00PM

Thursday; February 15th
Walk & Talk
1:30PM

Thursday; February 15th
(Board) Game Day
1:30PM

Wednesday; February 28th
Game Day
11:30AM*

Wednesday; February 21st
Assisting @ TC Site
Steven will assist @ Benzie
8:00AM - 5:00PM

Monday; February 19th
FREE tax filing @ NMCAA
Call for a ride & Appt.

Wednesday; February 21st
TC Regular Session
9:30AM

Thursday; February 8th
Bingo
11:30AM*

**Thursday; February 22nd &
Friday; February 23rd**
ROBIN OUT OF OFFICE
8:00AM - 5:00PM

Wednesday; February 21st
Bingo
1:00PM

Thursday; February 22nd
Swimming @ Northport
11:30AM

Wednesday; February 28th
Steven will assist @ Benzie
8:00AM - 5:00PM

Thursday; February 22nd
Popcorn & Movie
1:30PM

Monday; February 26th
Estate Planning
1:30PM

Thursday; February 29th
ROBIN OUT OF OFFICE
8:00AM - 5:00PM

Monday; February 26th
FREE tax filing @ NMCAA
Call for a ride & Appt.

Wednesday; February 28th
Craft Day
(BRING YOUR OWN CRAFT ITEM)
1:00PM

**Interested in attending an activity/event or
need a ride to the activity or event?**

PLEASE CONTACT YOUR ELDERS SITE COORDINATOR

SIGN UP REQUIRED!

Wednesday; February 28th
Social Hour & Birthday
Celebration
1:30PM

Thursday; February 29th
Walk & Talk
1:30PM

Thursday; February 29th
Leelanau Bingo
1:00PM

Mino-Dibishkaan! Happy Birthday!

GTB News Staff & Membership Dept. would like to acknowledge this months Elders Birthdays!

Let us take a moment to recognize and celebrate the birthdays of our beloved elders this month. May each of these special days be filled with abundant joy, unforgettable memories, and an abundance of love, peace, and happiness!

Karla	Dismuke	1-Feb	Karen	Hacker	12-Feb	Philip	Cote	20-Feb
Matthew	Niewiadomski	2-Feb	Edwin	Harris	12-Feb	Elizabeth	DeVerney	20-Feb
Sandra	Anderson	2-Feb	Judith	Fry	13-Feb	James	Nault	21-Feb
Christopher	White	3-Feb	Edna	Watrous	13-Feb	Sharon	Sams	21-Feb
Kelly	Wheeler	3-Feb	Sheryl	White	13-Feb	Jerry	Sikes	21-Feb
Leroy	Mattson	3-Feb	Peggy	Gossett	13-Feb	Shirley	White	21-Feb
Pauline	Boulton	3-Feb	Terri	Palmer	13-Feb	Theresa	Huey	22-Feb
Suzanne	Leaureaux	4-Feb	Kenneth	Martell	13-Feb	Dawn	Pullen	22-Feb
Abraham	Jacko	4-Feb	James	Chippewa	14-Feb	Elizabeth	Pettifor	22-Feb
Lisa	Chippewa	4-Feb	Diane	Nichols	14-Feb	Roxanne	McSauby	22-Feb
Connie	Shuttle	4-Feb	Reuben	Lewis	15-Feb	Kathaleen	Bussey	23-Feb
Cynthia	Hanson	4-Feb	Trina	Pfau	15-Feb	Marian	Jarman	23-Feb
Delores	Wonegeshik	4-Feb	Wallace	Yannott	15-Feb	James	McGrath	23-Feb
Gary	Gunderson	5-Feb	Julia	Leaureaux	16-Feb	Cynthia	Allen	24-Feb
Christine	Gilmore	5-Feb	Leisa	Davis	16-Feb	Kent	Running	24-Feb
Romero	Schocko	6-Feb	Patrick	Patten	17-Feb	Antoinette	Miller	25-Feb
Debbie	Drudge	6-Feb	Andrea	Mitchell	17-Feb	Margaret	Cook	25-Feb
John	Case	7-Feb	Percy	Bird	17-Feb	Jennifer	Cochrun	26-Feb
Mary	Geiger	7-Feb	Clive	Raphael	17-Feb	Patricia	Mashka-Burfield	26-Feb
Michelle	Burchfield	8-Feb	Galana	Hamby	17-Feb	Shirley	Bennett	27-Feb
Lois	Peplow	9-Feb	Georgianna	Jolly	17-Feb	Irene	Mitchell	28-Feb
Carl	Wabanimkee	9-Feb	John	Markus	17-Feb	Linda	Campbell	28-Feb
Christine	Reed	9-Feb	James	Wilson	18-Feb	Helen	Melnick	28-Feb
Jackie	Ogemaw	10-Feb	Faith	Anderson	19-Feb	Henry	Gunderson	28-Feb
Suzanne	Johnson	10-Feb	Andrea	McDowell	20-Feb	Abraham	Cripps	28-Feb
Keith	Maleski	11-Feb	Timothy	Koon	20-Feb	Jimmy	Madagame	28-Feb
Charles	Mitchell	11-Feb	Jerome	Seegraves	20-Feb			

Delores Wonegeshik - Manager 
Office: (231) 534-7748 Cell: (231) 831-3908
Steven Alberts - Elders Assistant
Office: (231) 534-7746 Cell: (231) 463-1791



All GTB Site Elders are invited to Charlevoix for the
Valentines Party

GTB Elders only: If assistance needed spouse, significant other, helper, caregiver.

All prizes for GTB elders only: 55 and up | ticket per person, must be present to win.

Weenesh pii (when): Wednesday February 14th 2024
 Aapiish (where): Hosted at the Charlevoix Gymnasium
 Eso Dabaagnek (time): 11:00 am until 3:00 pm



Bring your water bottle
 Lunch, dessert and drinks provided
 Games and Door prizes awarded
 Must be present to win.

For Rides and more information contact your Elders Coordinator
 Antrim / GT Tanya Tanner phone 1-231-534-7710
 Benzie/Manistee: Robbin Rapheal phone 1-231-534-7824
 Charlevoix: Barb Kenwabikise phone 1-231-534-7066
 Leelanau: Greg Bailey phone 1-231-534 7740
 Leelanau: Melissa Martinez phone 1-231-534-7743

Staff	Office	Cell	Site
Tanya Tanner	(231) 534-7710	(231) 463-7858	GT/Antrim
Vacant Position	Vacant	Vacant	GT/Antrim
Robbin Raphael	(231) 534-7824	(231) 492-4352	Benzie/Manistee
Barbara Kenwabikise	(231) 534-7066	(231) 631-0281	Charlevoix
Greg Bailey	(231) 534-7740	(231) 492-4976	Leelanau
Melissa Martinez	(231) 534-7743	(231) 631-6095	Leelanau

Youth Services presents...

Dentalium Earrings

Workshop

M-22

2821 N. West Bayshore Dr.
Thursday, February 1st
5pm-7pm

Charlevoix

10085 Wa-ba-noong
Thursday, February 15th
5pm-7pm

Benzie

7282 Hoadley Rd.
Thursday, February 22nd
5pm-7pm

Light dinner and supplies provided!
Event will be cancelled if no participants show up after an hour into the event

For More Information:
Delia Shawandase 231-463-5176 Leilani DeFoe 231-631-9900
GTByouth@gtb-nsn.gov

YOUTH SERVICES PRESENTS

MT. HOLIDAY SKI DAYS

Join Youth Services for a Snow-Filled Day of Fun!

THIS EVENT IS OPEN TO ALL GTB MEMBERS WITHIN THE 6-COUNTY SERVICE AREA

MUST HAVE VALID TRIBAL ID IN ORDER TO RECEIVE COUPON
GROUP RATES WILL APPLY FOR NON-TRIBAL

MT. HOLIDAY OPEN 11AM-5PM - WEATHER PERMITTING
RSVP FOR TUBING IS LIMITED

STAFF ON SITE FOR SIGN UP FROM **11AM-1PM**

- ~~FEBRUARY 4TH - SKI & SNOWBOARD ALL DAY (TUBE OPEN ONLY 2-3PM)~~
- FEBRUARY 11TH - SKI & SNOWBOARD ALL DAY (TUBE OPEN ONLY 1-3PM)
- FEBRUARY 18TH - SKI & SNOWBOARD ALL DAY (TUBE OPEN ONLY 1-3PM)
- FEBRUARY 25TH - SKI & SNOWBOARD ALL DAY (TUBE OPEN ONLY 1-3PM)

FEBRUARY 4TH CANCELED DUE TO WEATHER CONDITIONS. STAY TUNED FOR AN ADDITIONAL DATE.

FOR MORE INFORMATION:
DELIA SHAWANDASE • (231) 463-5176
LEILANI DEFOE • (231) 631-9900
GTBYOUTH@GTB-NSN.GOV

PARTICIPANTS ARE RESPONSIBLE FOR ANY INJURY OR ILLNESS AS A RESULT OF ATTENDING EVENT

MUST RSVP WITH DELIA SHAWANDASE OR LEILANI DEFOE

Youth Services, GTB Heritage Library presents....

E-gindaaso-jig (The Readers) CLUB

4pm-5:30pm

January

- Monday, Jan. 8
- Monday, Jan. 29

February

- Monday, Feb. 12
- Monday, Feb. 26

optional: zoom read-alongs

- Monday, Jan. 15 at 5pm
- Monday, Feb. 19 at 5pm

Location
M-22 Youth Building
2821 N. West Bayshore Drive, Peshawbestown

Come read with us! We will be reading and discussing the book of your choosing from 3 pre-selected books.
Snacks and books provided!!

For more information:
Leilani DeFoe 231-631-9900 Delia Shawandase 231-463-5176
GTByouth@gtb-nsn.gov

Youth Services Presents

Aambe Kinomaadidaa

"Let's teach one another"

GTB families can come learn from one another in various projects/ workshops.

Open Project Nights

Tuesdays in Feb./Mar.

4:00-7:00pm

M22 Youth Building

Limited Sewing Machines/Supplies.

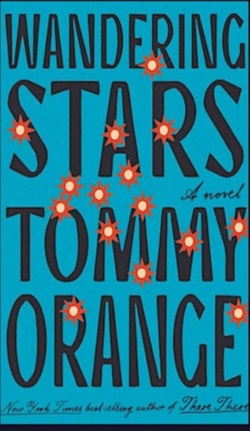
Come start a new project with us each week!

Have any unfinished projects?

More information contact:
Delia Shawandase 231.534.7230
GTByouth@gtb-nsn.gov
Subject to change
2821 N West Bay Shore

Youth Services and Heritage Library

Is inviting GTB and/or their teen/s to an evening with
Author Tommy Orange



Tickets
An Evening with
Tommy Orange,
featuring
"Wandering Stars"

Wed. April 24
at 7 p.m.

N W S
National Writers Series

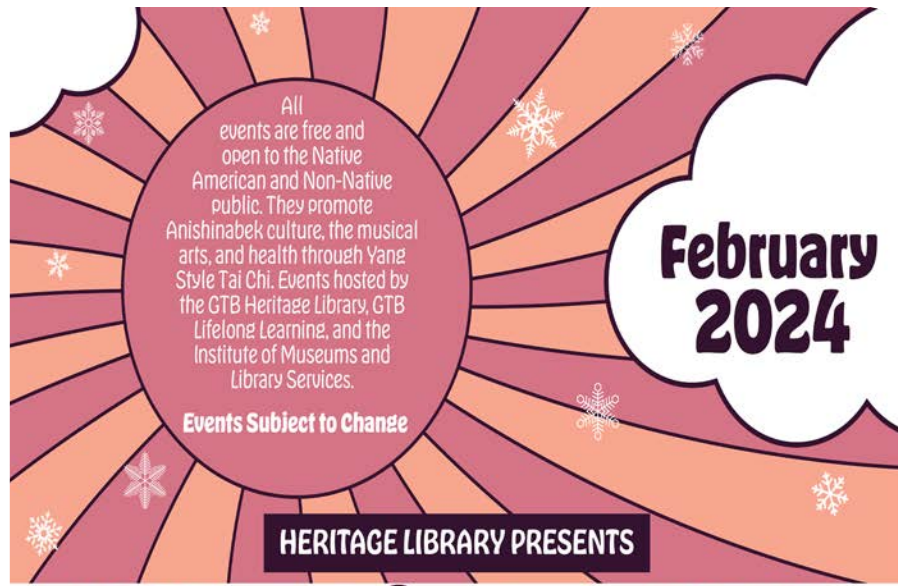
Location: In-person at Lars Hockstad Auditorium, Central Grade School, 301 Seventh Street, in Traverse City. Doors for this general admission event open at 6 p.m. with live music. Or watch live stream.

Must register for event by Wednesday, April 10, 2024. There is limited funding. First come first served. Registration may end sooner due to grant fund availability, please contact and/or use QR code:

Leilani Defoe, 231.631.9900

Delia Shawandase, 231.463.5176

Dana McClellan, 231.534.7356

All events are free and open to the Native American and Non-Native public. They promote Anishinabek culture, the musical arts, and health through Yang Style Tai Chi. Events hosted by the GTB Heritage Library, GTB Lifelong Learning, and the Institute of Museums and Library Services.

Events Subject to Change

HERITAGE LIBRARY PRESENTS

Winter EVENTS & ACTIVITIES

Winter Music Lessons: Mondays, Tuesdays, Thursdays, & Fridays 10AM - 5PM @ Heritage Library

30-Minute Guitar, Piano, and Voice lessons by appointment. Zoom Lessons Available. The Heritage Library has 3 electric keyboards/pianos, 3 children sized classical guitars, and 3 full sized classical guitars to borrow for lessons. First Come First Serve. Adults 10AM - 5PM & Children 3PM - 5PM.

Winter Tai Chi Tuesdays & Thursdays: 12PM - 1PM @ Heritage Library

Enjoy the relaxing art of Tai Chi with Francis Carew, who teaches Yang style Tai Chi, a low impact exercise that improves cardiorespiratory function, hypertension, muscular strength, balance, mobility, flexibility, and mind-body awareness.

Kids/Family Wing Chun Kung Fu Class: Every Saturday 11AM - 12:30PM

Kids/Family Wing Chun Kung Fu Class this winter at the Heritage Library. Come learn the ancient martial art of Kung Fu. No special clothes needed-just loose, comfortable clothing.

Cutting Board Workshop: 5PM - 7PM @ Various Sites

Come and learn how to make a Cutting Board at the Anishinaabek Makerspace. All materials provided. Space is limited. To secure a spot, RSVP with the Heritage Library.

Heritage Library: 2/7/24 3-Mile Office: 2/13/24 Benzie Office: 2/21/24 Charlevoix Office: 2/28/24



More Information:
Francis Carew (231) 534-7752 Francis.Carew@gtb-nsn.gov
2821 N West Bay Shore Dr. Peshawbestown, MI




GTB BENODJENH CENTER IS HIRING!!

We are looking for Teachers & Assistants, Classroom/Bus Aides, EHS & Family Spirit Home Visitors, Education & Family Services Coordinators, and a Health & Disabilities Coordinator.

NEW COMPETITIVE WAGES!!!

MONDAY - FRIDAY SCHEDULES ONLY! NO WEEKENDS!!

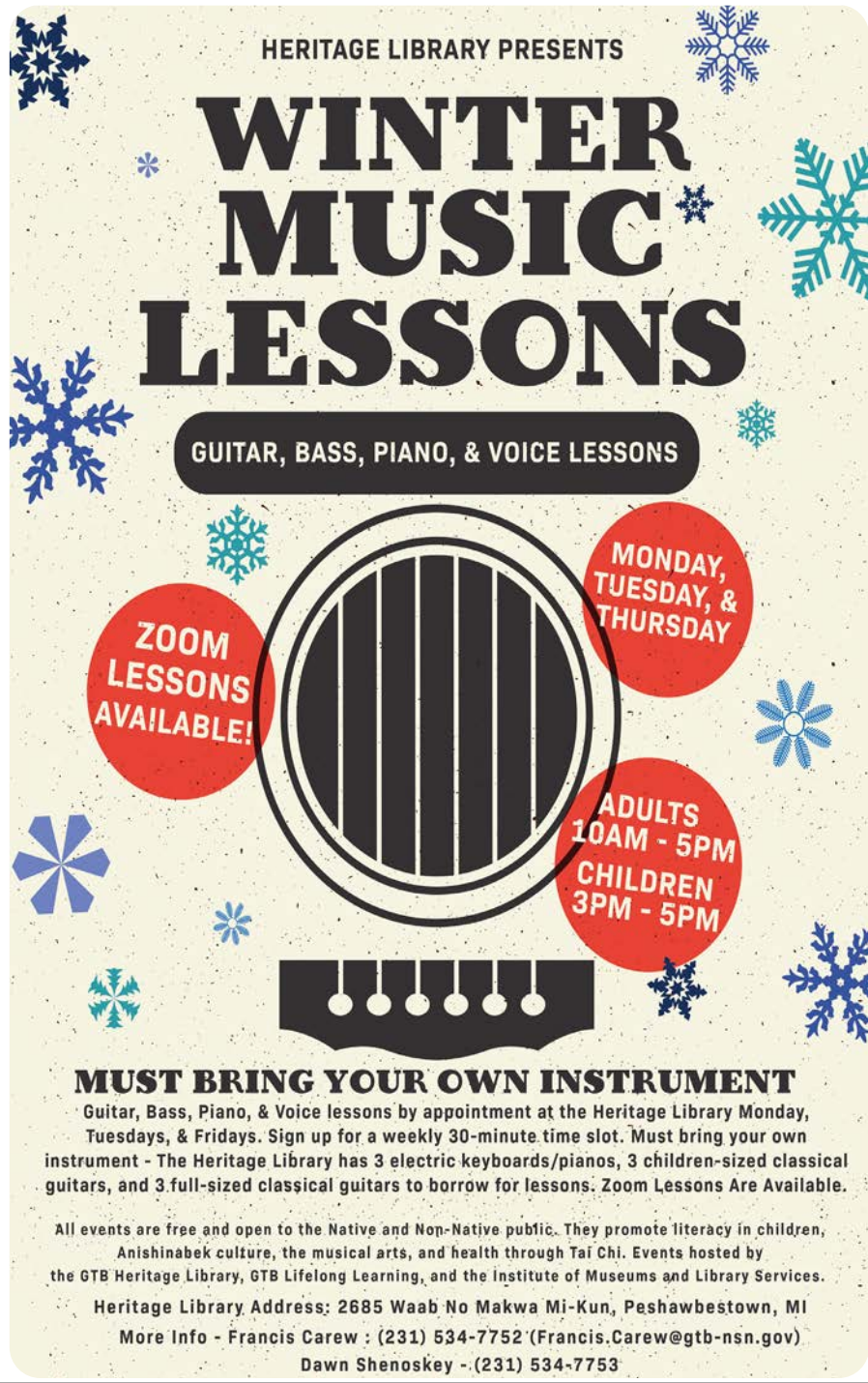
We are looking for candidates who are:
RELIABLE, PATIENT, KIND & CARING, AND KNOWLEDGEABLE OF CHILD GROWTH AND DEVELOPMENT

Full Benefits for Full Time Employees: Health & Dental, 401K, Generous PTO, 15 Paid Holidays

Limited Benefits for Part Time Employees: PTO

For Open Positions, Job Descriptions, and Wages, Refer To gtbindians.applicantpool.com





HERITAGE LIBRARY PRESENTS

WINTER MUSIC LESSONS

GUITAR, BASS, PIANO, & VOICE LESSONS

MONDAY, TUESDAY, & THURSDAY

ZOOM LESSONS AVAILABLE!

ADULTS 10AM - 5PM
CHILDREN 3PM - 5PM

MUST BRING YOUR OWN INSTRUMENT

Guitar, Bass, Piano, & Voice lessons by appointment at the Heritage Library Monday, Tuesdays, & Fridays. Sign up for a weekly 30-minute time slot. Must bring your own instrument - The Heritage Library has 3 electric keyboards/pianos, 3 children-sized classical guitars, and 3 full-sized classical guitars to borrow for lessons. Zoom Lessons Are Available.

All events are free and open to the Native and Non-Native public. They promote literacy in children, Anishinabek culture, the musical arts, and health through Tai Chi. Events hosted by the GTB Heritage Library, GTB Lifelong Learning, and the Institute of Museums and Library Services.

Heritage Library Address: 2685 Waab No Makwa Mi-Kun, Peshawbestown, MI
More Info - Francis Carew : (231) 534-7752 (Francis.Carew@gtb-nsn.gov)
Dawn Shenoskey - (231) 534-7753



MICHIGAN
ACHIEVEMENT
SCHOLARSHIP



Michigan students who graduated from high school in 2023 or after may be eligible for the Michigan Achievement Scholarship.

Career Training Program → Up to \$2,000, per year, for two years

Community/Tribal Colleges → Up to \$2,750, per year, for three years

Independent Colleges and Universities → Up to \$4,000, per year, for five years.

Public Universities → Up to \$5,500, per year, for five years.

Eligibility Requirements

- File a Free Application for Federal Student Aid (FAFSA).
- Earn a high school diploma or certificate of completion in 2023 or later in Michigan.
- For Academic Year 2024-25, have a Student Aid Index (SAI) of \$30,000 or less.
 - 2023-24 students, have an Expected Family Contribution (EFC) of \$25,000 or less.
- Enroll full-time at an eligible Michigan institution within 15 months of completing high school.

Visit michigan.gov/achievement for full program details.

MI Student Aid
P.O. Box 30462
Lansing, MI 48909-7962
888-447-2687
michigan.gov/mistudentaid



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MICHIGAN
ACHIEVEMENT
SKILLS SCHOLARSHIP



Students can choose to attend an eligible career training provider in Michigan through the Michigan Achievement Skills Scholarship.

Students who graduate from high school in Michigan with a diploma or certificate of completion or achieved a high school equivalency certificate in 2023 or after will be eligible for:

Career Training Program → Up to \$2,000, per year, for two years

Eligibility Requirements

- Be a Michigan resident since July 1 of the previous calendar year.
 - If you are a dependent student, your parent must also be a Michigan resident since July 1 of the previous calendar year.
- Graduated from high school in Michigan with a diploma or a certificate of completion or achieved a high school equivalency certificate in 2023 or after.
- Have not yet earned an associate or bachelor's degree.
- Have not yet earned a degree, certificate, or other credential with this scholarship.

Visit michigan.gov/achievement for full program details.

Visit michigan.gov/careertraining for a full list of career training programs

MI Student Aid
P.O. Box 30462
Lansing, MI 48909-7962
888-447-2687
michigan.gov/mistudentaid



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MICHIGAN STATE UNIVERSITY | Extension

ADULTING 101



2024 Schedule

- THE PSYCHOLOGY OF SPENDING & SAVING - JANUARY 17 AT 6 PM
- FOSTERING HEALTHY RELATIONSHIPS - FEBRUARY 12 AT 5 PM
- KEEPING YOUR MONEY SAFE - MARCH 19 AT 6 PM
- COVER LETTER AND RESUME WRITING - APRIL 10 AT 6 PM
- BUILD AND PROTECT YOUR CREDIT - MAY 15 AT 5 PM
- TRAVELING ON A BUDGET - JUNE 6 AT 6:30 PM
- COOKING BASICS - JULY 16 AT 4 PM
- SUMMER BERRIES: JAM AND JELLY - AUGUST 12 AT 4 P.M.
- CHANGING THE WORLD WITH YOUR VOTE - SEPTEMBER 16 AT 5 PM
- PAYING FOR POST-SECONDARY EDUCATION - OCTOBER 16 AT 5 PM
- CRACKING THE CODE TO COLLEGE - NOVEMBER 19 AT 5 PM

Free on zoom



<https://events.anr.msu.edu/Adulting2024/>



MSU IS AN AFFIRMATIVE-ACTION, EQUAL-OPPORTUNITY EMPLOYER. MICHIGAN STATE UNIVERSITY EXTENSION PROGRAMS AND MATERIALS ARE OPEN TO ALL WITHOUT REGARD TO RACE, COLOR, NATIONAL ORIGIN, GENDER, GENDER IDENTITY, RELIGION, AGE, HEIGHT, WEIGHT, DISABILITY, POLITICAL BELIEFS, SEXUAL ORIENTATION, MARITAL STATUS, FAMILY STATUS OR VETERAN STATUS.

477 PROGRAM PRESENTS
JOB READINESS WORKSHOPS

A TRAINING & EMPLOYMENT ASSISTANCE PROGRAM



SCHEDULE

COVER LETTER & RESUME WRITING, INTERVIEW SKILLS, & WORK ETHIC

1:30 PM - 4:30 PM

FEBRUARY 16, 2024
PESHAWBESTOWN: LIBRARY

MAY 17, 2024
TRAVERSE CITY: 3-MILE OFFICE

AUGUST 16, 2024
PESHAWBESTOWN: LIBRARY

NOVEMBER 15, 2024
TRAVERSE CITY: 3-MILE OFFICE

TO REGISTER CALL OR EMAIL

DERRELL SHAW

(231) 534-7767

Derrell.Shaw@gtb-nsn.gov

HOUSING

ALL PROGRAMS BASED ON AVAILABILITY OF FUNDS

HOMEOWNER ASSISTANCE Offered by GTB HOUSING

EMERGENCY HOME REPAIR

- ✓ \$15,000 available to Homeowners in any 5-year period
Income Qualified Homeowners
Over-Income Homeowner: 50% payback required.
Payback NOT required for Elder Homeowner's!
- ✓ Must be primary resident of the home and within 6 county service area

Scan me!



SEPTIC PUMPOUT

- ✓ Must be Homeowners primary residence within 6-county service area
- ✓ Max. of 1 pump out every other year

HANDICAP ACCESSIBLE PROGRAM

- ✓ \$20,000 for Elders or certified disabled members
- ✓ Must be primary resident of the home and it must be within 6 county service area

Scan me!



DOWN PAYMENT ASSISTANCE/ HOMEBUYER EDUCATION

- ✓ Available to Tribal Members purchasing a home within 6-county area
- ✓ Pathways Home Classes
- ✓ Limited to a One Time Use (lifetime)
- ✓ Cannot access the Emergency Home Repair for 5 years
- ✓ Qualified Tribal Member Households receive \$15,000
- ✓ Single wide trailers may receive up to 10% of the purchase price (Trailer must be 10 years old or newer)

Scan me!



NAHASDA

Rental Subsidy Assistance

Please note the differences in the programs

Eligibility for Rental Subsidy Assistance

A. To be eligible for rental assistance, applicants must meet all of the below conditions:

1. Be an enrolled Tribal member of the Grand Traverse Band;
2. Be eighteen (18) years of age or older;
3. Reside in one (1) of the following counties: Leelanau, Grand Traverse, Antrim, Charlevoix, Benzie, or Manistee;
4. Qualify as a low-income family, defined as a family whose income does not exceed 80% of the median income, as published annually by Office of Housing and Urban Development (HUD);
5. Live in a space that requires rental payment. For example; apartment, mobile home park, town house, etc. Rental assistance **will not be offered for assistance with mortgage payments, lot rent (of participant owned/mortgaged home) or when renting an individual room;**
6. Not be delinquent on their rent at the time assistance is offered;

B. The applicant is eligible to receive **up to** \$250.00 per month for rental assistance.

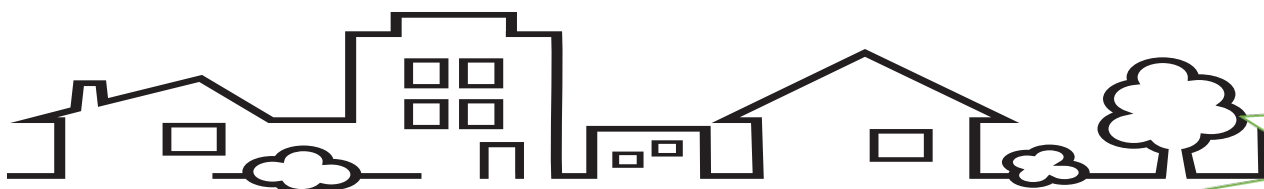
C. Rental assistance may be provided for a maximum of six months in a two-year period.

D. Applicants who receive benefits and become ineligible due to receiving the maximum six months of benefits are eligible to re-apply two (2) years after date of initial application.

E. An applicant may not receive rental assistance while receiving the benefit of any other form of housing subsidy for the same dwelling unit. (with the exception of the ARP supplemental assistance)

F. Applicants that owe monies to the Grand Traverse Band Housing Department are not eligible for Rental Subsidy Assistance until the balance is paid in full.

SCAN ME



HOUSING TENANTS
After Hrs. Emergency Number
231-866-1290

Lori Dudley	Administrative Assistant	(231) 534-7800
Maxx Jacko	Occupancy Specialist	(231) 534-7447
Joe Kaubenaw	Occupancy Specialist – GTB rental info Down Payment Information/Homebuyer Education	(231) 534-7803
Emmett Marlow	Occupancy Specialist – GTB rental info	(231) 534-7802
Tarik Bouguettaya	Emergency Home Repair, Handicap Accessibility Program	(231) 534-7886
Nicki Basch	Department Manager	(231) 534-7449

www.gtbindians.org/housing_dept.asp



SEATED WORKOUT CLASS STRONGHEART DANCE ROOM

Every Tuesday 1pm-2pm • Starting February 13th 2024

FREE for Tribal Members & Strongheart Gym Members • \$10/Class for Non-Members

Low intensity, full body workout for any fitness level.

This class is specifically designed for those who may have ankle, foot, knee or back problems, but anyone can benefit!

By focusing on the core, and upper body, the class helps develop and maintain increased flexibility, range of motion, and strength.

Led by Certified Personal Trainer and Corrective Exercise Specialist, Cheryl Send

Strongheart Center

(231) 534-7457

2700 Strongheart Way, Peshawbestown

ZUMBA DANCE

FITNESS CLASS

EVERY Wednesday

Starting February 14th

12pm - 1pm

No Dance Experience Required!
FREE to Tribal & Gym Members!
\$10 per Class for Non-Members

Zumba Certified Instructor:
Natalie Kohler

Strongheart Center
(231) 534-7457
2700 Strongheart Way, Peshawbestown

STRONGHEART CENTER PRESENT

Crystal Mountain CRYSTAL COMMUNITY SKI CLUB

GTB Students Grades 4th-12th & Their Families Can Join Us for FREE Introduction to CROSS COUNTRY SKIING in a Series of Clinics Offered by the Crystal Community Ski Club!

DATES:
PLEASE REGISTER FOR YOUR SESSION DATE!
ALL SESSIONS 12PM-2PM

- JANUARY 20TH
- FEBRUARY 3RD
- FEBRUARY 24TH
- MARCH 2ND

FREE PROGRAM INCLUDES:

- Introduction to XC Skiing- 2 hour session
- Ski Equipment & Trail Pass
- Professional Instruction
- Hot Chocolate & Snacks

No Experience Necessary - Beginners Welcome!

TO REGISTER CONTACT:
Tammy Broome • (231) 534-7831
Leanne/Tana • (231) 534-7551

Charlevoix Family BINGO NIGHT

GAMES FUN & PRIZES

GET AWESOME PRIZES WITH YOUR FAMILY!

BINGO STARTS AT 6 PM TO 8 PM
FRIDAY, FEBRUARY 23RD

JOIN US FOR A FUN EVENING OF FAMILY BINGO!!!
ALL COMMUNITY WELCOME TO JOIN IN ON THE FUN!
WE WILL BE PLAYING BINGO FROM 6PM TO 8PM.
*SUBJECT TO CHANGE

CHARLEVOIX SATELLITE OFFICE
10085 WA-BA-NOONG MI-KUN, EAST JORDAN, 49727

CONTACT: TAMMY BROOME
(231) 534-7831 • TAMMY.BROOME@GTB-NSN.GOV

TALKING CIRCLE

ZOOM DAILY 10:30AM- 11:30AM
 Zoom Meeting Code: **886 8701 6931**
 Password: **sobertalk**

Join Scott via Zoom for a virtual talking circle Wellbriety meeting.

Questions, contact Scott

231-534-7247 or

scott.scholten@gtb-nsn.gov



Disseminate culturally based principles, values, and teachings to support healthy community development and servant leadership, and to support healing from alcohol, substance abuse, co-occurring disorders and intergenerational trauma.

ANISHINAABEK FAMILY SERVICES

Family Support Services:

Assessments, Resources, Referrals, Support, Planning, and Parenting Education

Child Protective Services:

Child Abuse or Neglect Investigations on Tribal Land

Foster Home Licensing:

Providing support and education to licensed foster homes

- ▶ **Community Resources, Education, and Referrals**
- ▶ **Family Intervention and Prevention Assistance**
- ▶ **Elder & Vulnerable Adult Intervention, Prevention, and Resources**

More information, please call Denise at 231-534-7124

BEHAVIORAL HEALTH

Psychiatric Telehealth Appointments

Traditional Healer Appointments

Sweat Lodge Ceremonies

Outpatient and Inpatient Treatment Referrals

Counseling Referrals and Resources

Weekly Zoom Peer Recovery Support Meetings

Prevention and Recovery Support and Events

More information, please contact Marion at 231-534-7090

HUMAN SERVICES

NEW FY24 Client Application Scan QR Code
NEW Rent and Mortgage
(One time assistance \$400/household/fiscal yr)

- Food Rescue (All community members - Mondays after 11am)*
- Food Pantry (application & appointment)*
- Food Assistance (application)
- Emergency Heat Assistance (application)
- Other Emergency Assistance (application) bit.ly/GTB_HSA_FY24
- Weatherization Items (application & while supplies last)



More information, please contact
Andrea 231-534-7910

Food Rescue & Pantry Located: lower level of Medicine Lodge

NENAANDAWE'IWEJIG TRADITIONAL HEALING

WITH **JOE SYRETTE**

"We are all spirits living a human life. When we take the time to heal and acknowledge our spirit, then and only then will we know and understand our path and journey through life."
 -Syrette



HEALING SESSIONS DATES & TIMES

JANUARY

10th & 11th - Traverse City
 24th* & 25th - Peshawbestown
 *SWEAT on 24th at 6:00 pm

FEBRUARY

6th & 7th - Charlevoix
 20th* & 21st - Peshawbestown
 *SWEAT on 20th at 6:00 pm

MARCH

5th & 6th - Benzie
 19th* & 20th - Peshawbestown
 *SWEAT on 19th at 6:00 pm

PROTOCOLS

When seeking a Traditional Healer, please see list below to help you prepare for your healing journey. All ages welcome!

- Bring enough Tobacco for a full Pipe bowl
- Refrain from Alcohol/Drugs 4 days prior
- *Optional: Gift with your request*
- Women on their sacred "moontime" (monthly cycle) cannot attend this session

REGISTER FOR A SESSION OR SWEAT HERE



HEALING REQUESTS

Requests for Anishinaabe names, colors, clans, teaching, doctoring for illness, dreams, spiritual guidance, etc. are appropriate requests.

CO-ED SWEATS

Co-Ed Sweat Jan. 24th, Feb. 20th, & March 19th at 6:00 pm in Peshawbestown. Limited capacity, must pre-register at bit.ly/GTB_THH_APPT

Reserve Your Spot in Co-ed Sweat Today!



(231) 534-7090
bit.ly/GTB_BH
 GOVBehavioralHealth@gtb-nsn.gov

2300 N. Stallman Road
 Peshawbestown, MI 49882

Learn More About Joe Syrette Here!
bit.ly/THHJS_Bio

NENAANDAWI'IWED TRADITIONAL HEALER

JOE SYRETTE

Joe Syrette is Anishinaabe Ojibwe from Rankin Reserve Batchewana First Nation located in Sault Ste Marie, Ontario Canada. Joe has been practicing traditional healing work for the past 21 years and illustrates traditional values, morals and teachings by living a clean and healthy lifestyle with his wife and daughters. Joe currently works with the Behavioral Health Department at the Grand Traverse Band of Ottawa and Chippewa Indians Medicine Lodge as one of the Traditional Healers.



Growing up as a traditional shkaabewis "helper" Joe has learned to balance his spiritual and personal life while continuing to always remain humble with the knowledge he carries. He has spent his young and adolescent years learning how to live in duality between the modern world and traditional Anishinaabe world through fasting and attending ceremonies. He currently helps communities and other traditional people and healers when needed allowing his knowledge and traditional teachings to grow.

Today, Joe has dedicated his time and knowledge to teach and share with others about his cultural experiences and how he has utilized his culture and language to heal himself within his own walk and journey through life. Joe acknowledges that lifelong learning is every day for him and that there is always something new to learn. He promotes cultural sharing and healing to community members so we can all learn to build encouragement on our cultural knowledge and sacred walk through life.

Spending a life time of listening and learning about himself as an Anishinaabe person, this has allowed him to value and respect all physical and spiritual beings and their protocols. He has had the opportunity of working alongside many respectful elders, and healers to which he has been given teachings and rights to helping his Anishnaabeg relatives with spiritual healing.

"We are all spirits living a human life. When we take the time to heal and acknowledge our spirit, then and only then will we know and understand our path and journey through life"
 -Syrette

CELEBRATE CHILDREN'S DENTAL HEALTH MONTH

"GIVE KIDS A SMILE® STARTS WITH INFANTS AND TODDLERS"



Dr. Jessica A. Rickert, DDS, Anishinaabe Dental Outreach, is the first female American Indian Dentist, a member of the Prairie Band Pottawatomi Nation. She attended the University of Michigan School of Dentistry and practiced in private practice and at the Family Health Care FQHC located in Baldwin.

BRUSHING YOUR BABY'S TEETH IS A SIMPLE ACT OF LOVE

What a messy face when a baby is done eating! When you wash baby's face, why not clean your baby's teeth before you take the baby out of the highchair? Place a soft toothbrush in a cup on the highchair tray. Toothpaste is not necessary after mealtime, water will do. Stand behind baby and tilt the head back onto you for support. Sing "The bristles on the brush..." to the tune of "The wheels on the bus go 'round and 'round..." as you brush the precious teeth.

At night, clean baby's teeth before bedtime. There are many ways to cleanse the baby's mouth and using water is an easy option that works well. Most infant toothpastes are designed to be safe when swallowed in tiny amounts. Always ask your dental team for suggestions. Look for the American Dental Association's approval on toothpastes.

The position which can help is to wrap the baby in a soft blanket and lay the baby on a soft rug. The caregiver kneels

on the side, just above baby's head, and brushes all surfaces of all teeth.

Mommy's milk is oh so sweet. It's good to nurse before I sleep. ©

HEALTHY DENTAL HABITS

Developing good dental health habits with your child early on and practicing them daily will help your child's smile and overall health. Baby teeth are not just placeholders. They are important and should be protected. Take a look at the tips below to help your child have healthy teeth.

A bottle is NOT my friend at night. Filled with water is only right. ©

We can avoid Baby Bottle tooth decay, If you show me the way.

If baby is less than one, no fruit juice, It has no nutritional use.

When my pacifier does fall, Don't put it in your mouth at all. ©

Smoking is so bad for you! The fumes hurt the baby, too. ©

If I am cranky and teething, too, Please rub my gums to help my blues. ©

Teeth...What a delight! Please keep them clean and bright.

With teeth, I eat fruit and meat. Help me avoid unhealthy sweets. ©

Another option is knee-to-knee. Two caregivers sit facing each other. The baby is laid back, with baby's legs around the waist of one adult. That adult holds the baby's hands and looks directly at the baby. The second adult is then looking down into the baby's mouth; all the teeth are visible as all surfaces of all teeth are brushed.

SING DURING FEBRUARY, NATIONAL GIVE KIDS A SMILE MONTH!

"Your smile makes me so happy, so nice and clean," is a happy phrase to repeat all day long to your precious, little ones. February is "Give Kids A Smile Month," and the best way to start is with your darling baby.

Feed me in my highchair with healthy foods. Sugar & junk food we need to lose.

My teeth are precious and need your care. Brush for me while in the highchair. ©

After my yummy food, next we brush, As you sing and never rush.

A smear of paste is the best. This helps avoid a big mess. ©

Schedule my dental visit as soon as I grow teeth.

Age one at the very least.

1. These verses are published by the creator of the Brushtime Baby® diaper bag, pediatric dentist, Dr. Winifred J. Booker. These poems support the Highchair Dental Care® Practice Model also developed by Dr. Booker. Visit www.highchairdentalcare.com to learn more and to download additional educational content. Dr. Winifred J. Booker, DDS, FAAPD is a descendent of the Piscataway American Indian Tribe. 2. www.highchairdentalcare.com; 3. www.ada.com; 4. www.aapd.org; 5. www.agd.com; 6. www.mychi.org; 7. <https://www.youtube.com/watch?v=u9mNb3q0GrS>; 8. www.highchairdentalcare.com; 9. www.ada.com; 10. www.aapd.org; 11. www.agd.com; 12. www.aapd.org; 13. <https://www.youtube.com/watch?v=u9mNb3q0GrS>

GTB DENTAL CLINIC

CHILDREN'S DENTAL HEALTH MONTH
"HEALTHY HABITS FOR HEALTHY SMILES!"

February is **Children's Dental Health Month**, and we want you to take time to focus on the oral health of the children in your life. Make sure you're helping set a routine for your kids to follow to ensure they are keeping their teeth and gums healthy!

Some tips to follow to keep their smile healthy are listed here:

- **Brush** their teeth with a **soft bristle toothbrush**
- **Brush** teeth for **2 minutes** in the **morning** and at **night** before bed to remove plaque.
- Use a **rice grain sized** amount of **fluoride toothpaste** while brushing.
- Use **floss** to clean between their teeth **after brushing**.

▪ Give your child **healthy snacks** and **avoid sugary foods and drinks** like pop and juice.

▪ **Schedule** your child for a **dental appointment** to familiarize them to the dental office.

▪ **Regularly** attend **cleanings** and **checkups** to keep their mouth cavity free.

Take some time to help your child solve the word search, and remember to emphasize the importance of good dental hygiene.

Call our office today to schedule an appointment for your child! We hope to see you soon!

(231) 534-7211

FUN FLUORIDE XRAYS
FLOSS BRUSH HEALTHY
RINSE DENTIST SMILE
TEETH PRIZE OSWALD





GTB HEALTH CLINIC

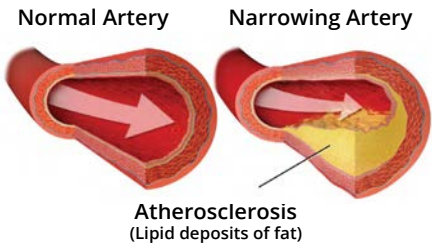


AMERICAN HEART MONTH - MY HEART MY VOICE

HEART DISEASE

Heart disease includes any condition that affects the structure of the heart or its ability to function, such as irregular heartbeat, heart failure, or coronary heart disease, the most common heart disease.

Heart disease, especially coronary heart disease, is often related to atherosclerosis, a condition in which fatty deposits known as plaque build up in the arteries. The plaque buildup can narrow or clog the arteries, affecting blood flow. When atherosclerotic plaques rupture or break away, they can lead to heart attacks or strokes.



HYPERTENSION

Hypertension, also known as high blood pressure, is a common condition that results when the heart pumps too hard or too much, or when the heart pumps blood at a higher pressure through abnormal arteries. Hypertension becomes more prevalent with age and must be treated to reduce the risk of heart disease and stroke.

Blood pressure can vary from minute to minute and from day to day. Nevertheless, higher blood pressure over longer periods of time increases the odds of damage to the heart, kidneys, brain, and other organs.

LOVE YOUR HEART

Heart disease is the leading cause of death in the United States, but there's a lot you can do to prevent it. Taking time to care for your heart can be challenging as you go about daily life. But it's easier than you think to show your heart the love it deserves each day. Small acts of self-care, like taking walks, getting quality sleep, and cooking healthy meals, help your heart. Research shows that self-care can help you keep your blood pressure in a healthy range and reduce your risk of heart disease and stroke.

WHAT DOES "SELF-CARE" MEAN?

Researchers define self-care as what you do to stay healthy. It's also what you do to care for any health problems you have, such as high blood pressure, diabetes, or mental health disorders. It's heart-healthy living.

WHAT PARTS OF YOUR SELF-CARE ROUTINE HELP YOUR HEART?

- Self-care for your heart is really self-care for your whole self. You can improve and protect your health overall when you:
 - ♥ Get a daily dose of physical activity, such as a brisk, 30-minute walk.
 - ♥ Cook meals that are low in sodium and unhealthy fats.
 - ♥ Take your medications as prescribed and keep your medical appointments.
 - ♥ Sleep 7-8 hours a night.
 - ♥ Manage stress through, for example, meditation, yoga, a warm bath, or quiet time with a good book or funny movie.
 - ♥ Try to reach or stay at a healthy weight by moving more and having snacks like fruits and veggies ready to grab when hunger hits.

PREVENTION

You can protect your heart health and reduce your risk of heart disease, stroke, and kidney disease!

Here are some tips to keep your heart healthy:

Get regular check-ups

See your doctor at least once a year and have your blood pressure checked. Maintaining healthy blood pressure levels is key to preventing heart disease.

Eat well

Eat a healthy diet with plenty of vegetables and try to limit your consumption of alcohol, caffeine, and salty foods.

Quit smoking

Smoking cigarettes or using commercial tobacco products increases your risk of heart disease.

Stay active

Try to get at least 30 minutes of exercise every day. Even taking a walk will help.

Maintain a healthy weight

Carrying excess weight can make your heart work harder than it should and increases your risk of developing heart disease and hypertension.

BLOOD PRESSURE LEVELS

	Normal	High
Systolic (Top number)	Less than < 120 mm Hg	Equal or greater than ≥ 140 mm Hg
Diastolic (Bottom number)	Less than < 80mm Hg	Equal or greater than ≥ 90 mm Hg

HOW CAN YOU MAKE SELF-CARE FOR YOUR HEART EASIER?

The trick is to plan ahead. Build heart-healthy activities into your daily self-care routine. Schedule things that are both good for you and important to you. You might want to set aside time to:

- ♥ Cook delicious, heart-healthy recipes. Choose some from the National Heart, Lung, and Blood Institute's delicious heart-healthy eating website.
- ♥ Go for a bike ride, take an online exercise class, or have a family dance party.
- ♥ Make that doctor's appointment you've been putting off. Many providers now offer telehealth appointments to make accessing care easier.
- ♥ Organize your medications.

WHAT'S YOUR HEALTH STATUS?

Part of self-care is knowing your health status. Even during uncertain and busy times, get your blood pressure, blood sugar, and cholesterol levels checked. Talk to your health care provider about your heart health.

HOW CAN TECHNOLOGY HELP WITH CARING FOR YOUR HEART?

- Your phone or favorite show can make getting off the couch difficult. But technology can be your heart's best friend! Tools that help with self-care for your heart include:
- ♥ Wearable devices that measure steps, heart rate, and sleep
 - ♥ At-home blood pressure, blood sugar, and heart rate monitors
 - ♥ Online activity and healthy eating.

HEART DISEASE RISK FACTORS

Certain medical conditions and lifestyle choices may increase your risk of heart disease. Although some risk factors, such as age and family history, cannot be controlled, you can change other behaviors to reduce your risk. Common risk factors for heart disease include:

Age & gender

Up to age 50, men have a greater risk of heart disease than women. After menopause, women's risk of heart disease increases.

Smoking & commercial tobacco use

Use of tobacco products causes about one out of every three deaths due to cardiovascular disease by damaging blood vessels throughout the body and increasing plaque buildup.

Hypertension & high cholesterol

If left untreated, both conditions may contribute to the development of heart disease. Medication can treat both conditions safely and effectively.

Unhealthy diet & obesity

Obesity alone increases your risk of both diabetes and heart disease. Diets high in saturated and trans fats can also be harmful. Diets high in salt (sodium) and low in potassium (which we get mostly from vegetables, fruits, or beans) can worsen high blood pressure and contribute to heart disease.

Diabetes

Although people with diabetes are at particularly high risk of heart disease, stroke, and kidney disease, physical activity and a healthy diet can help to reduce their risk. Diabetes can also be treated safely and effectively with medication.

HOW DOES SUPPORT FROM OTHERS HELP YOU CARE FOR YOUR HEART?

Many studies show that having positive, close relationships and feeling connected to others helps our blood pressure, weight, overall health, and more. Even if it's virtual, that support makes self-care easier and even more effective.

Research also shows that text messages can improve self-care. Connect with friends or family for support. Ask them to text you reminders or encouragement to help you meet your goals. Make new friends who share your goals. Join an online exercise class or a weight-management group to connect with other like-minded people and stay motivated.

HOW DOES SELF-CARE PLAY A ROLE IF YOU OR YOUR PARTNER IS PREGNANT OR CONSIDERING PREGNANCY?

Self-care for your heart health is particularly important if you're pregnant or thinking of becoming pregnant. Regular physical activity reduces your risk of gestational diabetes, extra pregnancy pounds, and postpartum depression. Talk to your health care provider about what physical activities are safe during pregnancy and soon after delivery. Discuss how to avoid and watch for a type of high blood pressure called preeclampsia.

WHAT DOES IT TAKE TO GIVE YOUR HEART THE CARE—AND PATIENCE—IT DESERVES?

Self-care includes being patient with your body. You may not see or feel the results of your efforts right away. But small steps can lead to big progress. Schedule an appointment with GTB Health Clinic

CALL (231) 534-7200

<https://bit.ly/GTB-AGR>

FEBRUARY AGRICULTURAL FOOD SOVEREIGNTY

Lets Grow Together



2024 PART-TIME FARM WORKER

Starting in Spring 2024 GTB Agriculture will be looking for a farm worker to help at the GTB Gitigaan (Farm). This contractual position will help with all planting, maintenance, and harvest of vegetable crops that include tomato, pepper, onion, potato, corn, and squash. Please stay tuned to the GTB Newsletter for more information on when/where to apply. We expect to post the position internally in February. This position will be expected to work 20-25 hours per week. If you know anyone who is passionate about growing food, and wants to help grow the GTB Gitigaan to support GTB Food Sovereignty, please have them contact GTB Agriculture Manager at william.derouin@gtb-nsn.gov to stay updated on when this opportunity becomes available.

processing of fish waste produced in our region. Starting in 2022, GTB Agriculture has been hauling ~3,000#/week of fish waste May – October. 2024 will be the 3rd and final year of this grant funded project, and it will see the barn being used as a production facility for a shelf-stable, organic, liquid fish fertilizer, fish hydrolysate. About 25% of the fish waste collected each week will be entered into this production system, the remaining 75% will continue to be composted in a static aerobic compost pile at the farm. Similar liquid fertilizers retail for ~\$20/gallon. It is our hope that after a period of testing, research, and possible certification, we could not only offer this product to GTB home gardeners, but we could also be selling this product to retailers in our area. Using fish waste as a fertilizer is a proud Anishinaabe tradition. This project aims to honor this tradition while advancing GTB Food Sovereignty goals. The GTB Agriculture staff have been insulating and finishing the interior of this barn space, as the contractor we hired to contract it only framed and finished the exterior. The bid to finish the inside was over \$150,000. The GTB Agriculture staff have concluded this work themselves since November, which has saved the Department over \$100,000.

provided new fridges, freezers, shelving, bags, crates and other supplies to the GTB food pantries. It has also funded over \$750,000 in local food purchasing for food pantries throughout the Grand Traverse region. GTB Agriculture partnered with Food Rescue of Northern Michigan, The Northwest Food Coalition, Groundwork for Resilient Communities, and Northern Michigan Community Action Agency to help with a majority of the food purchasing, storage, and distribution. GTB Agriculture staff will be purchasing more than \$200,000 of local food through 2025! This includes GTB Agriculture being paid for delivering food to the GTB food pantries that is grown on the GTB farm! This has been a great way to support local producers, including the trial fishery, while also getting traditional food like wild rice, bison, and maple syrup into the GTB food pantries. This grant helps GTB Agriculture support our local food producers, while also paying homage to a proud tradition of taking care of those members of our community that are in need. In 2025, the GTB farm will be producing over \$50,000 worth of food for distribution to the GTB food pantries.



GTB FISH WASTE HYDROLYSATE PRODUCTION DUE TO BEGIN APRIL 2024

If you were visiting Strongheart over the last year you may have noticed a new barn being built directly north of the Stongheart Center. This barn was 80% paid for by the State of Michigan Environment, Great Lakes, and Energy Department (EGLE) to support the

MORE FOOD PANTRY FUNDING THROUGH 2025

GTB Agriculture authored a USDA – Local Food Purchasing Assistance grant in 2022 that provided funding for food purchasing from local vendors in 2023 and 2024. An extension on this grant was offered by the USDA, and GTB just got news that we received this extension through 2025! This grant has

REQUEST FOR PROPOSAL - PAVILION ASSEMBLY

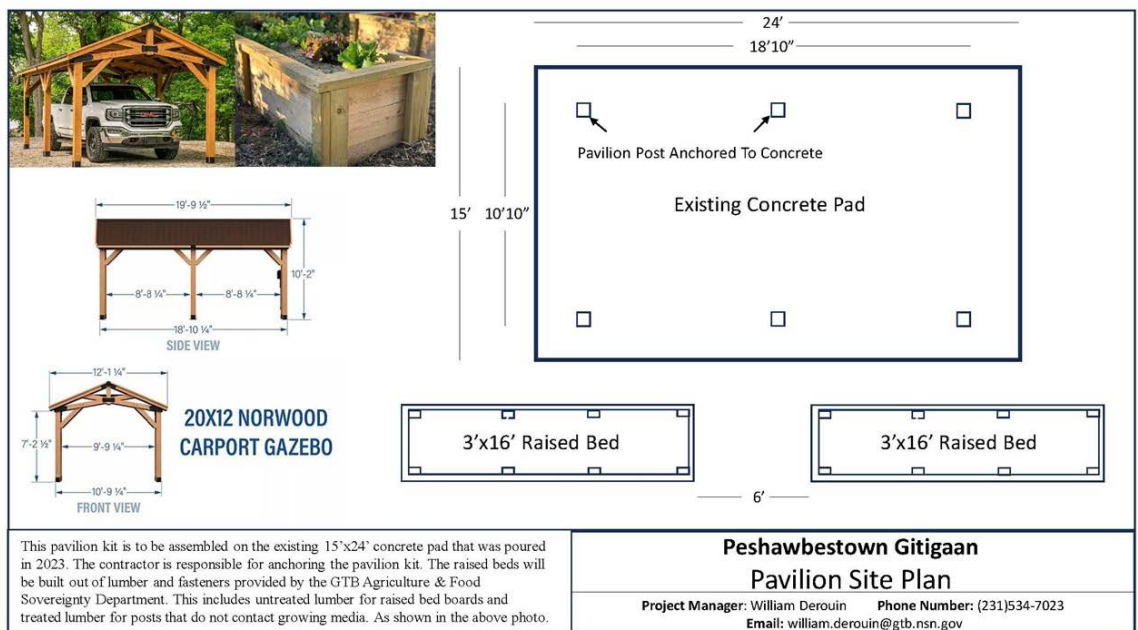
GTB Agriculture & Food Sovereignty has a Request for Proposals (RFP) open through January 5th, that seeks a contract to secure help assembling two 12x20 pavilion kits.

SITE PLAN

Below is the site plan, which illustrates the layout of the pavilion, has been included in the document. This plan presents a detailed visual representation of the pavilion's dimensions, features, and orientation on the site.

FUNDING

This funding is provided by the Native American Agriculture Fund grant authored in partnership with GTB Education. These pavilions will help us promote programming with more youth and the GTB community. One of the pavilions will be assembled on a concrete pad that is located at the Peshawbestown Gitigaan (farm) located north of The Strongheart Center.



APPLY

If you know a GTB citizen who has building experience and would like to apply for this work, please contact GTB Agriculture Manager

william.derouin@gtb-nsn.gov

If an applicant is not found by February 10th, the RFP will be re-posted after that date.

FEBRUARY CULTURAL & LANGUAGE

https://bit.ly/GTB_Cultural



Boozhoo kina gwiya, This month we have our annual Kchi Wiikwedong Anishinaabek Round Dance, taking place at the Grand Traverse Resort and Spa. Although this Round Dance has been in our community for close to 20 years, it is relatively new to our Great Lakes community. Keeping that in mind, some of our community might be new to Round Dance and the protocol that it involves. Round Dance originally come from our Nehiyawok (Cree) relatives, in which they would hold this ceremony to have a special time to memorialize their loved ones who have passed on. As a coordinator of such an event, a lot of effort is given to keep the teachings and protocol associated with this ceremony true to how we learned them. Doing so ensures that you are keeping the true intentions of the ceremony, as well as helping those mourners with their grief. This ceremony involves many aspects and I will elaborate on each so those that may be visiting for the first time can feel included, knowing the flow of the night.

FEAST

Round Dances are usually started with a feast, and this helps feed those in attendance. Remember that we are not just eating for ourselves, but also making sure



that our loved ones that have passed on are taken care of as well. Putting an offering out for those is the first priority, and our loved ones get the first taste of the feast foods, prepared and offered as a spirit plate. We treat the food prepared during the Feast as sacred, as a lot of time effort and prayers go into prepping and serving these delicacies. Try to only take what you will eat, as we do not waste any of the prepared feast foods. If you are unable to finish anything on your plate, offer to your close family to finish, or if that isn't possible there is usually always a food collection container for all unfinished foods. Those foods have to be taken care of properly.

lunch. If you feel you would like to join, please join in. Most participants usually bring a picture of their loved one to display in some way during this song. With new technology available, some use their phones, iPads, or emails to display their loved one they are dancing with during this song. We also ask that no recording of any kind during this time as it can be a very intimate time for participants.



form a sack lunch, soup and sandwiches, or pizza. Again try to take what you can eat, as we always try to limit any waste.

GIVEAWAY

Many Round Dances hold a giveaway shortly before closing songs. This is a show of appreciation and gratitude from the committee and staff. The committee will lay all the gifts and giveaway items out, smudge them, and then after some more protocol eventually hand them out to all of those in attendance. The committee will



come and bring everyone in the room a gift, and most of the time multiple gifts. The Giveaway portion concludes with a Giveaway Song.

CLOSING SONG

After the Stickman has chosen all the lead singers, we hold



what called the closing song. This exact song is shared at every Round Dance at the conclusion of the night. Every singer will help close down the event, lending their voice to the community for the last song of the evening.

I hope these small teachings help you understand the who, what, where, and why of Round Dance protocol. This is not an all-inclusive list of Round Dance protocol, and many things have been left out intentionally for visitors to experience firsthand. These are for guideline purposes of what generally happens at a generic Round Dance. I hope you enjoy your evening at Grand Traverse Resort and Spa and a reminder that this is ceremony and a drug and alcohol free event.

Chi Miigwech G'bizindaawii'ik
Mii'ew Makwa Chivis

ROUND DANCE SINGING



The Round Dance singing begins, usually after sunset. During

this time feel free to join in on the dance floor and dance the night away. To encourage community members to join in, some Round Dances have spot dances and giveaways to participants on the floor. The MC will usually share teachings and other funny anecdotes in between the songs during the breaks. You may see the Stickman going around the room picking the next singer, and its that singers job to lead up to 4 songs.

MEMORIAL SONG

This portion of the evening is what most people come to partake in, the memorial song is a specific song sung for those to dance with their loved ones that have passed on. Most Memorial songs will be around midnight, with the specific set of songs followed by midnight

MIDNIGHT LUNCH

This is another Round Dance protocol that we have a small meal around midnight after the Memorial Song. Please have a bite during this time, share some laughs and enjoy the break to prepare for the duration of the ceremony. The meal can be anything



Culture Department Presents
In-Person
Anishinaabemowin
Classes

Mondays - 5-7 PM Kewedin Church
Tuesdays - 5-7 PM Peshawbestown Culture Building
Wednesdays - 5-7 PM Traverse City 3 Mile Office

Wednesdays - Noon-3 PM alternating between Benzie/Charlevoix Offices
Classes Begin In October

For mor information please email
Isadore.Toulouse@gtb-nsn.gov or
Patricia.Osawamick@gtb-nsn.gov





PUBLIC SAFETY

Embrace Winter's Arrival with Smart Storm Preparedness

As winter establishes its frosty presence, delve into the realm of weather facts that define this chilling season. With temperatures plummeting to freezing depths, winter storms unleash their power through blizzards, drifting snow, and

formidable winds. These meteorological forces not only create picturesque landscapes but also pose serious threats, causing power outages, treacherous road conditions, and potential harm.

To navigate this winter wonderland,

equip yourself with knowledge on www.ready.gov/prepare Explore insights that go beyond the beauty of snowfall, empowering you to safeguard against the perils of the season and ensuring a secure and warm winter experience.

Prevent Roof Ice Dams with MiREADY: Your Winter Defense Guide

Discover the secrets to safeguarding your home from the menace of roof ice dams. The MiREADY website offers a wealth of resources on winter storm preparedness to help you fortify your abode throughout the colder months.

Understanding Roof Ice Dams

Roof ice dams are a chilling consequence of freezing temperatures and substantial snowfall. When the attic temperature rises above freezing, the snow on the roof begins to melt and flow down the slope. As it reaches the colder eaves and gutters, the snowmelt refreezes, creating a dam of ice through repeated melting-freezing cycles. This icy obstruction can lead to water ponding, risking damage to interior ceilings, walls, and contents along the exterior walls.

Research has pinpointed that sun

exposure in winter has minimal impact on attic air temperature. Instead, warm air infiltrating from living spaces below is often the culprit in the formation of roof ice dams. Notably, the presence of significant icicles along the gutter or eaves may serve as an early warning sign of potential roof ice damming.

Prevention Strategies

While there's no foolproof guarantee against ice dam damage, you can diminish the risk by adopting proactive measures:

- 1. Clear Gutters and Downspouts:** Thoroughly remove leaves, sticks, and debris from rain gutters and downspouts, enabling smooth flow for melting roof snow.
- 2. Minimize Snow Buildup:** Utilize long-handled roof rakes to

minimize snow on your roof, reducing the likelihood of ice dam formation and roof failure.

- 3. Continuous Maintenance:** Keep gutters and downspouts free from snow and icicles throughout the winter season.
- 4. Attic Evaluation:** Assess the insulation and ventilation in your attic. Optimal insulation with an R-value of at least R-30 (*preferably R-38 in northern climates*) and proper airflow from under the eaves to roof vents are crucial. Consult a reputable roofing or insulation contractor for expert advice on these improvements.

Empower yourself with knowledge from MiREADY to fortify your home against the winter elements and bid farewell to roof ice dam worries.

A Guide to Avoiding, Spotting, and Treating Frostbite and Hypothermia

As winter's icy grip tightens, equip yourself with knowledge on avoiding, spotting, and treating frostbite and hypothermia – silent threats lurking in the winter chill.

UNDERSTANDING THE WINTER PERILS

Frostbite occurs when skin and tissues freeze, while hypothermia sets in when the body loses heat faster than it can produce it, leading to dangerously low body temperatures.

SPOTTING THE SIGNS

Frostbite:

- **Numbness or Tingling:** Affected areas feel numb or tingly.
- **Pale or Hardened Skin:** Skin turns pale or hardened.
- **Pain or Discomfort:** Progression brings pain or discomfort.

Hypothermia:

- **Shivering:** Persistent, intense shivering signals onset.
- **Confusion or Slurred Speech:** Mental confusion or slurred speech emerges.
- **Fatigue and Weakness:**

Frostbite & Hypothermia: Know Your Actions

- If someone might have frostbite or hypothermia, seek medical attention immediately!
- Get to a warm area
- Remove wet clothing
- Warm up with dry layers of blankets or clothing
- Place skin affected by frostbite in warm water (NOT hot)
- Frostbite Caution:** Do not use fireplaces or artificial heat sources for warming. Do not rub or put pressure on areas with frostbite.

weather.gov NOAA



Extreme tiredness and weakness occur.

HIGH-RISK INDIVIDUALS:

- **Elderly:** Reduced heat production makes them vulnerable.
 - **Children:** Lose heat quickly; may not recognize symptoms.
 - **People with Chronic Illnesses:** Conditions impact temperature regulation.
 - **People Outdoors for an Extended Time:** Extended outdoor exposure heightens risk for hikers, hunters, & the unhoused.
- High-risk individuals take extra precautions:
- **Regular Check-ins:**

Ensure the safety of vulnerable individuals.

- **Warm Indoor Spaces:** Prioritize indoor stay during severe cold spells.
- **Medical Consultation:** Seek healthcare advice for personalized winter care.

RESPONDING TO FROSTBITE AND HYPOTHERMIA:

Frostbite:

- **Get Indoors:** Move to warmth immediately.
- **Warm Affected Areas:** Use warm water or body heat for gentle thawing.
- **Use Caution:** Avoid walking on frostbitten feet or toes.
- **Avoid Direct Heat:** Don't place affected areas in front

of heat sources.

- **No Heating Pads:** Refrain from using heating pads.
- **No Rubbing or Massage:** Avoid rubbing or massaging areas.
- **Seek Medical Attention:** For severe frostbite, seek prompt medical help.

Hypothermia:

- **Get Indoors:** Move to warmth.
- **Remove Wet Clothing:** Replace with dry, warm garments.
- **Wrap in Blankets:** Use blankets to raise body temperature.
- **Seek Medical Help:** If symptoms persist, seek professional medical assistance.

Empower yourself with this winter survival guide, recognizing specific vulnerabilities, and responding cautiously to frostbite or hypothermia.



bit.ly/GTB_PS

Scan above to learn more about how to keep you & your family safe from the winter weather.



FIRE & RESCUE



February Fire Safety in a Mild Winter - Stay Vigilant Despite the Early Thaw

As temperatures rise and the snow melts ahead of schedule, it's tempting to let our guard down when it comes to fire safety. However, even in a milder February, potential fire hazards persist. Here are essential tips to keep your home and loved ones safe in this unseasonably warm winter:

Heating System Update: While the need for constant heating may diminish, it's crucial to ensure your heating systems are still functioning optimally. Schedule routine maintenance to clean vents, change filters, and address any issues, preventing potential fire risks.

Appliance Inspection: Take advantage of the mild weather to inspect your household appliances. Check for any frayed wires or signs of wear. This is particularly important for devices that may have been working overtime during the colder months.

Outdoor Fire Safety: With the early thaw, outdoor activities become more appealing. If you're using fire pits or outdoor heating sources, maintain a safe distance from flammable materials. Always extinguish flames completely before leaving the area.

Electrical Safety Audit: Conduct a thorough audit of your home's electrical system. Ensure outlets are not overloaded, and check for any signs of electrical issues such as flickering lights or unusual odors.

Cooking Awareness: While outdoor grilling and picnics may be on the agenda, it's important to exercise caution. Keep flammable materials away from grills, and never leave outdoor cooking equipment unattended.

Smoke Alarm Check: Even in milder weather, smoke alarms remain your first line of defense. Test them regularly to ensure they are operational and replace

batteries if needed. Consider upgrading to smart smoke detectors for additional safety features.

Emergency Preparedness: Regardless of the weather, having an emergency plan is crucial. Review escape routes, establish meeting points, and ensure everyone in your household knows what to do in case of a fire.

Electrical Outdoors Safety: If you're using outdoor electrical equipment, make sure it's rated for outdoor use. Keep connections dry and use outdoor extension cords when necessary.

In this unusual February with milder temperatures, fire safety remains paramount. By staying vigilant and implementing these precautions, you're actively reducing the risk of fire incidents in your home. Enjoy the warmth of the season responsibly, keeping safety at the forefront of your winter activities.

Protect Your Home & Loved Ones with Smart Fire Safety Measures for Heater Use

In the midst of the winter season, when temperatures plummet, plug-in heaters become a popular choice for many households seeking an extra layer of warmth. While these devices offer comfort, it's crucial to prioritize fire safety to avoid potential hazards. Here are essential tips to keep your home snug and secure:

Keep a Clear Zone: Maintain a minimum of three feet of clearance around your heater. This ensures that flammable materials, such as curtains, furniture, or clothing, are at a safe distance, reducing the risk of ignition.

Ventilation Matters: Ensure proper ventilation in the room where the heater is placed. Adequate airflow



helps prevent overheating and reduces the chances of fire. Never block the heater's air intake or exhaust vents.

Plug Safely: Always plug the heater directly into a wall outlet, avoiding the use of extension cords or power strips. Overloading electrical circuits can lead to overheating and increase the risk of fire.

Regular Inspections: Before using your heater each

winter, inspect it for any signs of damage or wear. Look for frayed cords, damaged plugs, or any unusual smells. If you notice any issues, repair or replace the heater promptly.

Unplug When Unattended: When leaving the room or going to sleep, unplug the heater. This simple precaution can prevent accidental fires during times when you are not actively monitoring the device.

Choose the Right Heater: Select a heater that is appropriate for the size of the room you intend to heat. Using a heater with too high a wattage for a small space can pose unnecessary risks.

Install Smoke Alarms: Make sure your home is equipped with functioning smoke alarms. Regularly test them to ensure they are in good working order, providing an early warning system in case of any fire emergency.

By incorporating these fire safety measures into your winter routine, you can enjoy the warmth of your plug-in heater with peace of mind, creating a cozy and secure environment for you and your loved ones. Stay warm and stay safe!

Electrical Safety Essentials: Shielding Your Home from Fires

Electricity is an integral part of modern living, but without proper precautions, it can pose a fire hazard. To ensure the safety of your home, follow these essential tips:

Look for frayed wires, damaged outlets, or any signs of wear. Addressing these issues promptly can prevent



potential electrical fires.

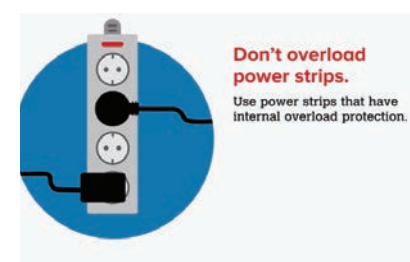
Avoid overloading outlets with multiple devices or using extension cords for prolonged periods. Distribute electrical loads evenly and consider installing additional outlets if needed.

Keep an eye on the condition of your appliances. If you notice sparks, strange odors, or malfunctioning, discontinue use and seek professional repairs. Faulty appliances are a common source of electrical fires.

If your home has outdated wiring, consider upgrading to modern, safer alternatives. This is especially crucial in older homes where aging wiring systems may not meet current safety standards.

Protect your electronic devices and appliances by installing surge protectors. These devices can prevent electrical fires caused by power surges.

Ensure everyone in your household is aware of electrical safety practices. Teach children



not to play with electrical outlets and cords, fostering a culture of awareness.

By prioritizing electrical safety, you're taking crucial steps to minimize the risk of fires. Stay vigilant, address issues promptly, and create a secure environment for your household.

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AFS Case Manager/Program Director (FT)

Bachelor's Degree in Social Work, Sociology, Psychology, Family Studies, or related field required. A min of 2 yrs. experience working in a social services field required. Must have a valid unrestricted driver license and be insurable by the GTB insurance carrier. -\$52,633/yr 9.15.23- until filled

AFS Victims Shelter Coordinator (FT)

Associate's Degree in Social Work, Sociology, Psychology, Family Studies, or related field, or a min. of (3) years' direct management experience in an emergency shelter, group home, crisis intervention, or homeless shelter services required. A min. of (2) yrs experience as a professional/paraprofessional experience in prevention and the provision of services to survivors of domestic violence, sexual assault, stalking, dating violence & victims of crime required. A min. of (1) yr experience of case management required. Must have a valid unrestricted Driver's License & be insurable by the GTB insurance carrier. -\$47,987/yr 8.8.23- until filled

Assistant General Counsel (FT)

J.D. from an accredited law school required and Michigan State Bar license. At least (8) yrs. of practicing law in Michigan & in Indian Country. Must have participated as the principal attorney, or assistant to the principal attorney, in litigation that resulted in published opinion in federal, state or tribal court. Indian law litigation preferred. Must have a valid unrestricted Driver's license & be insurable by the GTB insurance carrier. -\$110,245 - \$184,109.15/yr DOE- until filled

Associate Tribal Judge (PT)

A member of GTB who has attained the age of (18) and/ or is an attorney licensed to practice before the courts of a state in the United States. Has not been convicted, within (10) years of such appointment, of any felony by a court of competent jurisdiction. (5) years of experience in legal practice. Must have a valid unrestricted driver license and be insurable by the GTB insurance carrier. -Salary 5.02.23- until filled

(3) Behavioral Health Therapist (FT)

Master's Degree in Psychology, Counseling, Social Work, Psychiatric Nursing, or related field required. State of Michigan full Licensure required. A min. of (2) yrs. experience providing substance abuse a & or mental health counseling of high-risk populations including mental health, substance abuse & addictive disorders, and/ or prevention/community education services required.

Certified Advanced Alcohol & Drug Counselor, or ability to obtain within (1) yr. Must have a valid unrestricted driver license & be insurable by the GTB insurance carrier. -\$63,318/yr 6.25.21- until filled

(2) BH Prevention Activities Coordinator (FT)

Associate degree in Social Work, Psychology, Criminal Justice, or related human services field required. Prevention Specialist certification is required or obtained within (2) yrs. Min. of (2) yrs. experience as a formal mentor, coach, or other youth or young adult leadership role required. Min. of (1) experience providing substance abuse & or suicide prevention required. Must have a valid unrestricted driver license & be insurable by the GTB insurance carrier. -\$47,987/yr 8.18.23- until filled

BHS Supervisor (FT)

A Master's Degree in Psychology, Counseling, Social Work, Psychiatric Nursing, or related field required. State of Michigan full Licensure required. A min. of 4 yrs. experience providing substance abuse and/or mental health counseling of high risk populations including mental health, substance abuse and addictive disorders, and/ or prevention/community education services required. A min of 3 yrs. experience in a supervisory position required. Certified Advanced Alcohol and Drug Counselor (CAADC), or ability to obtain within (1) yr. Must have a valid unrestricted driver license & be insurable by the GTB insurance carrier. -\$69,450/yr - until filled

Chief Tribal Judge (FT)

Member of GTB who has attained the age of (18) & or is an attorney licensed to practice before the courts of a state in the United States. (5) yrs. of experience in legal practice. Has not been convicted, within (10) yrs. of such appointment, of any felony by a court of competent jurisdiction. Must have a valid unrestricted driver license & be insurable by the GTB insurance carrier. -Salary 5.02.23- until filled

Dental Assistant (FT)

Associates Degree in Applied Science in Dental Assisting Certified Dental Assistant-CDA or Registered Dental-RDA Assistant with expanded duties. Certification in Radiology and CPR. -\$19.52/hr 7.25.23 - until filled

EHS Education & Family Services Coordinator (FT)

Must have a BA in Human Services or Social Work field. Must have experience in a supervisory position, with strong team leadership skills. One to three years experience in working in an Early Head Start and/or Head Start program preferred. Previous experience in the field, with skills in classroom management, and curriculum planning. Must obtain CPR/ First Aid certification. -\$43,750/yr 9.21.22- until filled

EHS/HS Bus & Classroom Aide (PT)

Must have High School diploma or GED. Must be able to effectively communicate with children & adults in an appropriate manner. Must be willing to obtain a CPR/First Aid certification. Ability to observe & evaluate children in a non-biased manner. Must be willing to & as well as obtain a CDA within first (2) yrs. of hire. -\$16.17/hr - until filled

EHS/HS Health &

Disabilities Coordinator (FT)

Bachelor's Degree with strong emphasis in Health, Social Services, Psychology or Early Childhood Education. 1-3 yrs. experience preferred. Advanced knowledge of applicable law, regulations, rules & procedures of the Head Start/Early Head Start program. Must maintain current CPR/ First Aid Certification -\$43,750/yr 9.21.22- until filled

(2) EHS/HS Home Visitor (FT)

An Associates Degree in Early Childhood Education required. A Bachelor's Degree & (1) yr of direct experience preferred. (3) yrs. of directly related experience. -\$19.52/hr 9.01.22- until filled

Facilities Maintenance I (FT)

High School diploma or GED Must have at least 3-5 yrs experience in commercial building maintenance. Must have carpentry, plumbing & electrical repair experience. Must have knowledge of safety procedures & safety equipment recommended for use during the course of duty. Must pass test with 85% or better, practical test 100%. -\$17.29/hr - until filled

Grant Administrator (FT)

High School Diploma or GED required. A min. of (3) yrs. experience in office administration required. A min. of (2) yrs. experience in electronic records management required. A min. of (1) yr. experience in grant writing. Must have a valid unrestricted driver license & be insurable by the GTB insurance carrier. -\$21.75/hr 8.17.23- until filled

GSRP Head Start Teacher (FT)

Bachelor's Degree in Early Childhood Education with a Z.A./Z.S. endorsement required. Previous experience preferred with skills in classroom management & curriculum planning. Must maintain current CPR/First Aid certification. Must be proficient in the use of computers & programs such as word processing. Able to develop & implement short and long term educational goals. Good observational skills & ability to summarize observed learning/ social behaviors in children. -\$52,633/yr 7.27.23- until filled

Head Start Assistant Teacher (FT)

Must have a high school diploma or GED. Must have a Child Development Association (CDA) within 2 yrs. or an Associate's Degree in

early childhood development within (3) yrs. of employment. Classroom experience with 3-5 year old children preferred. Must be willing to participate in training sessions and seek further education. Must obtain CPR/first aid certification. -\$16.17/hr - until filled

Head Start Teacher (FT)

Associates Degree, with a Child Development Certification, with emphasis in early childhood development, Bachelor's Degree preferred. Previous experience preferred with skills in classroom mgt & curriculum planning. Must maintain current CPR/ First Aid certification. Must be proficient in the use of computers & programs such as word processing. Able to develop & implement short & long term educational goals. Good observational skills and ability to summarize observed learning/social behaviors in children. -\$17.29/hr 9.03.21- until filled

Student Support Advisor - Benzie/Manistee (FT)

Associates Degree is required in social work, education, counseling, or related field* Must have a valid unrestricted Driver's license & be insurable by the GTB insurance carrier. Must have a valid Chauffeur Driver's License. A min.of (3) yrs. experience working with Native American youths. Must maintain current CPR/ First Aid certification. -\$19.52/hr 10.16.23- until filled

Student Support Advisor - Charlevoix/Antrim (FT)

Associates Degree is required in social work, education, counseling, or related field* Must have a valid unrestricted Driver's license & be insurable by the GTB insurance carrier. Must have a valid Chauffeur Driver's License. A min.of (3) yrs. experience working with Native American youths. Must maintain current CPR/ First Aid certification. -\$19.52/hr 10.25.22- until filled

Student Support Advisor - Grand Traverse (FT)

Associates Degree is required in social work, education, or related field. A min. of 3 yrs. of experience working with Native American youth, & some case management experience. CAUSE Training and CPR/First Aid Certification -\$19.52/hr 10.25.22- until filled

Utility Worker 2nd Shift (FT)

High school diploma or GED is preferred. Knowledge of safety procedures and safety equipment recommended for use during the course of duty. Must have good work habits, i.e., punctuality, & low absenteeism. A valid Michigan driver's license is preferred. Employee may not drive any Tribally owned vehicles without being properly insured by the Tribe. -\$14.22/hr 11.14.23- until filled

Victims Shelter Assistant (FT)

Associates Degree in Social Work or a related field (Bachelor's Degree preferred). (1)yr of case management

experience. Successful work or volunteer experience in a human service setting preferred. (1)yr or more direct service experience in an emergency shelter or homeless services. 1-2 yrs of professional/paraprofessional experience in prevention and the provision of service to survivors of domestic violence, sexual assault, stalking, dating violence & other forms of crime. Professional Ethical Standards of the position must be adhered to. Personal knowledge & support of the Anishinaabek culture in the provision of services. -\$21.75/hr - until filled

GTED Operations

CNC - Experienced (FT)

High School Diploma or equivalent 4 years min. experience. Technical experience in a manufacturing environment preferred. -\$14 - \$15/hr, experience. Certificate desired This position is non-exempt (hourly) with a 2nd shift per diem rate for 2nd shift worked hours. -\$17 - \$20/hr, experience

CNC Machinist (Entry Level) (FT)

High School Diploma or equivalent (1)yr min. experience. This position is non-exempt (hourly) with a 2nd shift per diem rate for 2nd shift worked hours. -\$15 - \$17/hr, experience

Fabricator (FT) (Charlevoix)

High school diploma or equivalent. Min. of 1yr prior experience in fabrication operations. Ability to read & interpret blueprints and technical drawings. Forklift license & overhead crane permits (company trained). Good organizational skills and detail oriented Good communication skills. This position is non-exempt (hourly) with a 2nd shift per diem rate for 2nd shift worked hours. -\$15 - \$18/ hr, experience

General Laborer (FT) (Charlevoix)

Good communication skills Ability to read and interpret blueprints and technical drawings Excellent attention to detail and ability to follow written instructions. Forklift license and overhead crane permits (company trained). High school diploma or equivalent. Min 1yr production -\$14 - \$15/hr, experience.

HR Representative/ Coordinator (FT) (Charlevoix)

Associates Degree in Human Resources or related field. 3yrs. experience in Human Resources. 1yr + experience in recruiting. Experience with employee relations. Organizational & analytical skills. Excellent verbal & written communication skills. Solid computer skills. Demonstrated knowledge of the human resources field. Understanding of state and federal employment regulations. Awareness of OSHA regulations &

compliance. Understanding of personnel & compliance records management. Strong analytical & problem-solving skills & attention to detail. Excellent written, verbal, & interpersonal communication abilities. Ability to act with integrity, professionalism, & confidentiality. -Wages commensurate with experience. Salaried

Journeyman Painter (FT) (Charlevoix)

High school diploma or equivalent. Min. of 3 yrs. prior experience in commercial painting of metal products for manufacturing concern. Must be able to read blueprints Possess thorough knowledge of paint & other coating materials to ensure parts are painted and protected per contract specifications. Requires min. of 3 yrs. prior experience in commercial painting of metal products & knowledge of various paint equipment. -\$17 - \$20/hr, experience

Laser/Plasma Operator (FT) (Charlevoix)

High school diploma or equivalent. Min. of 1 yr. prior experience in plasma/laser manufacturing operations Experience with other sheet metal & plate fabrication preferred. -\$16 - \$19/hr, experience

Logistics Manager (FT) (Charlevoix)

Associates degree preferred. 3 yrs. of experience with Syteline ERP System desired. Associates Degree in Business Management preferred. 5 yrs. Logistics/Shipping experience preferred. -\$52,500-\$66,560/yr, experience

Maintenance Technician (FT) (Charlevoix)

High School diploma or GED. 3-5 years of experience working as a Maintenance Technician / Maintenance Mechanic. Ability to read and interpret documents such as safety rules, operating and maintenance instructions, procedure manuals and drawings. Experience with lockout/tag out. Knowledge of safety requirements and safety focused. Ability to stand for long periods, walk, climb stairs, reach, & stoop frequently as well as lift weights up to 50lbs. Occasional lifting of up to 80lbs. is also required. A Valid Driver's License. Must be insurable with GTED insurance carrier. -\$19 - \$25/hr, experience

Production Planner/ Scheduler (FT) (Charlevoix)

Associates degree preferred. Three years of experience with Syteline ERP System required. -\$28 - \$32/hr, experience

Quality Engineer (FT) (Charlevoix)

Bachelor's Degree or 5+ yrs manufacturing experience 2+ years in a manufacturing quality role. Working knowledge of metal forming, machining, & welding. Experience in FMEA

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Methodologies and Benefits Bachelor's Degree or 5+ yrs manufacturing experience 2+ yrs in a manufacturing quality role. Working knowledge of metal forming, machining, and welding. Experience in FMEA Methodologies and Benefits -\$22-\$27/hr, experience

2605 NW Bayshore Drive Peshawbestown, MI 49682 or gtb.cra@gtb-nsn.gov

150 Bereavement

Brian Joseph Anthony
GTB Tribal Elder
Palm Harbor, FL
Boyne City, MI
United States Army
01/12/1958 – 12/23/2023
Respectfully
Acknowledging Our Loss



Pieter James Antoine
GTB Tribal Member
Hamilton, Indiana
4/29/1986 – 1/8/2024
Respectfully
Acknowledging Our Loss



Gene Raymond Homminga
GTB Tribal Elder
Traverse City, Michigan
6/30/1945 – 1/10/2024
Respectfully
Acknowledging Our Loss



Melvin George Winstone
GTB Tribal Elder
East Jordan, MI
6/29/1948 – 1/18/2024
Respectfully
Acknowledging Our Loss



Grand Traverse Band News

Submissions due by the 3rd Friday each month

Editor: Victoria Alfonseca
Victoria.Alfonseca@gtb-nsn.gov

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CHANGE OF ADDRESS FOR THE NEWSPAPER MUST BE DONE THROUGH THE MEMBERSHIP OFFICE.

Caroline Ramey
GTB Tribal Elder
Benzonia, MI
6/18/1941 – 1/25/2024
Respectfully
Acknowledging Our Loss



Loretta J. Selby
12/2/1946 – 1/16/2024
Georgia, Dallas
Respectfully
Acknowledging Our Loss
Loretta J. Selby proceeded in death by her husband William Russell Selby II, survivors include children, William Russell Selby III (Marie), Bonnie Willis (Rodney), Bernadette Ertle. Siblings; Kimberly Goddard, & Roxanne McSauby, several grand children, nieces & nephews there will be a private memorial with close family members.



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